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ALF FREE MINK



Militant animal-rights group says it freed valley mink



Release of 5,000 mink blamed on activists

Surrey/North Delta Leader November 15, 1995

Activists thought to blame for 5,000 minks' release

Whoever released 5,000 mink from their cages at a South Aldergrove farm wiped out 50 years of breeding.

The mink, raised for breeding and their thick, soft fur, were discovered missing at about 2 a.m. Tuesday from mink rancher Fred Rippin's farm at 27413 8 Ave.

Mink farmers in Chilliwack believe animal rights activists are behind the release of Rippin's mink.

All but 200 of the 2,500 mink released on Oct. 23 from the Dargatz's ranch were recovered with the help of friends and neighbors.

Latches to several of Rippin's pens were opened, and netting that was used to prevent the mink from escaping was cut, said Langley animal control officer Brian Nelson.

RCMP called in animal control to help round up the mink, and about 15 firefighters came to set up lights.

While the mink's chances of survival is debatable, poultry farmers are taking no chances, and are patrolling their barns to make sure the mink don't attack their feathered foes.

The mink also pose a hazard to wildlife, Nelson said, noting the proximity of the mink ranch to Aldergrove Lake Park. They can also attack kittens.

Some mink were captured 1 1/2 kilometres away.

RCMP Staff Sgt. Ty Dawiskiba said there are no suspects, and no one has claimed responsibility.

Animal-rights group calls mink cages 'concentration camps'

MIKE BOCKING *Vancouver Sun* The Vancouver Sun, Thursday, November 16, 1995

An animal-rights group has applauded the release Tuesday of about 5,000 mink from their cages at an Aldergrove fur farm.

Laurie Kazakoff, of Animal Allies, said it is better for the released mink to die as free animals than to remain in their tiny cages in "concentration-camp" conditions.

"The released mink, like all free, living creatures, face an uncertain future; some will survive, some will die, but they will die free and with some dignity," Kazakoff said.

"The unfortunate mink being returned to the fur farm have nothing to face but a certain barbaric death at the hands of their captors."

Mink farmer Fred Rippin was awakened early Tuesday morning to find his mink running free. It took the rest of the day for his friends, neighbors and other mink farmers to help catch about 80 per cent of his animals. Many mink were killed by traffic on a nearby road.

Late last month, another farmer had 2,400 of his mink released. While no one has claimed responsibility for the incidents, the farmers say it was done by animal-rights activists.

Mink farmer Rob Engh said Wednesday the action shows how ignorant these groups are of farmed mink and the consequences to the animals of releasing them.

Engh said the ancestry of most farmed mink goes back more than 50 generations. He said the mink that have not been recaptured will probably die of starvation. Even if they could still hunt by instinct, there is very little for them to eat at this time of year.

"It would be like taking everybody's household pets and leaving them on Grouse Mountain to fend for themselves," he said.

Engh's father, Chris, who is president of the Canada Mink Breeders Association, called the vandals extremists who are more interested in publicity than in the welfare of people or animals.

"Only people who know nothing about animal husbandry could be so uncaring as to release these farm-raised animals," he said.

Rob Engh said that when mink are ready to be marketed they are gassed with bottled carbon monoxide.

He said that because of minks' high metabolism (fast breathing and quick heart rate) they die almost immediately and painlessly from their first breath of the gas.

The mink breeders association says the industry generated more than $200 million in exports in 1994.

Mink capable of surviving in wild, wildlife official says

LARRY PYNN *Sun Environment Reporter* The Vancouver Sun November 24, 1995

Contrary to the view of fur farmers, mink released from their cages by animal-rights activists in Chilliwack and Aldergrove are capable of surviving in the wild, a B.C. wildlife branch official says.

"Mink are wild animals raised in captivity," wildlife technician Mark Pimlott said from his Surrey regional office. "They will suffer high mortality in the first few weeks. But no one can convince me there won't be survivors."

Newfoundland, Iceland, Britain, Scandinavia and the former Soviet Union are among the areas in which escapes from mink farms have resulted in viable wild populations, Pimlott said.

"Newfoundland and Iceland are a lot more inhospitable than the Fraser Valley in terms of food," he said.

The Animal Liberation Front has claimed responsibility for the release of about 2,400 mink from the Dargatz farm in Chilliwack on the evening of Oct. 23 and the release of 4,000 mink from the Rippin farm in Aldergrove in the early hours of Nov. 14.

With an estimated 140 mink unaccounted for in Chilliwack and 600 in Aldergrove, fur farmers have suggested the mink, as domesticated animals, face certain starvation in the wild.

"I take those claims with a grain of salt," said Pimlott, noting the breeding of mink in captivity in North America has occurred only this century. "To suggest that because they've been fed a predictable diet and because they've had no chance to forage they'll starve, I find that a little self-serving."

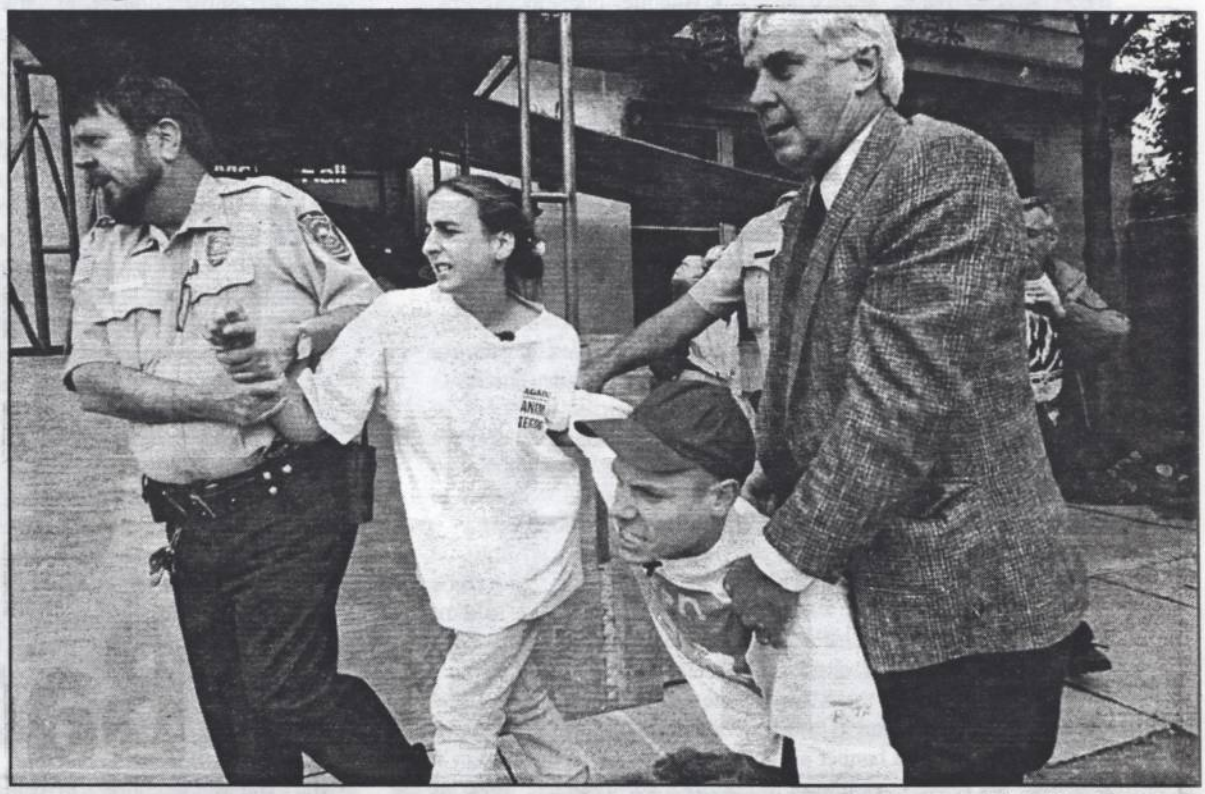
Asked to comment Thursday on Pimlott's remarks, Carol Rippin said: "I really don't know. He's obviously the expert and we're not. We felt they were not raised as wild animals."

Chris Engh, president of the Canada Mink Breeders Association in Abbotsford, agreed that a small percentage of the escaped mink "eventually could fit in" in the wild.

Student Organization for Animal Rights

The following interview took place on a cold December night on the campus of the University of Minnesota. After attending the weekly meeting of the Student Organization for Animal Rights (SOAR), SOAR's founder Freeman Wicklund and I stayed up into the wee hours of the night talking about the fight for animal liberation. Freeman is one of the most dedicated animal rights activists I know. His passion for the plight of the abused and tormented animals of this world is in every respect heartfelt and sincere. What follows is the conversation we had.

X MIKE X



Photo/**Charlie Gesell**

ANIMAL RIGHTS: Student Organization for Animal Rights activists Kathleen Fedor and Freeman Wicklund get hauled out of Morrill Hall by University Police after handcuffing themselves together and refusing to leave the University President's office. Fedor, Wicklund and five other SOAR members were protesting drug addiction experiments conducted on animals by University professor Marilyn Carroll.

MK: Mike Karban
FW: Freeman Wicklund

MK: What is SOAR?

FW: SOAR is a militant, grassroots animal rights organization based at the University of Minnesota. We're run strictly by volunteers. It's predominantly a student organization, but we have adults and community members as well. A lot of high school and college students are involved. It started up three years ago and since then it's branched out. We've helped get groups started in five Universities or High Schools around the Twin Cities and across the country.

MK: SOAR is known for radical protesting and civil disobedience. When was your first arrest at an animal rights protest and why did you feel it was necessary to get arrested?

FW: My first arrest was at Hegins Pigeon shoot in Pennsylvania. That was about three or four years ago. The main point of that arrest was to keep the birds from getting shot. It was a canned hunt. The Ku Klux Klan and all these hunt thugs were there. I ran out onto the fields and tripped the cages so that the birds could fly free. Since I was standing there they couldn't shoot at them. That's what civil disobedience is about: saving animals, getting out there and doing direct action to disrupt the abusers, cause them financial loss, and also if possible to save as many animals as possible.

MK: Where else have you been arrested here in the Twin Cities?

FW: I went into the Minnesota Pork Convention dressed as a pig and disrupted it.

MK: You got in PETA News for that one.

FW: Yes. We went over to Gillette's manufacturing plant and blockaded the front entrance. We did a "we'd rather go naked than wear fur" protest at Albrecht's. I got arrested there.

A seven year old boy found eighty skinned animal carcasses out in Hastings, Minnesota, which is a half an hour out of the Cities. These carcasses had been trapped, skinned and illegally dumped there. These animals were killed exclusively for their fur. When we got the call from the father of this kid, we went out there. We took twenty of them. The next we delivered them to the front door of Dayton's, which is a midwestern department store. We said "Here's the rest of your fur coats Dayton's!" I got arrested at that protest too.

MK: How did Dayton's react to you putting skinned animals out on their front door?

FW: *(Laughing)* Their jaws hit the ground! They didn't know what to do or how to handle that situation. They were completely shocked. They just stood their with their mouths on the ground, just wondering what to do and what kind of craziness was going on.

MK: Is it correct that a woman with a fur coat came up and saw that?

FW: Yes. A Woman with a fur coat walked up and looked at it. She was like, "I never thought it could be this bad." She was shaking her head. All the media, all the televisions stations mobbed her and asked, "What do you think?! What do you think?!" She said, "I don't think I'm ever going to be able to wear this coat again." It was really powerful, really positive. Even though a lot of people think it was an extreme action, it definitely drove our point home hard. It definitely put Dayton's on edge, because now they're thinking, "If they're willing to do that, what are they going to be doing next?"

MK: SOAR had a protest on Fur Free Friday. Katie, Diana, and Emily locked their necks up on the skyway, right?

FW: Yes. We've started using kryptonite bike locks now, because they're a lot more durable than handcuffs. What we do is lock them around our neck and then onto some other structure. That way the protests go longer. With handcuffs they can just snip the cuffs right off. We've used kryptonite locks twice now. Once we kryptonite locked onto the front doors of the executive offices of Dayton's. This last time we tried to blockade the skyway between IDS and Dayton's with a chain we strapped across it. They U-Locked onto the chain. It was different.

MK: Are protesters getting hurt with these new methods?

FW: With every protest, regardless if there's civil disobedience or not, there's a risk of being injured. But anybody who's got any sense to them knows how to prevent those injuries. If you see there's a problem person or a problem cop, you just deal with them accordingly. No, we haven't had much of a history of injuries. Of course there's always a little bruise or a little scratch, but that's nothing compared to what the animals go through. Any activist would be willing to take a few bruises to hurt the abusers.

MK: So, it's relatively safe.

FW: It's pretty safe. The only time when you're really going to be concerned is if you're walking into, say, a convention full of mink producers, where it's just the enemy and you don't have any protection. That's where you'd be concerned.

MK: Tell me about the Macy's protest this past summer. I saw that on the news and it was just awesome. The coverage was great. SOAR had a banner all the way across the front of Macy's inside the mall. Eleven people got arrested. That had quite an impact on Macy's I think.

FW: Macy's didn't know what to do with themselves. JP with the Coalition to Abolish the Fur Trade had the sense to fax the news release a few weeks in advance to some of the fur industry's trade journals. They notified the stores immediately. The stores got to work on developing a security strategy. They are so afraid of animal rights people because they think we're violent thugs. That's the myth they like to perpetuate. They just worked themselves up into a frenzy. We're estimating they spent over a $100,000 on security costs alone for twelve civil disobedience protests. We got a hold of the security briefs that Federated department stores used. They hired extra security. They were afraid that we were going to be planting incendiary devices, breaking windows, and destroying all their property. They had first-aid kits placed in the fur salon and by the entrances and exits. They were so totally scared of our protest that they just went all out preparing for it, and we still managed to have an excellent, effective protest all across the country. I believe CNN even carried the story. We had extensive coverage on all the channels here in the Twin Cities. It was just spectacular. We had actually practiced the CD numerous times beforehand in a different location so that we were comfortable with the handcuffs, with unfurling the banner, with chaining on, with the whole operation so that we could do it in under twenty seconds. When it happened we were taken off guard because there was security following us in. We saw five to ten security guards as we walked into the store. We didn't know what to do, but because we'd practiced so hard it all came together right at the last second. The protest went off with a bang. It was awesome.

MK: Great! You do an awful lot of work for the animals. Some people who are opposed to animal rights might say you're getting paid for this or you get some kind of some personal gain out of this.

FW: That's true. Every time I hear another fur store has closed down or another fur farm has shut down, that's definitely personal satisfaction. That's the reward we get. Our fellow species are being exploited for needless profit, vanity, or ignorance. Monetarily, *(laughing)* of course we don't get paid! *(more laughter)*

MK: I just wanted to point that out.

FW: There's no money in animal rights. That's not what we're here for. We're here to help the animals. We're not here to make a living. Though, I do feel people who work full time for animal rights should be able to make a wage so that they can live. They shouldn't make a good paying wage. It should just be sustainable. SOAR is completely volunteer.

None of us are media PR people, but we learned how to do a news release. We learned how to do effective protests. Now we're out there. We're in the paper every month at least, if not every other week. That's continually increasing awareness in our community. It's in the public eye and in the public agenda, so that it's talked about. The more people talk about animal rights, the more they come to the conclusion that it's the right thing to be doing.

MK: You can't argue with it. It's so righteous.

FW: Exactly. As long as you're fighting for a just cause, any press is good press. It just makes people think about it. Anybody who sits down and thinks about it, realizes that it's wrong to eat meat. It's wrong to drink milk. It's wrong to eat eggs. It's wrong to wear fur. It's wrong to go hunting for your own sadistic pleasure. You don't even need the facts. Although the facts about their exploitation are so horrible.

MK: The whole concept of using someone's life for your own gain without their consent; just exploiting them, is so wrong.

FW: Exactly. People see that if they think about it. The number one reason for animal abuse is ignorance. They're brought up that way and they haven't thought about it. That's why media is so important.

MK: You're vegan. SOAR promotes veganism.

FW: Yes. We are definitely a vegan organization. We have members in our group who are vegetarian, and that's fine. People are in different stages in the group. Some people will join up as meat-eaters and then a month or two down the line they turn vegan. We don't use a hard handed approach, but veganism is definitely what we see as the most ethical diet. Milk is nothing more than...

MK: ...murder! Milk is torture.

FW: Milk is murder just as much as meat is. The only difference is they're exploited for four years instead of just one before they're slaughtered.

MK: Milk almost makes me more sick than meat just because the animals are treated so poorly. They're exploited until they can give nothing more. Then they're murdered just like other animals are. Most of the hamburgers at McDonald's are from dairy cows.

FW: Exactly.

MK: People need to understand that vegetarianism is just a stepping stone to veganism.

FW: Yes. I've been to dairy farms out in Wisconsin. They're just factory farms. These were small family farms with a hundred head of cattle. It's not a big factory farm, but their were still factory farm practices going on there. These animals were chained and confined inside the barn for their entire lives. They were on concrete. They had their tails cut off, their horns cut off. They were branded. They had electrified trainers above their head so when they went to the bathroom, they would raise up their back and get shocked so that they'd move back; and hopefully, in theory, the waste would go into this trough. That

obviously wasn't the case because there was crap, feces, and urine everywhere. There were still the disease problems, as the farmers admitted to. I mean, it's just as bad as any factory farm.

MK: You also have to think about the surplus calves. That's the whole reason there's a veal industry. People don't realize there's rennet in cheese. Cheese isn't even vegetarian most of the time, because rennet is the enzyme from a newborn calf's stomach, which was murdered to make that cheese. Cheese isn't even vegetarian.

You mentioned hunting before. SOAR is opposed to hunting. I know you've done some hunt sabs. Could you tell me about the hunt sab in Savage. You're trying to challenge the constitutionality of Minnesota's "Hunter's Rights" law.

FW: Sport hunting is completely cowardly. These hunters are such wimps that they even need laws to protect them from us giving them leaflets, or chanting, or holding a sign to demonstrate against their bloodlust. We went in and challenged these laws, these "Hunter's Rights" laws, which they have to protect them from non-violent peaceful protesters. These laws basically make it illegal to protest on public land. We went in and protested anyway. Sixteen of us were arrested. Eleven of us are going to trial.

"There's a higher moral law that's guiding us that says it's wrong to exploit animals for your own sadistic pleasure."

MK: What were you arrested for?

FW: We were arrested for "Hunter Harassment", "Disturbing Wild Animals" ironically enough,...

MK: ...sick...

FW: ..."Trespass Harassment", and "Trespass in a Closed Park." We have four charges. We've been in the courts for a year now. A lot of activists are afraid of the courts and the legal system. It's a tool that we use to gain liberation for animals. Since we've been in the courts, we've had so much media coverage on hunting; more than I've ever seen before in this state. We've been able to get the anti-hunting message out a lot through this trial. The hunters are scared. One of the Animal Rights Coalition's members applied for a hunting license and got it for a bow hunt. When they sent out her permit, they also sent out a letter saying, "Be on the watch for animal rights activists, especially members of the Student Organization for Animal Rights." The hunters know we're out there. They know we're against them. They know we're protesting. They know that we don't care about the "laws", because there's a higher moral law that's guiding us that says that it's wrong to exploit animals for your own sadistic pleasure. The court, the arrest, the protest itself, have all been good. People shouldn't be afraid of the courts or legal system.

MK: SOAR recently held a civil disobedience workshop addressing just that point. How do you think that went? What did you talk about there?

FW: Civil disobedience is not that hard. I want people to realize it's not the hardest thing in the world to do. However, a lot of people feel uncomfortable about it. So what we did was we got people together. We discussed civil disobedience. We discussed different tactics, different methods of civil disobedience; be it stopping animal transporters from getting to vivisection labs, or going in and disrupting hunts so they're not killing the animals, or disrupting fishing, or blockading the entrances to evil corporations. There are so many different ways. We discussed these ways and discussed the positive aspects of civil disobedience. We discussed what happens once you enter the legal system and how you can fight the legal system, so that generally you either get off or your fines are really low. It's great, but it's a real David vs. Goliath thing. You think you're just one person up against this huge legal system, but in fact you can use its own weight against itself. It costs the court $11,000 to do a jury trial. If you are arrested with a misdemeanor charge, most likely they're going to want to drop it to a petty misdemeanor, which is more like a traffic violation. However, if you refuse that, and say, "No. I don't want to drop it. I want to go to a jury trial." generally they say, "Fine. You're out of here. We don't want to waste $11,000 to prosecute somebody who probably doesn't even belong here." They recognize the difference between political activists and criminals in the courtrooms. They'll try to psyche you out and make you think the end of the world is going to happen; if you don't plead guilty right now you're going to die. The truth of the matter is that's when you know your tactics are working, because they're pulling all the shots they can to try and scare you into admitting your own guilt. That's when you know that they're right at the verge of dropping all the charges completely.

Let me add, I've been arrested twelve times now for animal rights. I've only had to pay fines twice out of those twelve times. I've had no jail time. Considering all the publicity, all the media attention, and all the animals it's saved, it's completely worth it.

MK: Sometimes when you've been arrested you haven't even been taken to jail right? You've just been given a citation.

FW: Yes, sometimes you're just given a citation. Other times they take you down for processing and they book you. In Minneapolis it takes, maybe, six hours. In other places it can take twenty minutes to a half an hour. It all varies from region to region, but you live. As long as you live *(laughing)*, I don't see what the problem is because the animals are dying by the millions.

"Civil disobedience is not that hard. I've been arrested 12 times now for animal rights. I've only had to pay fines twice out of those 12 times. I've had no jail time. Considering all the animals it's saved, it's completely worth it."

MK: So the reasons for getting arrested as opposed to just standing outside and picketing would be to draw media attention and to increase the pressure on the corporation that you're protesting, right?

FW: Those are definitely two good reasons. Media attention is definitely a good reason for civil disobedience. However, I usually hope that that's sort of on the side, because the main thing I want is to get in there and disrupt their businesses. I want to keep them from functioning. I want to try to save as many animals as possible if it's a hunt sab or fish sab. Another thing, is it's a terribly empowering experience for activists. It's one that makes them a lot stronger and a lot more committed. People



Mark Olson/Daily Herald

Members of the Student Organization for Animal Rights and the People for the Ethical Treatment of Animals protested in Austin this weekend in conjunction with the SPAM™ Jam activities.

don't realize how much power they do have. You can take the system on. You can win. It's not just through civil disobedience, it's also in fighting grand jury subpoenas, and in other situations where there's government or legal harassment of activists.

MK: Let's talk about vivisection at the University of Minnesota. I know you've been targeting Marilyn Carroll for her experiments in which she addicts monkeys to cocaine.

FW: Marilyn Carroll does primate drug addiction experiments. These animals are addicted to cocaine, crack, PCP, amphetamines, and other drugs. Then the drugs are removed from them. They go into withdrawal symptoms. They're continually addicted and withdrawn. Addicted and withdrawn. It's extremely horrible. I've been into Marilyn Carroll's labs. She houses these extremely intelligent, sensitive beings individually in their own cages. These are very social creatures. They have no contact with any others of their species. I asked her, "Do they have a common room for them to get out of these cages, or run around, or have some exercise?" She looked at me as if I was absolutely crazy. The notion was so far removed from her that these animals were deserving of any consideration, that I could actually see the corner of her lip smiling as if she was going to laugh because she thought the idea was so ridiculous. She looks at me and says, "No, these animals are always in their cages except when they're being experimented upon." That's the callousness and evil that runs through these vivisectors.

Yes. We definitely are targeting her. Our school is also fortunate enough to have an institution here that is recording and monitoring all of Jane Goodall's data. We're actually putting it all onto computers. She's come here and she's given talks. We've distributed 2,000 leaflets on Marilyn Carroll at these talks. We've also been putting pressure on in other ways, such as taking over the offices of the president, Neal Hasselmo, here at school. We sat in there and said, "Look, we're not leaving until you get rid of these experiments." or until they arrested us! *(laughs)* That was after we stickered the entire place and told them everything that was wrong with Marilyn Carroll. They actually got somebody there to speak with us on the issue. Generally nothing comes of that, but we try to put the pressure on them as much as possible.

It's my understanding that as civil disobedience against vivisection has declined, the number of animals used in vivisection has started to increase again. That's really unfortunate. It's something we cannot let happen. We've got to keep the pressure up. We've got to get out there. Everybody's got to get arrested. There are so many people I hear who say, "Let's let the kids in college and the kids in high school get arrested because they're so young and have all this energy." But it's not just kids in this movement. The adults have to make these sacrifices too. Everybody has got to make these sacrifices, because otherwise we're not going to achieve animal liberation. Or if we do it's going to be twenty decades later than it should be. So get out there!

MK: Animals are suffering and dying now. People have to put it on the line now.

FW: Exactly.

MK: Speaking of civil disobedience for vivisection, SOAR blocked animal transporters from the pound from arriving at the University of Minnesota's vivisection labs.

FW: Yes, we did. With all the construction going on, there was only one road that gave access to the vivisection labs, at least at Moo's Tower. There are really tons of vivisection labs. The University of Minnesota uses over 130,000 animals each year. One of these drop off sites is at Moo's Tower. There's one road to get to that place. So, one day we staked the place out. Whenever the animal transporter came we wrapped "CAUTION" tape across the road. We all laid down in the middle of the street and started chanting holding our signs up. Since we were at an intersection, and the driver had to make a left turn, with cars backing up behind him; it was easier for him to drive on than cause a huge traffic jam. Because they always showed up when the police weren't there, none of us were actually arrested. We managed to block two vehicles, which were all of the vehicles for that day. It's possible that they just stopped showing because a lot of times when they meet this resistance, they think, "We'll just lay low until it dies down. We'll come back later." So it's very important to get out there as often as possible.

MK: That's a great example of preventing those animals from being killed, that day, at least. If we can slow them down enough, we'll just stop them altogether. You said the 'U' uses 130,000 animals a year. Are any of those experiments justifiable in the eyes of SOAR? Is vivisection ever a viable option for SOAR?

FW: Vivisection is not only bad for the animals, it's bad for humans. That's SOAR's stance. That's because it's the truth! Millions of animals have been tortured and butchered in labs, which has resulted in thousands of humans suffering and dying from treatments which were developed on animals and do not apply to humans. We're different physiologically, biologically, anatomically, socially, and intellectually. We're different from animals. These differences result in differences in test results, and ultimately, human suffering and tragedy such as Thalidomide where 10,000 children were born deformed because the drug that was tested safe in animals was teratogenic when given to humans. It caused deformations. That's just one example. There are enough examples to fill a book. Of course, that book is Slaughter of the Innocent by Hans Reusch. The

Cruel Deception by Dr. Robert Sharpe is another excellent book which talks about the scientific invalidity of animal research.

Scientists find it very easy to do animal research, because it is easy. You can always abuse an animal and then collect data on it. It's not hard. If you want to really try to find cures for these diseases or effective treatments, you have to think about it. Sometimes it does mean more work. It does mean clinical or epidemiological studies. It does mean post-mortem studies where you look at cadavers. It does mean in-vitro tests using human tissues. Other animals are going to give you inaccurate results.

The vivisectors make a lot of claims, but oftentimes vivisection is just a form of clinical plagiarism. They read in journals of clinical studies where doctors have found interesting side-effects of a drug. They say, "This might work for curing this disease." Then the animal researchers take whatever discovery was made in the clinical research and they try it on as many species as possible to figure out which species they get the same results on, because it varies from species to species. Then when they find the one that gives the results they want, they say, "Aha! Look! We've discovered this great new thing." They tout that as a victory. However, they ignore the fact that their initial data came from clinical studies. That's basically what vivisection is all about; it's just plagiarism. It's about dramatizing these results that they found in clinical studies or epidemiological studies.

Not only is it scientifically invalid, it's morally invalid. Just like you wouldn't experiment on any subculture of humans for the benefits of humans, you wouldn't do it to animals because we all have the capacity to suffer. We all have lives that we want to live. We want to live free of exploitation. There's no ethical justification for it.

MK: You went to England in the summer of '93. Tell me what you learned about the animal rights movement in England and how it compares to here. Tell me about that trip.

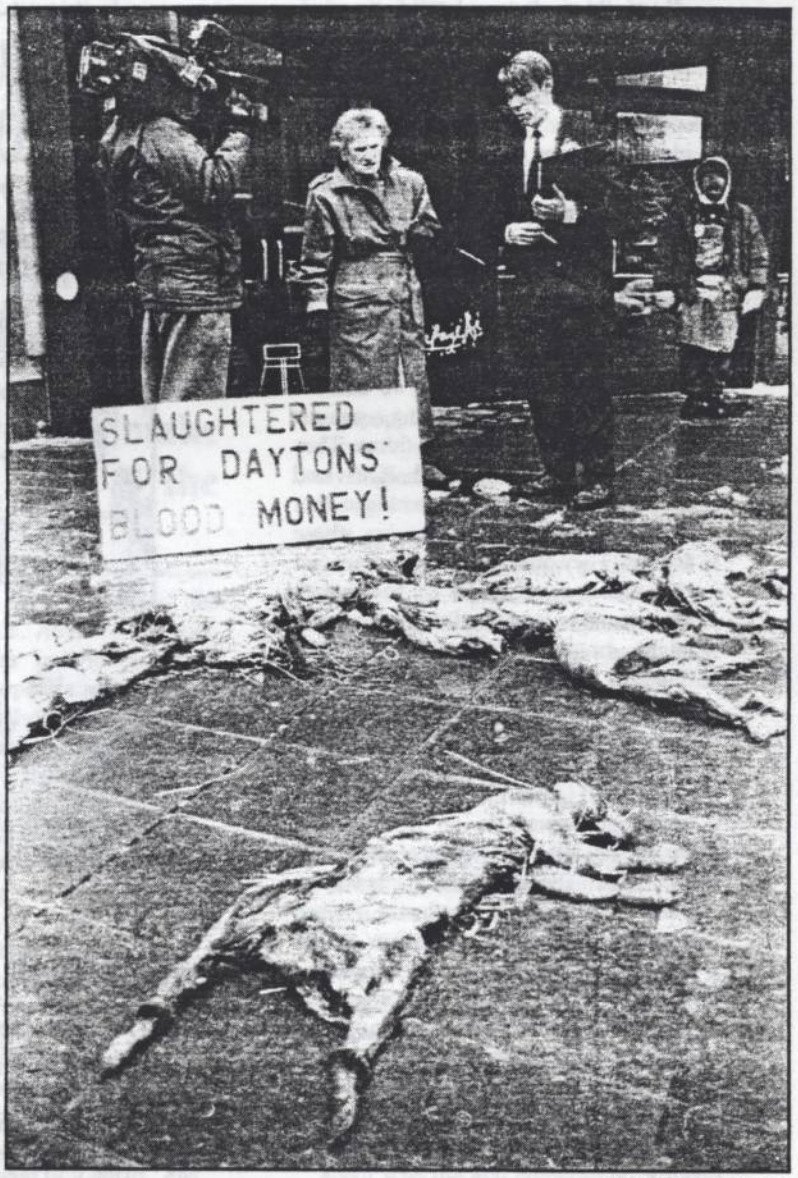
FW: The British animal rights movement is probably one of the best experiences I've ever had. Their basic philosophy is 'never say die'. They can take any situation and turn it around to their advantage. That's how any effective activist has to work. We've mentioned the concerns people have with the courts, or going to jail, or other situations like that. Everything we go through we can turn around to our advantage.

I think of Ronnie Lee. He was the founder of the Animal Liberation Front. He actually was sent to jail for three years. He didn't say, "Oh, poor me! I'm in jail. What can I do now? I'm destroyed. I can't help the animals in here." He didn't give up. He started Arkangel, the best animal liberation magazine I've seen. He learned different languages so that when he eventually got out of prison he could help start up animal rights groups in countries where animal rights was pretty much unheard of. He quit smoking and he started exercising so that the years he lost in prison he would gain through his added health. I think that is an example of the power that the British movement has. They take any situation and turn it around to their advantage.

Thinking recently, Keith Mann is an ALF activist. He was sentenced to 14 years in prison for destroying millions of pounds worth of meat trucks. Since he's been in jail they've had documentaries on TV on the Animal Liberation Front. He's been getting extremely great coverage because everybody realizes his 14 year sentence is politically motivated. Unlike rapists and murderers, who only get 10 years, or under 10 years, he's getting double digits. All he did was have compassion for animals and act on that compassion. So, since then they've been getting so much publicity. Protests have been rallied around him. He's had his sentence reduced to 11 years. I write to Keith Mann. He is the most positive person I know. He's got 11 years in jail and he's still a very happy, outgoing person. He's just using it to the best of his advantage. That's what they do in Britain. Whatever happens, it's all good.

MK: You mentioned the Animal Liberation Front. Tell me about the ALF in England.

FW: They're extremely active. Every day there was 20 or 30 actions happening all up and down the country. You've got to realize this country isn't that large. It's maybe the size of Minnesota and Iowa put together. It's happening on a massive scale. I remember reading the newspaper articles and watching the television reports of ALF actions. Everybody is so familiar with the ALF, that they generally don't even mention what the acronym stands for, which is the Animal Liberation Front, because people know of them! There's tons of support for the Animal Liberation Front, and it's not just among the grassroots



Photo/**Sean Frank**

FUR-LESS: Student Organization for Animal Rights coordinator Freeman Wicklund (right), a University senior, explains to a shocked onlooker Monday the reasons SOAR dumped skinned animal carcasses in front of the downtown Minneapolis Dayton's department store. Organizers said they targeted Dayton's because the store sells more fur than any other metro dealer.

and activists, but among the population at large. One of the activities people do there is they table out in public streets to raise funds for their organizations. They distribute literature. They sign petitions. They raise funds. One day, I went out there with two liberated beagles. We raised over 200 pounds that day, the equivalent of about $400. Everybody loved the beagles. They loved the fact that they were liberated from labs, that they weren't tortured. Everybody supports liberation over there.

MK: The public stands behind live liberations.

FW: Definitely. They understand. Not all of them, but a lot of them do understand the anger and frustration that the animal activists have, and why they now go and burn trucks, and set incendiaries. They used to set incendiaries in department stores that sell fur, but really, no department stores sell fur anymore because they shut them all down!

Regardless of whether there's support or not, their actions are so important to the movement. They provide us with the video and photographic evidence that we need to continue our campaigning against animal research and factory farms. They liberate individual animal lives and continue to stress the importance that individual animals have by those actions. They oftentimes cause financial loss, which is what we try to do with boycotts. Our boycotts for years on end might cause the same amount of financial loss that they could do in one night with a few incendiary devices. ALF actions are probably one of the most effective actions you can do for the animals. I mean, I would never encourage anyone to do that as that would be illegal. Not that I would encourage illegal activity, however, from a theoretical standpoint, I see Animal Liberation Front actions as the best thing that could be done to produce animal liberation now. That's exactly what it does. Direct action saves animals now and puts animal abusers out of business tomorrow instead of years down the line.

MK: So the ALF ethic is lives before property.

FW: Yes. It's a non-violent ethic. They would never do any action that would injure or harm human or animal life. They've stuck by that commitment for over 20 years now.

There's a lot we can learn from activists in Britain. One of the most important things we can learn is that we really need to do maximum impact for minimum effort. Everybody realizes we only have 24 hours in a day. There's only so much we can do. So, we've got to make sure that every second counts. They've adopted this. They're constantly re-evaluating their tactics to see if they are having the impact that they want. When I was over there, one of the new things that they were doing was more demonstrations outside of vivisector's homes because



they realized that when they were outside the labs, people just laughed at them. The vivisectors were inside their huge facilities made out of concrete and iron with their security cameras and their guards sitting there laughing at them.

MK: Bring it to their doorstep.

FW: Exactly. They weren't laughing when people were outside their doorstep, leafleting their neighbors, telling them what kind of sick and despicable people their neighbors were and what these people were doing to animals. They held the protest there and that had a lot more of an effect on these animal researchers than the other protests. It's very important that we do actions with maximum impact. We shouldn't be wasting time, money, and energy on things that don't bring about the change we need. I know too many groups spend time and money preaching to the converted. If they're converted, great. Get them active and get them out in the community where we can educate more people about animal rights.

MK: I think anything anyone does for animal liberation though, is a good thing. I think there are some things that could be more effective, but I think we should encourage anyone to do anything they feel helps the animals.

FW: I agree with you on that too. However, I don't think there's anything wrong with making sure that our actions have maximum impact.

MK: Right.

FW: Leafleting a store is different than having a protest at the store, is different than having a civil disobedience at the store, is different than having the ALF come and smash all the windows at a store.

MK: Or burn it down.

FW: Burn the butcher shop down. We've got to recognize the fact that some things are more effective than others. We've got to try to do what's most effective.

MK: SOAR seems to be doing a pretty good job of that I think, with all your civil disobedience and direct action. It's great. You should be commended for that.

FW: Thanks. We try.

MK: Why don't you tell me about ALF Appreciation Day?

FW: OK. ALF Appreciation Day is going to be happening every year on April 2nd, in commemoration of the 1989 lab liberation at the University of Arizona in Tucson, where over 1,000 animals were liberated and a few labs were torched to the ground by the Animal Liberation Front. It's been a long time coming in our movement, but we tend to ignore the fact that the Animal Liberation Front exists, and that they're active, and that they're doing wonderful work for the animals. It's not easy to be an ALF activist, not that I speak from experience, but I can just imagine how hard it would be to have to live that dual life of night actions and risking your freedom and then maintaining a reasonably normal life so that attention isn't drawn to you. It's

just a hard thing to do. They aren't given the credit that they deserve. Think of some of the best video footage we have, like Unnecessary Fuss, the video put out by PETA. Those tapes were made possible by the Animal Liberation Front.

MK: Unnecessary Fuss is the video that the ALF took from the University of Pennsylvania's labs, where baboons were exposed to repeated head injuries. That's some of the sickest footage I've ever seen. What are people going to do to commemorate ALF Appreciation Day? Just go out and do an ALF action, or what?

FW: We would like them to get in touch with SOAR. We're going to be producing a pack that we'll be sending out to people who are interested in holding an ALF Appreciation Day event in their local town. Some of the ideas we're suggesting that they do are: Have a video showing of an Animal Liberation Front video such as Animal Liberation: The Movie, or Angels of Mercy which are videos available from SOAR, or show video footage that the ALF have taken themselves like Breaking Barriers, Unnecessary Fuss, or Britches. What we'd also like to see are organizations voicing their support for the Animal Liberation Front, their tactics and their goals, by having news conferences outside of areas that have been raided by the Animal Liberation Front and bringing to the media the fact that the Animal Liberation Front are a non-violent organization dedicated to the liberation of animals.

MK: A lot of people are scared to voice their support for the Animal Liberation Front because they think they're going to get put on some FBI list, or ATF list, or be targeted, much like what is going on with the grand juries. Some cities are beating the grand juries. What do you think about voicing support for the ALF?

FW: I think right now there are a lot of people who support the ALF, but are afraid to voice it, like you said. But I think if all those people stood up in one voice, and voiced support, I don't think the FBI or the ATF would have enough resources to track us all down to begin with! However, we have every right to voice our support for the Animal Liberation Front. It's our constitutional right to freedom of speech, and as long as we're not partaking in the actions, encouraging others to take part in the actions, or funding the actions we're not doing anything illegal by saying that we support it. We can definitely voice our support. There's nothing to worry about. If you support the Animal Liberation Front, then you should be out there speaking for them. The Animal Liberation Front, being an underground organization, have their hands tied. They can't speak for themselves. They need dedicated activists, like ourselves, who are supportive of them, to defend them from people who will try to say they are "violent" and "terrorists". We've got to stand up and explain not only to those people, but to other people in our movement who might not understand the mission of the Animal Liberation Front.

MK: You speak of the ALF, almost as if it's an organized, underground, group. I'm under the impression that it's just individuals acting on behalf of animals; that the power is within each of us to go out and do these actions, and that anyone can use the letters ALF as long as they are vegan and doing an action for the animals like smashing up a butcher shop, burning down a fur store, gluing locks at any animal abuse establishment or liberating animals from a factory farm or laboratory.

"We have to make sacrifices for the animals."

FW: Yes, that's actually one of the beauties of the ALF. Anybody can join. People can act as individuals or in groups. These groups are referred to as cells. One ALF cell doesn't necessarily know who's in any of the other ALF cells. That's what's helped as far as the security goes. If one group is caught, all the rest of them are still protected. Yes, it is just individual activists who go out and do these things. In Britain I would say the majority of the activists I worked with had been arrested for ALF activity. It was just regular people off the street. I know when people read Free The Animals by Ingrid Newkirk, the ALF are really put up on a pedestal, sometimes out of reach. But you don't need to know how to pick locks, or disarm alarm systems, or move like a ninja to become an ALF activist.

MK: Just pick up a brick and throw!

FW: *(laughing)* Basically, yes. Anyone who's got a good pitching arm or even doesn't has the potential to be an ALF activist. It's just individuals like ourselves. Or like you.

MK: Tell me about No Compromise Magazine.

FW: No Compromise is a magazine to unify the militant, grassroots, animal liberationists in North America. Even though locally it's really active in Minneapolis, we still oftentimes feel isolated from other organizations because of distance and a lack of information on what's going on. This magazine has started up to get rid of that; to help start the coalition building that we need among the grassroots. Grassroots is where the power of our movement lies. It's the individual activists who put themselves on the line for animals that are really making the changes. We can only make ourselves stronger if we learn from each other. I know that everybody has different ideas, different actions, and different things that they do that work. If we develop new tactics, we should share them with other grassroots activists so that we can implement them before the opposition has the time to figure out how to combat these new tactics.

It's important that we have a forum not only to discuss tactics, but other issues that might come up that need addressing like human overpopulation, or how to fight grand jury subpoenas, and how to protect our civil liberties from the fascist forces of the government. Basically, that's what this magazine is going to do. It's also going to have a large portion of it devoted to the Animal Liberation Front's activities and prisoner support for animal activists who have been imprisoned. It's going to be a magazine by the grassroots, for the grassroots. We really need everybody's help to make it a success. If they want more information, they should write SOAR about it.

MK: So, No Compromise is more of an "Arkangel USA" than another Animal's Agenda or Animal's Voice?

FW: Exactly. No Compromise comes from the idea that whoever is reading it already knows what's wrong with animal abuse. We're trying to get out how you can go about stopping it. There aren't going to be stories about the fur industry, and this and that and the other. There are going to be stories about who the evil corporations are and how we are going to stop them.

MK: You mentioned overpopulation. I think that's one of the biggest problems we face. There's five billion people on this planet. I know Earth First! says there should only be 50 million. It's

obvious that there are too many people consuming too many resources. There are too many of us. We're out of balance. Your thoughts?

FW: Yes, I agree with you. In fact, the problem is exacerbated because we live in America and Americans tend to consume 20 times more resources than people in underdeveloped countries do. It's very important that we do try to minimize our population. Even as vegans, just think to yourself, how many plastic containers for Tofutti have you thrown away in your life, and plastic wrappers for crackers, and everything. All of these resources are stolen from the animals homes. We go into their homes and we take all these things for us. Their homes are ruined. They're trashed. They don't have any place to live. That causes a lot of animal suffering.

We have to control human overpopulation. The best way to do that is through prevention, by basically not impregnating people. Vasectomies are a great place to start. Having sex that isn't intercourse is another good way to prevent babies. Abortion, I don't think should be a way to prevent children because...

MK: Well, it's not really preventing children. There's already a child there.

FW: Well, yes. I don't want the abortion debate to cause a problem with the issue of human overpopulation. We need to avoid saying abortion is the answer to human overpopulation, not only because you're killing the fetus, but also because that's going to divert attention from the issue of human overpopulation. Do you know what I'm saying?

MK: Yes. At the last overpopulation conference in Europe, the Vatican was putting a lot of pressure on really kind of halting it. I'm totally die hard pro-life, but at the same time I also think that we shouldn't be pro-creating at this stage in human evolution because there are too many of us. It puts me in a quandary where I don't want more people, but at the same time, I'm not willing to resort to murder to reduce the number of people.

FW: Exactly.

MK: Self control.

FW: It's self control, it's prevention...

MK: It's education too.

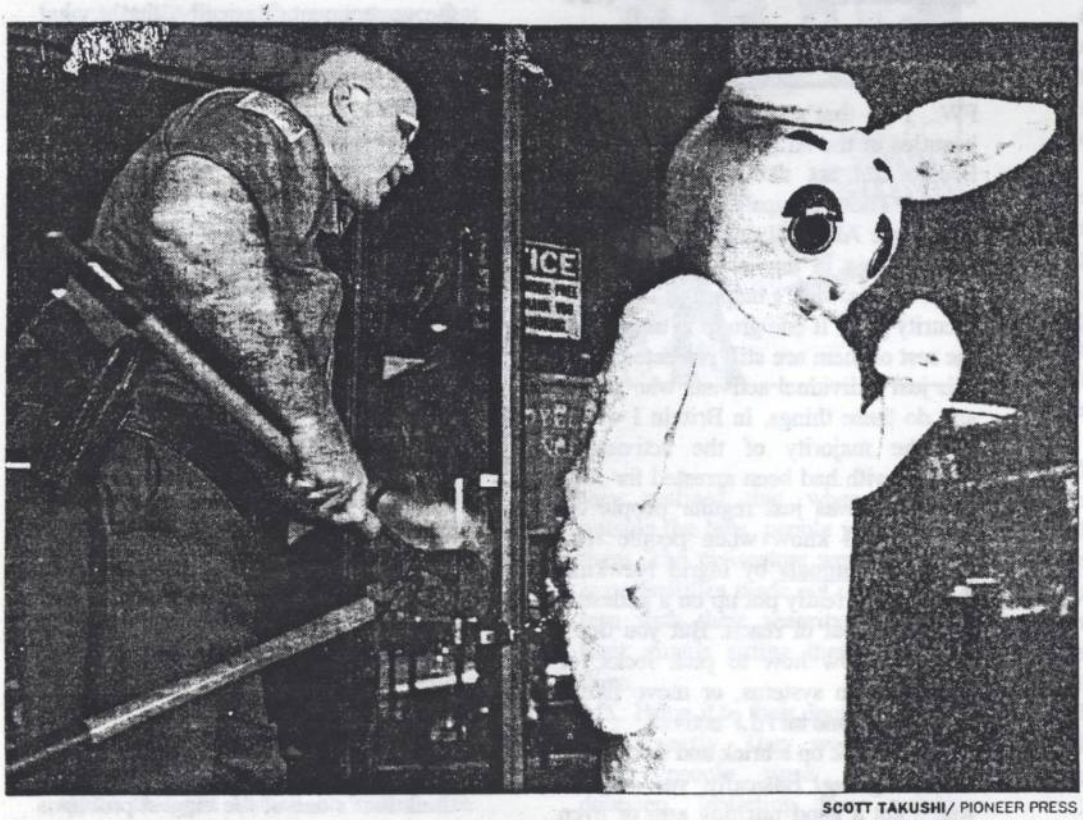
FW: It's education. We've got to make personal decisions. Of course we can't tell people what to do. Hopefully they'll make the right decision to not have children. If they continue to have children in this country like they do in other countries like China, then you get into problems of forced abortions, infanticide, and other extreme evils that come up from it.

What's hiding our overpopulation problem in America is that we're an extremely rich country. We can afford to soak all the other countries in the world for their resources to supply our needs. The fact is there's not enough resources to go around for humans, let alone the billions of animals that we share this planet with.

MK: You mentioned earlier that the more people there are, the more we're intruding upon the forests and the dwindling natural habitats the animals have left. I believe a true animal rights ethic encompasses a radical environmental ethic also. I know a lot of people seem to be either one or the other. More so probably with environmentalists not embracing animal rights, but there are some animal rights people who seem to not get into environmentalism. I don't understand why that is. Your thoughts?

FW: Environmentalism is fighting homelessness for animals. They can't live in toxic sludge, and they can't live in concrete jungles. They need their habitat. If we continue to rob from their homes, they're not going to have it. Environmentalism is just as much an animal rights issue as vivisection or factory farming. We definitely need to embrace it. We need to put our energies into that as well. We need to support the actions of Earth First! when they spike trees, blockade roads, and destroy the machines that are tearing down the forests. We need to support the environmental organizations that are doing legal work as well. We need to support environmental laws. If we don't save that habitat now, it's irreplaceable. These old growth forests are hundreds and hundreds of years old. Are we going to have hundreds of years to wait for these forests to grow back? What will have happened to the animal populations by then? Not to mention the fact that the forests that are growing now aren't forests! They're rows and rows and rows of trees. They have no semblance to a natural diversity and ecosystem that true forests have.

MK: I think a lot of environmentalists would be wise to look into veganism too because it saves so many resources. A vegan saves 3,900 gallons of water a day and an acre of trees a year. Living vegan prevents topsoil erosion. Especially out in the west, cattle have



SCOTT TAKUSHI/ PIONEER PRESS

A St. Paul police officer uses bolt cutters to remove handcuffs from animal rights protester Alison Frost of Minneapolis at the Gillette Company. Frost and two others were arrested for trespassing. Seventeen people protested the company's use of rabbits and rodents in product testing.

really wreaked havoc on the natural landscape of this country. When you put so many animals in one space, like on these egg farms or any of the other factory farms I've been to, you can't help but create problems with the groundwater. They pollute and ravage the earth.

FW: I agree 100%. Livestock is responsible for most of the deforestation and topsoil erosion in the world.

MK: People are responsible who breed the livestock.

FW: Yes. I agree exactly. I hear you. Any environmentalist who isn't a vegan should really wonder what they mean when they say they're an environmentalist. It's a hard stance to take, but so what if you use a low-flow shower head when it takes 2,500 gallons of water to make one pound of beef?

MK: What are SOAR's current campaigns?

FW: We finally started up a hard hitting campaign against Dayton's to get them to remove fur from their department stores. With any campaign, this is something I picked up in Britain, you have to hit them from all angles. We're doing civil disobedience protests regularly and consistently. If ever you want to win in anything it has to be consistent and regular. We're going to be out there every month at least, if not every other week doing a civil disobedience action.

We're out leafleting at least once or twice, three, four times a week. We put agitator cards in all their clothes telling people to boycott Dayton's until they stop selling fur. On the reverse side of these cards it explains what's wrong with the fur industry. We have people call them up. We have people write the managers. We're also going to be purchasing stock in Dayton's so that we can go to their annual general meetings or stockholders meetings and voice our concerns or if that doesn't work, possibly disrupt the meeting and keep them from achieving their goals as long as they're destroying animals. Who knows where this campaign is going to go off. Wherever we find a niche where we can agitate Dayton's some more we're going to jump right in there and we're going to do it. So far it's been going pretty well.

MK: Is there an address people can write or a number people can call to let Dayton's know that they won't be supporting them?

FW: Yes. People should call up (612)375-3382. The great thing about this number is it's an answering machine and all collect calls are accepted. It says so on the machine. Even if you're not in Minnesota or Wisconsin. Even if you're not from the Twin Cities, you can still make the call and run up their bill. You can tell them what's wrong with the fur industry. You can tell them why you're boycotting not only Dayton's, but Dayton's subsidiaries including Target, Marshall Fields, and Mervyn's California. Put the pressure on them that way.

MK: Is there anything else you'd like to say to the readers of SEAL? Any closing comments at all?

FW: Get out there and get active. The animals have so few people to begin with that we really need



Photo/Dilip Vishwanat

BUSTED: Security guards from Macy's department store in the Mall of America wrestle with protesters from the Student Organization for Animal Rights on Sunday morning during SOAR's protest against the store's sale of fur. All 11 protesters, two of whom were juveniles, were arrested by Bloomington police.

everybody out there. We need everybody active. We need everybody doing all that they can in their daily life and private/public life. They've got to be out doing actions for the animals. If we ever hope to see any victories in animal liberation, that's what it's going to take. It's going to take massive action, a lot more direct actions, a lot more civil disobedience. We have to make sacrifices for the animals. The truth of the matter is, if you care about the animals, these sacrifices *aren't even* sacrifices. They're more like a badge of honor that you can wear, because at least you have the confidence in yourself that you're not like some apathetic "Joe" who just sits on his keister and watches the suffering go by. You're out there doing something. You should be proud of that fact. You should run with it and do as much as you can and make as many sacrifices as possible to see that liberation happens now, and not 20 years in the future. Get up and get going!

MK: I think that being vegan is an absolute requirement of every human on the face of this earth. Killing animals for any reason, or killing anyone - taking innocent life is wrong. I also think being vegan, for me, it was something to work at for a while, but there's nothing hard about it anymore. I think we need to move beyond just being vegan, because we're just preventing the animals that would be killed for us from dying. We need to stop the suffering of the animals that are dying for the "apathetic Joes" of the world. Thanks a lot for doing the interview. Vegan Power!

FW: People can feel free to contact SOAR. If they want to start a new group, we've got new group packs. If they want to do something for ALF Appreciation Day, we've got information on that.

SOAR
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Alice Walker
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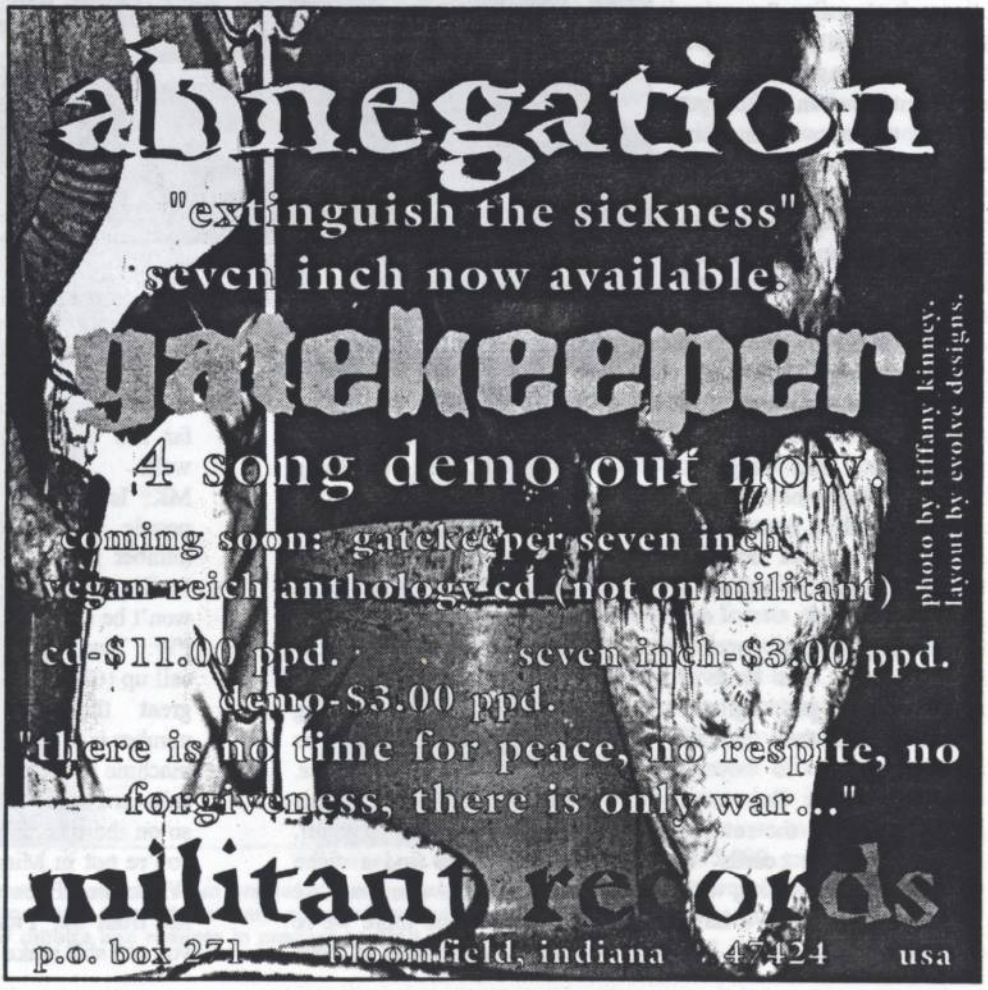
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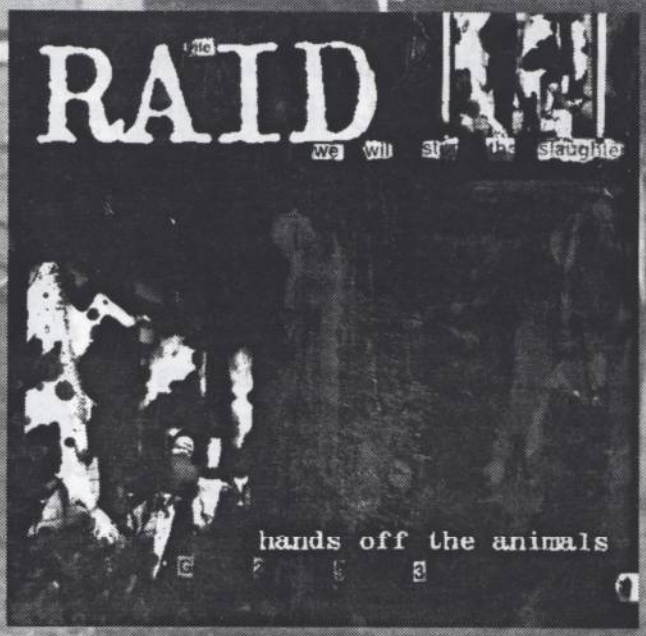
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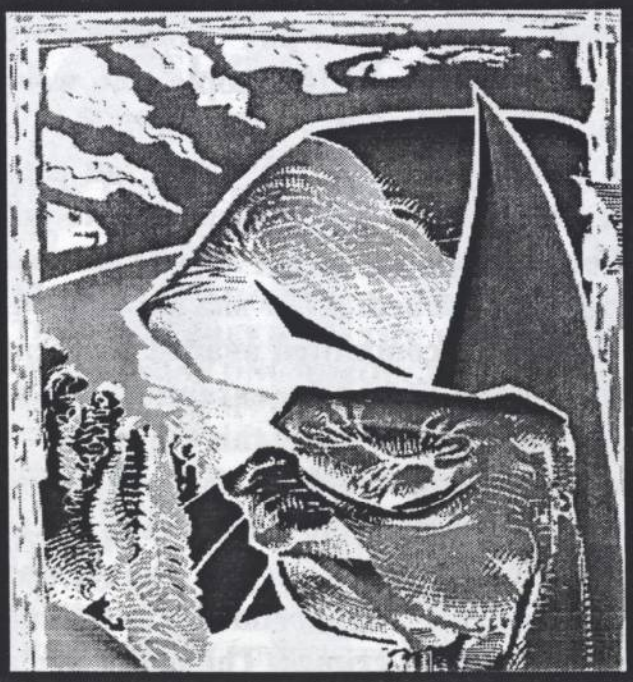


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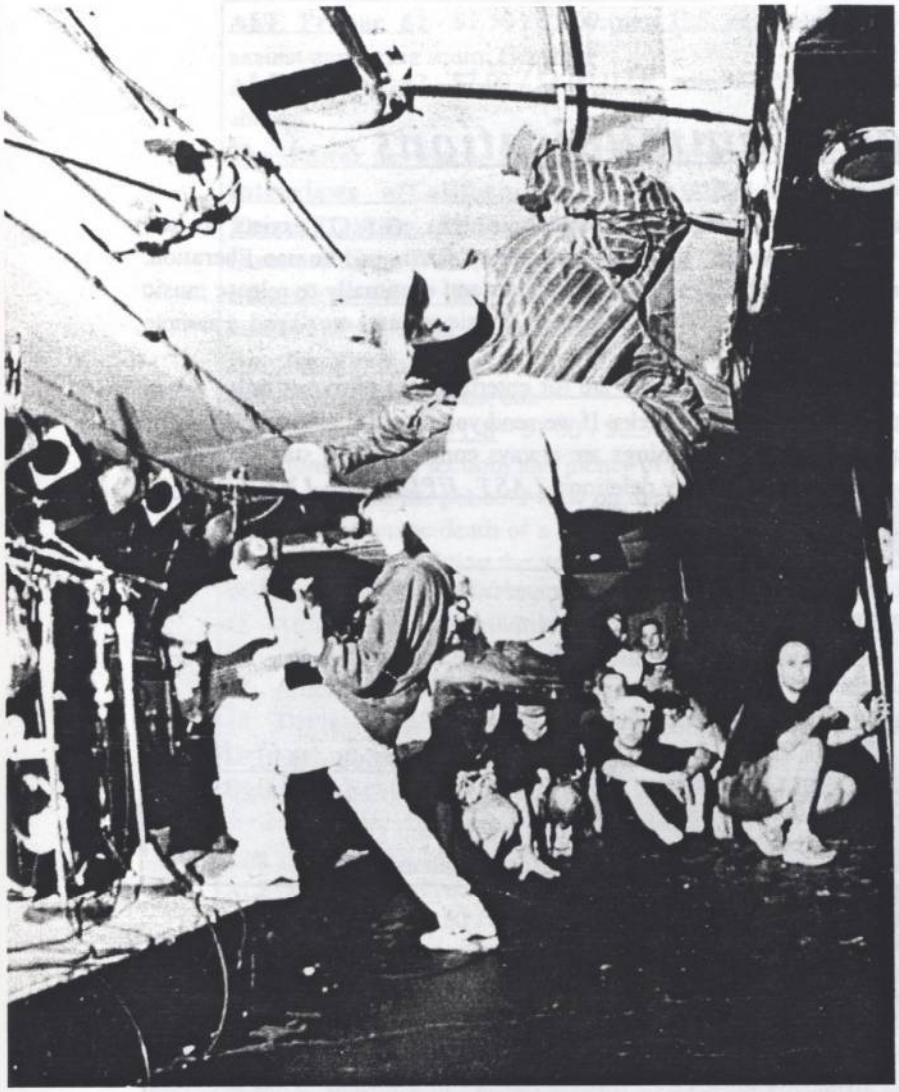
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"NO ALLEGIANCE is about separating myself from weaklings who broke their edge out of apathy and laziness. My anger doesn't come from a feeling of abandonment. Sellouts are not missed. When someone sells out that I believed in, I am insulted because it makes Straight Edge look cheap. Straight Edge is a lifetime commitment to abstain from the poisons of body and mind and to be an agent for positive change." 4/94

"I am Straight Edge out of self respect. I am vegan out of respect for the natural world and all innocent life. If you're a vegetarian and eat eggs and dairy you're still partaking in what enslaves and destroys animals' lives. Cows are reduced to biomachines for their milk. The milk that their bodies create is for their calf, not humans. They're continually milked by machines and this wears their bodies out. Their calves are taken from them and forced to live in tiny cages. Their agony ends when they're murdered and become meat. Chickens are crowded into wire pens and live in filthy inhumane conditions. To prevent cannibalism, their beaks are cut off. To sum it up, there's a lot of cruelty involved in creating milk and eggs for human consumption. Oppression is oppression. To enslave an animal for milk, wool or eggs is just as wrong as it is to kill an animal for his flesh. It's all unnecessary. Educate yourself and stay motivated. Take it step by step and with time you will succeed. GO VEGAN." 4/94

"The song FIRESTORM was inspired by the situation in the neighborhood where my nephew's growing up. He's three years old now. He lives on the north side of the city of Syracuse. The north side has basically been degenerating. It's destabilized now because drugs, drug use, and drug sales are a prominent and basically normal thing in that part of town. There are dealers out on the corners; dealers out on pay phones across the street from his house. The house next door used to be filled with people who were selling drugs. Cars were pulling up. People were in and out of there. It's definitely a dangerous type of situation. A guy was beaten to death in front of his young son with steel pipes by a gang of juveniles. There was never any justice. They never went to jail or anything like that because they were young. People have been shot. A woman and her husband from Argentina had a corner store. She got robbed. After she got robbed, she got shot. She's now paralyzed. All these acts of violence committed against innocent people by people who basically have no respect for others' lives; who care more about money than other peoples lives, totally sicken me. It repulses me to see this happen.

FIRESTORM is about defending your community from the drug plague - taking it back. First and foremost, you have to educate young kids as to what drugs do to people: destroy them rapidly; especially caustic chemical drugs like crack and cocaine and things of that nature; the things that are destroying this neighborhood I'm talking about. This song is about holding people accountable for their crimes. The police are a big part of the problem as well. Who has to make justice? Who has to set things right? The people that live in that area. I think they're going to be forced to take justice into their own hands. They're going to be forced to fight back. That's what the song FIRESTORM is about. It's about killing dealers and gangs that make life a hell." 7/95



XXX THE DISCIPLINE XXX

STRAIGHTEDGE - THE DISCIPLINE. THE KEY TO SELF LIBERATION IS ABSTINENCE FROM THE DESTRUCTIVE ESCAPISM OF INTOXICATION. I SEPARATE FROM THE POISON - A MINDLESSNESS I'VE ALWAYS ABHORRED. USAGE WILL ONLY INCREASE THE PAIN - A TRUTH I CONSTANTLY SEE IGNORED. THE POLLUTANTS THAT KILL THE BODY BREED APATHY WITHIN THE MIND. THE SUBSTANCES THAT ONCE BROUGHT RELEASE IN THE END WILL ALWAYS CONFINE. FROM DRUG CLOUDED LUNGS AND VEINS MOTIVATION DISSIPATES. IMPRISONED WITHIN ADDICTION, ABUSE INCREASES UNTIL DEATH OVERTAKES. ENSLAVED BY CONCUPISCENCE, PROMISCUITY LEADS TO DESPAIR. VICTIMS USED AND ABANDONED BY LIARS WHO PROFESSED TO CARE. SELF-EXILED FROM THEIR INSANITY - STRIVING TO ATTAIN HIGHER LEVELS OF PURITY. THE BEAUTY IN LIFE IS MINE TO KNOW. AMIDST THE RUIN I SURVIVE. I'VE GOT TO STAY FREE. DAMAGE EVERYWHERE - INFECTION AT EVERY TURN. THROUGH MY REFUSAL TO PARTAKE I'VE SAVE MYSELF. ABSTINENCE WAS THE BEGINNING. WHAT'S IMPORTANT IS WHAT'S DONE WITH THE FREEDOM. STEP BY STEP I OVERCOME. ALONE I CLIMB THE STAIRCASE TO EDIFICATION.

THE ORDER THAT SHALL BE

FUCK THIS HELL THAT MAN HAS MADE, IT'S TIME FOR IT TO END. NATURE MUST ENDURE, UNTIL DEATH I WILL DEFEND. THIS FIGHT RELENTLESS, AN APOSTLE OF THE ORDER THAT SHALL BE. NATURE WILL BE LEFT IN PEACE, THE ANIMALS SET FREE! THE FINAL END OF WILDLIFE'S HABITATS DESTRUCTION, A FUTURE FOR SPECIES ONCE PUSHED TOWARDS EXTINCTION.

ANIMAL MURDERERS, VIOLATORS OF THE INNOCENT MUST DIE FOR THEIR CRIMES, DRIVEN BY AVARICE. THIS WORLD'S A FUCKING NIGHTMARE. BLACKENED SKIES, DEFORESTATION, POISONED SEAS. THIS CIVILIZATIONS PRICE ISN'T WORTH THE FEE. PERPETRATORS OF THIS MADNESS, YOUR RIGHT TO LIVE IS GONE. YOUR BURNING BODIES SHALL LIGHT THE PATH TO A GLORIOUS NEW DAWN!

IF WARNINGS GO UNHEEDED AND PLEAS FOR MERCY ARE IGNORED, OUR ALTERNATIVE TO MILITANT RESISTANCE IS A HALF-LIFE IN A DEAD WORLD. PEACE CANNOT EXIST WITHOUT JUSTICE. THEY ARE ONE IN THE SAME. PERPETRATORS OF THIS MADNESS, YOUR RIGHT TO LIVE IS GONE. YOUR BURNING BODIES SHALL LIGHT THE PATH TO A GLORIOUS NEW DAWN!

Green Revolution Communications

P. O. Box 30373 Indianapolis, IN. 46230-0373 U.S.A.

This is the first distro. list by Green Revolution Communications. G.R.C. exsists to sell merchandise that is created by artists, bands, and writers that deal with animal, Earth, and human liberation. All $ that is made by G.R.C is put back into the label to sell more products and eventually to release music by artists that share common goals with us. If you put out a publication, music release, etc., send a sample for consideration.

Keep in mind that all materials sold through G.R.C. are for entertainment purposes only. When writing, send a blank M.O. or well hidden cash only. No checks. If we send you an order with stamps on it, please send them back so that we can reuse them. New things are always coming in, so stay in contact. Feel free to copy and distro. this list to anyone without any deletions. *LAST UPDATE: 12 / 13 / 95*

7" records are $3.50 ppd. (U.S.), $5.00 overseas

Green Rage - Disinfect 7" 4 song record. Vegan anger from Syracuse. On Very Distro.
Statement - Prepare for Battle 7" The old EP on Hardline Recs. Now out of print.
Abnegation - Extinguish the Sickness 7" Debut on Militant Recs. 4 songs ranging from anti-abortion themes to militancy.
Abnegation - Sown in the Remains 7" Newest release on Catalyst Recs. 4 songs.
Abnegation - Eye of the Storm 7" 3 song 7" on a label from Austria. **($4.00 U.S., $5.50 World) because it's an import, sorry.**
Falling Down - 7" Vegan metal from North Carolina. If you like Carcass, then get this.
Sevin - Heaven's Deception 7" Debut release by this New Jersey outfit on Militant Records.

Cassettes are $3.00 ppd.(U.S.), $5.00 overseas unless noted

Gatekeeper - 4 song demo Members of Framework and Green Rage. Don't miss this.....

CD's are priced as listed (all ppd.)

Earth Crisis - Destroy the Machines $10.00 / $14.00 Long awaited full length. 10 songs total. Lyrically the most extreme by Earth Crisis. Buy, buy, buy.....
Raid - Above the Law $11.00 / $15.00 14 song CD by the band that spwned so many clones.....
Vegan Reich - Vanguard $10.00 / $14.00 This CD contains all previously released material from their 2 EP's and a comp. track. A classic by the band that started it all. 8 songs.
Framework - Never Again $11.00 / $14.00 All the songs that Framework ever recorded. 9 songs.

Books: All books are priced as marked (all ppd.)

War at Home by Brian Glick $5.00 / $8.00 This book deals with the tactics used by the FBI to infiltrate groups such as the Black Panthers, civil rights organizations, etc. 20 years ago. Studying these tactics will help grassroots groups avoid disruption, harassment, and intimidation by the FBI.
Declaration of War: Killing People to Save the Animals and the Environment by Screaming Wolf $6.00 / $9.00 Yes, we do have this book and yes, it is bootlegged. But the print is quality and professionally bound so it won't fall apart. For a description, just look at the title, buddy.
Ecodefense - A Field Guide to Monkeywrenching (new 3rd edition) by Earth First! $18.00 / $23.00 Over 300 pages with detailed explanations on tree spiking, eco-sabotage, monkeywrenching, safety and security, and much more. The true environmentalists bible. Feel the ecorage.....

Magazines: All magazines are priced as marked (all ppd.)

Out of the Cages #6 - $2.00 / $4.00 Info. on hunt sabbing in England, international news, feminist vegans, and more.
Out of the Cages #7 - $2.00 / $4.00 Info. on boycotts, feminism & animal lib., Oregon grand juries, more.
Out of the Cages #8 - $2.00 / $4.00 Thicker issue. Info. on Farm Sanctuary, leather, ALF attacks, and a lot more.

ALF Primer #1 - $1.50 / $3.00 (new U.S. edition) The history, purpose, and tactics used by the ALF against murdering scum. Get this!

ALF Primer #2 - $2.00 / $4.00 (U.K. edition) Primer on economic sabotage against the animal abusers.

The Power is Ours - $1.00 / $2.50 ALF direct action booklet. Effective.

Interviews w/California ALF Activists - $1.00 / $2.00 Tactics discussed by West Coast activists.

Keep Fighting - $2.00 / $4.00 Three interviews with Britain's ALF Press Officers (Ronnie Lee, Robin Lane, and Robin Webb). Very inspirational and very thick (62 pages half sized).

Interviews with the ALF - $2.00 / $4.00 (U.K.) 52 pages long, full size. Interviews that were released to the media. Tells all.....

On the Road Again - $1.00 / $2.50 Booklet on surviving the underground, making fake ID's, creating new identities, disguises, etc.

Militant Vegan #1-8 - $1.00 / $2.50 apiece or $5.00 / $10.50 for all eight. All M.V.'s have a diary of actions, a news section, and plenty of news clippings. All issues are an inspiration to the movement.

#1 - Articles on the police's view on the ALF, reprints from the ALF Primer and Without a Trace, etc.
#2 - Articles on the death of a hunt sab. in England, reprints from the Earth First Journal, etc.
#3 - Articles on building the vegan movement, the Memphis Three, etc.
#4 - Articles on hunt sabbing, strategies for grassroots groups, fighting the fur trade, etc.
#5 - Articles on Sea Shepherds, undercover report from the National Mink Conference, etc.
#6 - Info. not available at the time of print.
#7 - Articles on Rod Coronado, Vegan Resistance (Finland), fur trade, etc.
#8 - The last issue? Letter from Rod Coronado, interview with the editors, etc.

Defense, Rescue, and Survival #1 - $1.00 / $2.00 Info. not available at time of printing.

Defense, Rescue, and Survival #2 - $1.00 / $2.00 Hardline zine from New York with articles on sexism, straight edge, an interview w/ Birthright, and more.

Eco - War #1 - $1.00 / $2.00 Zine from Louisville with articles on abortion, Native Americans, the ALF, and plenty of recipes (vegan, that is). Nicely laid out.

Vanguard #2 - $2.50 / $4.00 Articles on Hardline, fur and trapping, radical environmentalism, aboriton, and a lot more. Very thick.

Vanguard #4 - $2.00 / $3.50 Articles on hunt sabbing, ALF interviews, single issue groups, and more.

Vanguard #5 - $2.00 / $3.50 Articles on sexuality, purity, and the last interview with Raid.

Vanguard #6 - $2.00 / $3.50 Articles on the Korean animal lib. movement, hunters and molesters, abortion, Hardline, communal living, and much more.

Voicebox #5 - $2.00 / $3.50 Articles on eco-destruction, interviews w/ Howard Lyman (from the Beyond Beef Campaign), Gene Bauston (Farm Sanctuary), etc. Laid out very nicely.

Voicebox #6 - $2.00 / $3.50 Articles on the philosophy of animal lib., Jim Mason interview, etc.

Vegan Reich Interview Booklet - $1.50 / $3.00 Combined interviews from the past in one booklet. V.R. talks about Hardline, direct action, Earth Lib., sexuality, etc. The most contraversial band ever.

Green Revolution Communications
P.O. Box 30373
Indianapolis, IN. 46230-0373 U.S.A.

FOR EARTH'S LIBERATION

VEGAN POWER

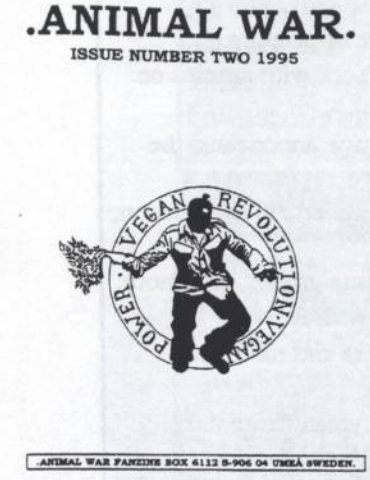
A VEGAN REVOLUTION!



Abhinanda "Senseless" CD
Ten songs from the Swedish Straightedge. Lyrics cover breaking free of addiction, personal struggle, rebelling against oppression and murder, the pitfalls of casual sex, and more. The CD sleeve reads "vegetarian lifestyle for a better world".
Desperate Fight Records, Kemig 16, 90731 Umea, Sweden

Abnegation s/t 7"
Four new songs from militant vegans Abnegation. Lyrics are violent and vengeful. "Shiver" is an anti-rape song. "Ninth Circle" vows vengeance upon the "corruption and greed instilled into our culture." A third song states "screams of the sentient won't penetrate you walls of apathy...the seed of justice will be sown into your charred remains" Raw, screamed vocals tell us "I will burn down your world." This is an intense release.
Catalyst Records, 6142 Compton Unit A, Indianapolis, IN 46220

Animal Liberation Front Supporters Group Newsletter
Summer 1995, 28 pages, full size
As always, England's ALFSG Newsletter is filled with inspiring commentary from ALF prisoners and information on how you can help and support those who've given their freedom in order to help animals achieve theirs.
ALF Supporters Group, BCM 1160, London WC1N 3XX, England



Animal War
Issue 2 - 1995, 19 pages, half size
Militant Vegan Straightedge zine from Sweden's animal rights capital, Umea. This issue has interviews with Soulstice and Abnegation.
Animal War Fanzine, Box 6112, S-906 04 Umea, Sweden

Anti (matter)
Issue 6, Summer 1995, 94 pages, full size
Sadly, this is the last issue. There are interviews with Sick Of It All, Garden Variety, Snapcase, Shudder To Think, Shelter, Cause For Alarm, and Samuel. There's supposed to be a Ressurection/Shades Apart split 7" with this, but I got my copy for 1/2 price at Extreme Noise and it didn't have it. Interesting reading. "The staff at anti vehemently refuses to eat the corpses of our animal friends."
Anti, 151 First Avenue Suite 107, New York, NY 10003

REVIEWS

Anxiety Closet
Issue 6, Summer 1995, 80 pages, full size
Interviews with Cornerstone, Snapcase, Unbroken, Indy Hardline, and Integrity. Articles on animal rights, sexism, vegan recipes, reviews, and more.
Anxiety Closet, 4 Leona Terrace, Mahwah, NJ 07430-3025



Arkangel
Issue 14, 60 pages, full size
"The Animal Liberation Movement continues to gain strength, and the day when all animals are liberated from persecution and murder draws closer." So starts another informative and ever inspiring issue of Britain's Arkangel. As always, there are local and national reports for British animal lib groups, as well as some international news. There's a "Live Exports Diary" detailing the protests and events surrounding this controversy. There's "Sabbing News" - all about hunt sabbing. There are four pages of one of my favorites, "What the Papers Say" - newspaper cuttings relating predominantly to ALF raids. One headline states "Fire-bombs wreck 38 milk tankers", referring to a coordinated ALF attack targeting the dairy industry last summer. There are lots of articles submitted by various groups and individuals involved in the struggle for animal liberation, including articles on premarin, ostrich exploitation, the campaign against angling, Vegans International, Justice for Keith Mann, animal sanctuary reports, the McLibel Trial, and much, much more. Get it and get inspired!
Arkangel Magazine, BCM 9240, London WC1N 3XX England

Ceremony of Fire Compilation CD
This is "a tribute to Rod Coronado." Rod is in jail for "aiding and abetting a fire at Michigan State University that destroyed 32 years of research intended to benefit the fur farm industry." Bands on this compilation include: Birthright, Captive Nation Rising, Culture, Earth Crisis, Painstake, Sevin, and Statement. Each band has one song. Culture's anti-hunting track "Memento Mori" starts off slow and somber then powers up to shout "Hunters will be hunted! Blood spilled for blood!" Birthright's "Ascension" ends with the familiar protest chant "What do we want?! Animal Liberation! When do we want it? Now!" the theme for this release.
Uprising, PO Box 490, Laguna Beach, CA 92652

Chokehold s/t CD
This has their demo, the "Prison of Hope" LP, and a live set from Syracuse. My favorites are "More Than Ever" and "To Kill A Coward" which is about giving hunters what they deserve: "A bullet right through your head!". Actually I like every song off of "Prison of Hope". Great sing-a-long Vegan Straightedge. The live set has a cover of "We're Not Gonna Take It!" This is an excellent release.

Disembodied "Existence in Suicide" CD
Five songs from Minnesota's own, Disembodied. This is slow, grinding hardcore with plenty of bass. I saw them live last month, and they're as good as they are on this CD. I like all the songs, but "Asura" stands out as my favorite: "Blood dripping from your plate begins the cycle of birth, death and misery." The song "Invisible" deals with the genocide of native peoples. Good first release.
Furface Records, 3401 Dupont Ave S. apt. #104, Minneapolis, MN 55408

Earth Crisis "All Out War" CD
This is a reissue of their 1992 Conviction Records 7". Four songs of militant vegan fury from Syracuse Straightedge. "All Out War", "Ecocide", "Stand By", and "No allegiance" provide enough inspiration for hours of pile-ups, sing-a-longs, floor punching, and two finger pointing. "For the fetus, for the cat, for the cow, for the rat; for innocent victims we will attack, we will attack, we will attack!!" I can never get enough of this. Earth Crisis rule! As the back of the CD boldly states, *"GO VEGAN!"*
Victory Records, PO Box 146546, Chicago, IL 60614

Earth Crisis "Destroy the Machines" CD
This is their latest release, and a fine one it is. Earth Crisis' first full length; it has ten songs. The title track "Destroy The Machines" addresses the relentless assault of the industrial nations upon animal's habitat and the use of ecotage to "halt the insanity of the yellow death machines advance."

The "New Ethic" is "Animals lives are their own and must be given respect.... Dairy, eggs, and meat - fur, suede, wool, and leather are the end products of torture confinement and murder."

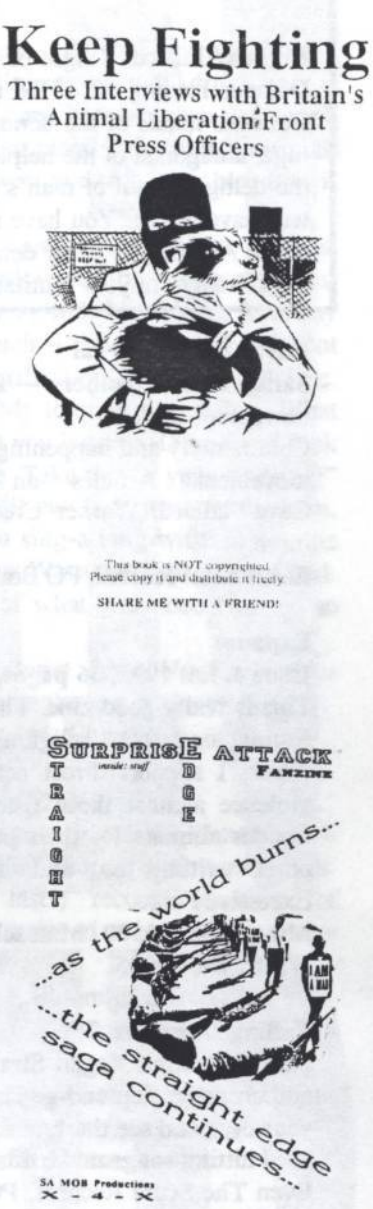
"Asphyxiate" deals with the effects smoking has on oneself and those around them. "The pain was avoidable and yet this insanity is accepted as normal.... Coughing up blood, gasping for breath - each one was a nail in your coffin - Inhale. Asphyxiate."

Militant animal liberation songs include the anti-vivisection song "Deliverance", which warns of "Vivisectionists dragged into the street and shot as flames engulf the laboratory." "The Wrath of Sanity" is the animal lib anthem for all time.

The last track tells us "The X symbolizes my lifetime commitment to live free from the poisons. I've built myself to last. Fortress."

Musically, this is a tight, professional release. Karl's vocals have gotten deeper. Hardcore at it's finest. This is one of my favorite records of all time. Get it!
Victory Records, PO Box 14656, Chicago, IL 60614

REVIEWS REVIEWS REVIEWS REVIEWS



EARTH CRISIS
The Wrath of Sanity

Night of Justice. Knight of Justice. Liberations crusades begun. Your laws will have no meaning past the setting of the sun. Demons feeding off of the innocent's pain. Generations of oppression - one generation will break this chain. Emancipation from the hands of the deranged. Vengeance for the dead - freedom for the enslaved. From love comes this hatred. Feel the rage, antagonist of the helpless. Tormented inside a cage. I refuse to turn my back. I refuse to shut my eyes. Steadfast against the deluge of evil of man's devise. The quest for their freedom won't cease until it's won. Reconcile your sins or your blood will have to run. You have no respect for life. Violence you can understand. Your turn to feel the pain. Retribution, from my hand! A bullet for every demon. Only your blood can cleanse you of your sin. Your actions prove you value profit over other's lives. Images of your mutilated victims - as I line you in my sight. The wrath of sanity unleashed - justice on Judgment Night.

Earth First! Journal
Samhain, November - December 1995, 39 pages, newsprint tabloid
Commentary and happenings in the radical environmental movement. Articles on Salvage Rider, breeding, Cove/Mallard, Warner Creek, roadless areas, and much more.
Earth First! Journal, PO Box 1415, Eugene, OR 97440

Expanse
Issue 4, fall 1995, 36 pages, half size
This is really good zine. There are articles against animal testing, one about religion, and an article on militancy ("Yes, I support direct action. Yes, I support physical violence against those who are insane enough to mass murder animals for their petty desires....") There's some other writing too, and interviews with SEVIN, and Excessive Force.
Mike Dyer, 1500 Massachusetts Ave NW Apt #727, Wash., DC 20005

Falling Down s/t 7"
North Carolina Vegan Straightedge. Tough vocals. Hard and crunchy, stop-and-go Hardcore. "Paradise earth. Close your eyes and see the future. Life Before Machine!" Three hard hitting songs make this a good release.
Even The Score Records, PO Box 210231, Columbia, SC 29221

Framework "Never Again" CD
There are nine songs on this CD, everything Framework recorded. Emotional, militant Vegan Straightedge, Framework had a unique sound. Shane's emotion filled voice pleads "What do I have to do?! To open your eyes??" and "until the day when humanity wakes, until the day truth comes out, until the day you open your eyes, only in darkness will justice rise!" in the song "Hidden".

"Justice Coming" warns those who "tear at our earth and still walk free, billions die at your hands and still you walk free" of the "anger we all hold deep inside, final ultimatum - either change or die."

"Deteriorate" deals with the disbelief and doubt of betrayal. The emotionally powerful "Broken Mirror" relates a scenario where an animal has turned the tables on his murderer: "I took down the pain. It's now your turn. It was forced down my throat, and I'll force it down yours. I'll slice your throat, 'cause you showed me how. You'll hang as you drain and I won't let you down. Watch the mirror shatter as you examine the crime. Look into the mirror and se
e the value of life." This song is great. It makes me feel like Youth of Today's "No More" does.

Those are all the songs from their first demo, three of which were on the "Justice Coming" 7inch. The two song "Gatekeeper" 7inch is also on this CD. "Your guilt will be haven for the truth!" As are two other songs, "Fuse", which speaks of "the destruction of eden by her children gone insane", and a final song "Struggle".

There's a lot of meaning and inspiration to be found here backed by equally powerful music. Framework was truly a great band.
Life Force Records, PO Box 66, 08505 Plauen, Germany

Into Another Animal Rights Benefit CD
All the profits from this go to People for the Ethical Treatment of Animals. There are three songs, including a new version of "Poison Fingers", which is also on Into Another's 1994 release "Ignaurus." The two new songs are "To Be Free", an anti-racist song, and "Herbivore" in which Richie tells us "I don't eat animals. I won't eat animals. I love them." Soft and melodic, yet powerful; this is a good CD for a good cause.
Revelation Records, PO Box 5232, Huntington Beach, CA 92615-5232

Keep Fighting: Three Interviews with Britain's Animal Liberation Front Press Officers
The Student Organization for Animal Rights' Freeman Wicklund put together this booklet compiled from interviews he did with Ronnie Lee, Robin Lane, and Robin Webb when he was in England a few years back. This is very interesting reading on Animal Liberation Front tactics and how the press office is run. It also offers insight on how and why these three key players in Britain's animal liberation movement became involved with the struggle for animal rights. If you're interested in the ALF and the British movement, you'd definitely find this interesting!
SOAR, 235 CMU, 300 Washington Ave SE, Minneapolis, MN 55455

Lifer "Shroud" 7inch
Vegan X Straightedge from Scotland. Before I even listened to this record, I knew I was going to love it. Etched into the record on side Cow is "I think therefore I am...Vegan" and "Support the ALF" on side X. Yes! The title track "Shroud" is about, you guessed it, ANIMAL LIBERATION: "Revenge will be my name for the atrocities you commit." and "I'll strive for their LIBERATION even if it takes a human life." It would appear Lifer support the Justice Department as well. "Verdict" has that Youth Crew sound. "Collapse" is about domestic abuse. "Unremitting" speaks of animal abusers "self appointed right to destroy another life - a weakness I WILL FIGHT!" Powerful music backs up this powerful message.
Clear X Perception, 108 Brookhurst Road, Broombourgh Wirral Mereyside L63 OET UK

Neckbrace s/t 7"
Vegan Straightedge from England. 4 songs. Heavy sound with positive lyrics. All the lyrics are about Straightedge pride. This comes with a booklet in German and English entitled "Why Vegan?"
No Cruelty, Spitalstr. 43 79539 Loerrach Germany

No Compromise: The Militant, Direct Action Newsletter of Grassroots Animal Liberationists
Issue 1, December 1995, 16 pages, full size
This is the first issue of a new national magazine on the Animal Liberation Movement in America. It's been a long time coming, hopefully this will become *the* national forum for news and tactics relating to animal liberation. This has information on animal rights prisoners, ALF raids, group reports, Animal Defense League and the Syracuse grand jury, civil disobedience, and more! 1,000 have been printed so far, and at least 500 are going out free to groups and individuals all over the country. The American movement needs a publication that comes out regularly. This is it! Send contributions and subscription money ($15 for 4 issues) to:
SOAR, 235 CMU, 300 Washington Ave SE, Minneapolis, MN 5545

Raid "For The Animals" CD
This is a reissue of Raid's 1992 release, "Above The Law" on Hardline Records. This CD has two songs from their 1989 seven song demo "Beyond Straight Edge." There are also five songs from the 1991 7" on Hardline, "Words of War." You can hear the progression of Raid as the vocals and music get harder and harder from the demo, to the 7" and then the CD. Musically, Raid is one of the hardest bands I've ever heard. The lyrics are intensely militant, addressing animal and earth liberation by any means necessary.

"Convenience", a powerful and emotional song, tells us "Abortion is mass genocide.... Two million births less every year.... Thou shall not have a choice when the choice is murder.... Destiny is in our hands for a future free of abortion."

"Under The Ax" tells a tale of revenge from a veal calf's point of view: "Inject you with drugs as you drown in a liquid diet. Split open your stomach and watch your organs spill into a pool of blood.... I call it justice, an eye for an eye. Revenge is sweet and so is your blood, as it trickles down my throat."

This was and still is one of my favorite records, but it leaves me with a hollow feeling inside at times. These words and lyrics may as well have come from my own heart, that's how much I believe in them. But believing in lyrics like "Purification through discipline. My knowledge is superior. My tolerance runs thin. What you put in your body is what you become. Drug fiend fuck - death will be your outcome. Take this as your warning!" puts me at odds with the sell-out fuck who wrote them, Steve Lovett. It's difficult to sing-a-long with, to say the least. Sounds more like "Your Warning", Steve and Chad. You guys are the epitome of what you once claimed to "despise."

Total respect to guitarist Jason VanAucken for staying true to veganism despite the rest of them.
Victory Records, PO Box 146546, Chicago, IL 60614

SEVIN "Heaven's Deception" 7inch
Straight Edge Vegan Information Network. Shouted dark and haunting lyrics backed by choppy guitars. 4 songs. This is their first (and last?) record. Members of Abnegation and SEVIN are rumored to be forming a new band called Blood of Judas.
Militant Records, PO Box 271, Bloomfield, IN 47424

Situation 187 Demo '95
Four songs from Umea Vegan Straightedge. Militant animal liberationist lyrics. Go vegan!
Situation 187, Box 6112 906 04, Umea, Sweden

Striving For Togetherness "It's All Good" Comp. CD
It says there's over seventy minutes of music on here, but the only thing I've been listening to is the reissue of 1987's Smorgasbord "X Marks The Spot" compilation. If you like old school Straight Edge, this is it. Two songs each from Pressure Release and Wide Awake, and three from Upfront. "Stay straight and alert, Do what it takes, To stay on top, Stay WIDE AWAKE! GO!"
Striving For Togetherness, PO Box 564571, College Point, NY 11356

Suprise Attack Fanzine
Issue 4, 64 pages, half size
This fat half-sized Straightedge zine is packed with commentary. It has interviews with PA bands Outcome and Blindside. There are articles on, among other topics, prohibition, doing more for animals than just being vegan, abortion, and plenty on the hardcore scene.
EMS, PO Box 90008, Harrisburg, PA 17109-0008

retribution
animal defense
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DESTROY FACTORY FARMS

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VEGAN STRAIGHTEDGE
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VEGAN STRAIGHTEDGE

Time Will Tell Fanzine
Issue 3, 32 pages, full size
This one has interviews with 108, Mouthpiece, and more. There's some writing on vegetarianism and animal rights, Straight Edge, reviews, and more.
Steven Asbury, 28 Tudor Dr, Wayside, NJ 07712

Torn Apart "Extermination" 7inch
East coast Straightedge, Torn Apart give us four songs. "Walked Away" is about betrayal. The song "Defenseless" states "Making a choice that's not yours to make. Taking a life that's not yours to take. A holocaust you call industry. Your bloody hands don't prove civility." Hard music and vocals coupled with lyrics like that make this a great record.
Life Sentence Records, PO Box 52462, Irvine, CA 92619-2462

Underground: The Official Newsletter of the North American Animal Liberation Front Supporters Group
Issue 3, November 1995, 64 pages, full size, newsprint
Finally. Underground #3 is out, and it's thick! Full of interesting information and articles on, among other topics: phone & mail security, Djurens Befrielse Front, a diary of British "live exports" protests, the Justice Department, and more. There's a letter from Mia Salli, one of three activists who liberated 600 foxes from fur farms in Finland. Of course there's a Diary of ALF Actions (14 pages!) There are reports of attacks on animal activists by callous animal abusers, a list of ALF prisoners, and much more!
NA-ALFSG Box 69597, 5845 Yonge St., Willowdale, Ontario, Canada M2M
<an246614@anon.penet.fi>
NA-ALFSG Distro, Box 241532, Memphis, TN 38124 USA

Vanguard
Issue 6, Spring 1995, 28 pages, full size
This issue of Vanguard has articles on animal liberation, abortion, a report from Korea on the state of the animal rights movement there, an article on the link between hunting and pedophilia reprinted from "Animal People", letters, more columns, and a list of Hardline Chapters.
Indianapolis Hardline, PO Box 30373, Indianapolis, IN 46230-0373

The Vegan: 50th Anniversary Special
Autumn 1994, 68 pages, full size
"The Vegan" is the magazine of England's The Vegan Society. This issue I'm reviewing is a little over a year old, but it's an important issue. There's a 42 page insert entitled "The Vegan Society: The First Fifty Years (1944-1994)." In it you'll find the complete history of The Vegan Society from it's lowly beginnings to the political superpower it is today! The introduction starts with: "This country has a reputation for abolishing slave trades of one kind or another, so it was not suprising that veganism, which seeks to bring about the greatest emancipation of them all, should have made roots here fifty years ago." Also to be found is the history of the term "vegan" and why it was necessary to distinguish it from vegetarian. This is important history, and very interesting reading.

Also in this issue is an article on the making of The Vegan Society's latest film "Truth or Dairy", a recipe for a huge anniversary cake, information on the results of the 12 year Oxford Vegetarian Study involving over 11,000 people including 6,0000 vegetarians and vegans, and other news, ads for vegan products and services, etc. If you haven't done it yet, definitely drop The Vegan Society a line. You won't be disappointed. If you're new to veganism, ask for information on going vegan. They'd be glad to help.
The Vegan Society, 7 Battle Road, St. Leonards-on-the-Sea, East Sussex, TN37 7AA England

Vegan Reich "Vanguard" Anthology CD

This is everything Vegan Reich recorded: 1991's 4 song "Hardline" 7inch on Hardline Records, 1992's 3 song cassette "The Wrath of God" also on Hardline, and anti-vivisectionist song "Stop Talking - Start Revenging" from the 1987 ALF benefit compilation LP "The ALF is Watching and There's No Place To Hide!" on No Master's Voice.

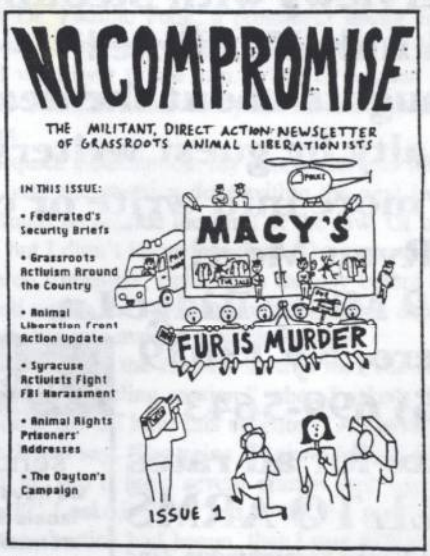
Ultra-militant veganism is what Vegan Reich were about. Attention is what they were after, and they certainly got it, helping to create the widespread vegan community that exists in hardcore today. Lyrics include "Laid down in stone, There can be no other definition, Meat and dairy production, Is torture is killing, For no purpose, For your ego, For the taste, Their blood you're spilling, Belsen - Auchwitz - Dahcau, The similarity is frightening, A master race mentality, Of liberty for those with superiority, Your moral civilized society, Is built on brutality and cruelty, Where normality is insanity, And sane an extreme ideology, Like the resistance to Nazi Germany, We don't obey laws of barbarity!" These words show the compassion for innocent life and the reasoning behind the direct action Vegan Reich promoted. This is pure righteousness. "For earth's liberation, a vegan revolution. Guilty of murder you'll face the new law!"

Uprising Communications, PO Box 490, Laguna Beach, CA 92652

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*Also, we are trying to start a branch of the Animal Defense League here in Rochester, if interested, please write.

(The ADL does not condemn, nor encourage ALF activity)



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SA MOB PRODUCTIONS

Here is a complete list of all of the SA MOB releases to this date and their prices. Feel free to order any back issues. I have plenty of them left. Also, I am always looking for distributors so please just write and ask. Also, take note of the new address at the bottom of this page. Please take the time and order something if it interests you. M.O.'s can be made out to Eric Schauffele, and please, only send U.S. funds. Well, take care. Peace out yo'. - EMS

SA MOB #1 - SURPRISE ATTACK fanzine #1 - 1993-94 issue including Interviews with TURMOIL, FORETHOUGHT, INTROSPECT, & CONVICTION. 50 full size pages of sXe vegan opinions, reviews, pictures, ads, & more. The issue that started the hype.

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U.S. - $2.00 & 4 stamps * Can/Mex - $3.00 *** Euro/Asia - $4.00**

SA MOB #3 - The KING'S JOURNAL Vol. III - A week in the life of the SA MOB ringleader, EMS, during the summer of '94. Check it out and realize that you're not the only weenie out there. Received lots of unexpected acclaim. Only twenty five shiny pennies for 12 half size pages.

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SA MOB #4 - SURPRISE ATTACK fanzine #4 - The best issue to date including the scariest interview ever with PA's premier deathcore band OUTCOME, also includes an interview with the now deceased PA band, BLINDSIDE. 54 half size pages jam packed with tons of reviews (13 pages worth), lots of different opinions on popular topics in hardcore, lots of attitude and sarcasm that you fuckers like so much. The zine that's keepin' straight edge alive in '95.

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SA MOB #5 - OUTCOME 7" - 4 songs from PA's premier deathcore band. Straight up, it's brutal without having that generic "hardcore" sound that you've all become used to from bands these days. If you like the more aggressive shit then this is for you.

U.S. - $3.50 * Can/Mex - $4.00 *** Euro/Asia - $5.00**

SA MOB #6 - The RULERS - This is the continuation of The King's Journal. A few days in my life from the summer of '95, but this time around it also includes a day in 7 other people's lives. 20 half size pages for you to enjoy and realize that humans have a lot in common no matter where they're at or who they are, but we all have many differences too. Check it out if you're curious.

U.S. - $1.00 * Can/Mex - $1.50 *** Euro/Asia - $2.00**

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ABORTED WOMEN, SILENT NO MORE

One Woman's Journey Through The Abortion Experience

My name is Nancyjo Mann.... The pressures leading up to my abortion began in high school where, like many careless, impatient, and short-sighted teens, my boyfriend and I were sexually active. In my junior year, I became pregnant.

My mother was terribly upset. "Oh, what are the neighbors going to say?" she worried. "You'll shame the family. You've got to have an abortion."

This was in 1970. We lived in Iowa where abortion was still illegal, except when necessary to save a woman's life. This fact, however, did not deter my insistent mother, since abortions were easily available under the "progressive" laws of New York and California. My mother only wanted what she thought was best for me, but I *didn't* want an abortion. I wanted to get married. Fortunately, my father stood by me and my mother learned to accept my decision. This was the first time that abortion was ever in my thoughts.

Being a wife, raising a daughter, and finishing school is rough, especially for a seventeen-year-old. No one goes out of their way to make it easier, either. Instead, it seemed like everyone figured I wanted to face all those pressures alone. After all, I could have had an abortion and saved everyone the hassle. But I survived. I graduated. And I was happy. Two years later I had my second child, a son. Not long after that, my husband left me. The responsibilities of being a father and a husband had become more than he was willing to handle. The joys of our young married life were no longer worth the pressures of adjustment. He wanted out, and so he left.

No sooner were we divorced than I fell right back into trouble. I was still on the Pill, and so when I began dating a new guy, I figured there was nothing to worry about. After all, I was being "responsible." But despite the wonders of modern contraception, I became pregnant with my third child. Four months later we were married.

Though there was a superficial happiness in this second marriage, it didn't last more than ten weeks. On October 30, 1974, he walked out the front door. My strong, "dependable" husband just couldn't handle the prospect of being responsible for another child. It was too much for him.

I was absolutely stunned by the suddenness of his departure. I was left five and a half months pregnant, with my two young children and no source of income. I didn't know what to do. Finally, I took the kids and drove over to my parents' house. My mother and one of my brothers were there. I was at a loss. "What am I going to do? He left!" I said. They talked to me for awhile and finally my mother said, "Nancy, you're never going to amount to a hill of beans. What man is ever going to want you with three children, let alone the two you already have? With all those kids, you'll probably end up on welfare for the rest of your life. You're never going to be anybody. It's obvious that you'll just have to have an abortion."

If I wasn't upset and depressed enough already, this type of "practical" advice made me feel even worse. I felt totally helpless. I was a failure.... How could I resist when everyone was just trying to help me and they were the only source of support I had. Upset, depressed, tired, desperate, I took the path of least resistance. I adopted the attitudes of those around me. I accepted their decisions as my own. I simply floated along with "what had to be done." Besides, I thought, maybe if I get rid of this "problem pregnancy," my husband will come back to me.

My mother made all the arrangements. She called my ob/gyn, and he said he wouldn't do an abortion, much less a second trimester. He told her that the only one in town that would do it was Dr. Paulino Fong, a prominent doctor in that area. Without losing a moment of time for reflection or doubts, my mother and I went over to see him. When he learned that I was seeking an abortion, he immediately had me brought into an examination room.

After a quick examination, my abortionist told me that I would have to have the abortion done within the next twenty-four hours or I would be outside the limit of the law. Of course this wasn't true, but I didn't know that then. Abortions are legal throughout all three trimesters, right up to the day before birth, and I was still well within the second trimester. He just used this little lie to pressure me into making a quick decision.

But that was only the first lie he told me. The second lie came during my "counseling session," when I asked, "What are you going to do to me if I have this abortion?" All he did was look at my stomach and say, "I'm going to take a little fluid out, put a little fluid in; you'll have severe cramps and expel the fetus." "Is that all?" I asked. "That's it." "OK," I said. It was only later, after the abortion had begun, that I was to learn that what he described as "cramps" was actually the labor process. These "severe cramps" were not just going to make my pregnancy magically disappear. Instead, I was going to go through all the motions of a normal childbirth-water breaking, labor pains, etc. The only difference was that the baby I would deliver would be dead.

After telling me I had to have the abortion within the next twenty-four hours, Dr. Fong scheduled me for a saline abortion in the hospital that same afternoon. Ironically, a little while after my abortion a nurse who worked at the hospital told me that Fong always scheduled his abortions for the same day that the patients contacted him. At one time he had admitted patients to the hospital the night before surgery so that they could be observed and their food intake limited. But when some of his patients had changed their minds during the night, sometimes after questioning nurses about what actually would happen, he began to insist on doing the abortions immediately. Too many patients, and profits, were slipping out the front door.

The third lie in my "counseling" was a lie of omission. He never told me any of the risks involved. Only later did I find out that if he had hit a vein, the saline solution could have made me violently ill or caused any number of other complications, including death. He told me none of this. Instead he made it sound like a simple and relatively painless procedure.

I was so naive. I trusted him. After all, he was a doctor. A respected and educated man. And like everyone else, I had always heard that legal abortion was "safe and easy." It wasn't until he had me on the table that I began to question these illusions. It wasn't until he pulled out an enormous syringe that I became scared. The needle alone was four inches long. Suddenly I realized that this was not going to be as easy as he had implied.

The first thing he did was withdraw 60 cc's of amniotic fluid. At that point I started to feel afraid for my baby. I could feel her thrashing about, scared by this intrusion. I wanted to scream out - "Please, stop. Don't do this to me!" But I just couldn't get it out. I was petrified with fear.

After the fluid was withdrawn, he injected 200 cc's of the saline solution - half a pint of concentrated salt solution.

From then on, it was terrible. My baby began thrashing about - it was like a regular boxing match in there. She was in pain. The saline was burning her skin, her eyes, her throat. It was choking her, making her sick. She was in agony, trying to escape. She was scared and confused at how her wonderful little home had suddenly been turned into a death trap.

For some reason it had never entered my mind that with an abortion she would have to die. I had never wanted my baby to die; I only wanted to get rid of my "problem." But it was too late to turn back now. There was no way to save her. So instead I talked to her. I tried to comfort her. I tried to ease her pain. I told her I didn't want to do this to her, but it was too late to stop it. I didn't want her to die. I begged her not to die. I told her I was sorry, to forgive me, that I was wrong, that I didn't want to kill her.

For two hours I could feel her struggling inside me. But then, as suddenly as it began, she stopped. Even today, I remember her very last kick on my left side. She had no strength left. She gave up and died. Despite my grief and guilt, I was relieved that her pain was finally over. But I was never the same again. The abortion killed not only my daughter; it killed a part of me.

Before that needle had entered by abdomen, I had liked myself. Though I may have had my share of problems, I had seen myself as basically a good person. I wasn't into any wild scenes. I was a good housewife and a loving mother. I was happy to be me. But then that needle entered my womb, when it pulled out the nurturing fluid of motherhood and replaced it with that venom of death, when the child I abandoned suddenly began its struggles within me, I hated myself. It was that fast. Every bit of self-esteem, every value I held dear, every hope of which I had ever dreamed - all were stripped away by the poison of that one vain act. Every memory of joy was now tainted by the stench of death. That moment of desperation which had led me to this "healer's table" had now positioned itself as ruler of my life. I had abandoned myself to despair, and despair was my future. There was no way to stop it. There was no way to put everything back the way it had been. I no longer had any control, any choice. I was powerless. I was weak. I was a murderer.

A little while after my baby stopped moving they gave me an intravenous injection to help stimulate labor. I was in hard labor for twelve hours, all through the night. When finally I delivered, the nurses didn't make it to my room in time. I delivered my daughter at 5:30 the next morning, October 31st. After I delivered her, I held her in my hands. I looked her over from top to bottom. She had a head of hair, and her eyes were opening. I looked at her little tiny feet and hands. Her fingers and toes even had little fingernails and swirls of fingerprints. Everything was perfect. She was not a "fetus." She was not a "product of conception." She was a tiny human being. The pathology report listed her as more than seven inches from head to rump. With her legs extended, she was over a foot long. She weighed a pound and a half, more than many of the premature babies being saved in incubators in every hospital in the country. But these vital statistics did not mention her most striking trait: She was my daughter. Twisted with agony. Silent and still. Dead.

It seemed like I held her for ten minutes or more, but it was probably only thirty seconds - because as soon as the nurses came rushing in, they grabbed her from my hands and threw her - literally threw her - into a bedpan and carried her away.

To add insult to injury, after my daughter was taken away, they brought another woman into the room to finish the last hour of her labor. But this woman wasn't having an abortion. No, she had a beautiful, healthy baby boy. No words can describe how rough that was on me.

I was released from the hospital eight hours after the delivery. The official report filled out by my abortionist stated that the procedure had been completed with "no complications." Three days later I went back into what felt like labor again, and I passed a piece of placenta about the size of my hand. It had been an incomplete abortion, a fact which had been missed by the pathology lab which had reported the placenta had been delivered "intact."

Soon afterwards I began to withdraw from those who loved me, especially from my family since they had supported and encouraged me to have the abortion. There was a part of me that didn't want to be loved, especially by those who had known me before. I was filled with guilt and sorrow. I felt empty, and I lived under a constant feeling of dread. Newborn infants caught my eye and filled me with longing, but I was afraid to touch them. Whenever a friend would offer to let me hold her baby, I would always refuse. I was too afraid of my own destructiveness. I was terrified that I might somehow hurt another child.

Three weeks after my abortion, I chose to be sterilized by tubal ligation. I couldn't cope with the idea that I could ever possibly kill again. It was too devastating. Too mind boggling. My body which had the potential of creating life was now too easily a host of death.

I became preoccupied with thoughts of death. I fantasized about how I would die. My baby had struggled for two hours. I've tried to imagine myself dying a similar kind of death. If a pillow was put over my face to suffocate me, I would struggle for a bit, but in less than four minutes I would pass out. But she had suffered for *two hours*. Would I be so tormented?



Photograph (above): A preborn baby killed by saline abortion. A poisonous salt solution is injected into the amniotic sac, killing the child over a process of several hours, then bringing on the mother's labor and delivery of a dead baby.

Four months after my abortion, the bleeding and infection were still persistent. Too ashamed to go to my own ob/gyn, I returned to Dr. Fong and he performed a D&C to clean out the uterus. He cut off my cervix and left the packing inside of me. Three weeks later I was grossly rotted out inside. Seven months later, at 22 years of age, I was forced to undergo a total hysterectomy - all because of that "safe and easy," legal abortion.

By this time, I didn't care if I lived or died anymore. I was going through a radical personality change and was becoming increasingly self-destructive. Though I had been shy as a teenager, now I forced myself to become bold and aggressive. If I could only become tough and callous, I reasoned, I would be protected from the hurt. So I began to hang around the tough crowd, imitating their ways, taking on their attitudes. What attracted me to them was their destructiveness - their contempt for the world. Soon I was carrying guns and knives, and biking around with motorcycle gangs and worse. The people I ran with were out to destroy, steal, and maim, and that is what I wanted to do to both others and *myself*.

The desire to destroy is a double-edged weapon. It is both a sword of wrath and a ritual suicide knife of *har-a-kiri*. I hated the world only as much as I hated myself. By becoming destructive I abandoned me, abused me and exploited me. At the same time, by running outside of the law, by attacking others, I opened myself up to attack. I signaled the world that I was ready to be punished and even killed. It didn't matter. Anger, defiance, self-punishment and self-destructiveness - all were one, and they were me.

I tried to immerse myself in destruction. I wanted to prove to myself that destroying others didn't hurt. After all, once you've killed, you should be able to do anything. By doing every conceivable wrong, I hoped to strip myself of conscience. I hoped to destroy all the values I had ever held. If only I could prove to myself that everything was meaningless, including the innocent daughter I had killed through abortion, then perhaps I could have the peace of total meaninglessness.

The natural center of this destructive, escapist world in which I lived, of course, was drugs. I began to fire up on heroin, cocaine - anything and everything I could find. I took acid every day for a year and a half. I smoked an ounce of pot every day. Drugs were my refuge, my comfort, my slow fuse to self-obliteration. Whenever I was stoned, I didn't have to think. If I couldn't think, I couldn't feel; and if I couldn't feel, that was almost as good as being dead. It was a lot better than facing myself.

To earn my living during this time, I became a country pop singer for a small band that played the bars. But singing didn't provide enough to cover my drug expenses, so I began dealing drugs across the state line. Whenever that wasn't enough, I would join a few friends and burgle houses. The extra cash from our "discount sales" helped to tide me over.

On top of all this, I swiftly became promiscuous. Sleeping around was a way to degrade myself, while at the same time feeding on the false comforts of a sexual embrace. Through these quick and desperate intimacies, I secretly hoped I would find the love I so desperately needed, but all I found was sex. Soon this turned into prostituting myself to any man who could supply me with the drugs I needed. The promise of forgetfulness was worth any price.

I lived a life like this for four and a half years. It was a hell that can't be described. During this time, I was constantly pushing my abortion out of my mind. I never talked about it. I never dared to let myself even think about it. But it was never far away. In fact, a boyfriend of mine later told me that almost every time I was stoned (which was every day) I would confess to him in a daze: "I had an abortion. You know, I had an abortion." No more than that. I would just keep telling him I had an abortion and he just kept telling me, "That's all right. It's in the past. Just forget about it." But I never remembered telling anyone, especially him. To me it was the deepest, darkest secret. It was only when all my conscious barriers were dropped that it came tumbling out.

The subconscious rumblings of my abortion revealed themselves in other ways, too. For example, after my abortion I became deathly afraid of the night. I would *never* go to sleep when it was dark. The night was the time during which I had labored for death. Only at five in the morning, when the new dawn was breaking, the time when my labor had ended and my daughter had been released, did I finally settle down and prepare myself for sleep. Never knowing why, my nights had become a time for escape, a time for restless fear.

Four years after my abortion, my self-destructive attitudes turned into an open desire for death. Suicide beckoned me, and I had no place to turn.

My suicidal desires climaxed on one bitter night in January of 1978. After putting the children to bed, I sat dazed and despondent. What reason did I have to live? My two children were the only people I loved and valued. But did I really even deserve them? I wasn't worthy of their love. And the only love I was capable of giving to them was shriveled and distant. I took more than I gave. They would be better off with someone else. If anything, love for my children was a reason to die, not live. There were no reasons to live. Life was only pain and loneliness.

I was so low. There was no place lower to go. No place to hide. There were no more scraps of comfort to be found in the beds of strangers or the lines of coke. There was nothing. I was nothing.

I cried and cried. My longing for death had become so overwhelming that I was scared that I was really going to do it. There was no reason *not* to die. Suddenly, I jumped up and ran into the bathroom and flushed my bottle of sleeping pills down the toilet.

Everything in me wanted to die, but I was scared of death. What was on the other side? Where would I go? I felt like I *needed* to die, but I was afraid to.

This long, dark night was filled with the bitter tears and taste of salt. - Wanting to die. Afraid to die. - My only escape was filled with unknown terrors.... I finally found my sleep that night in the weakness brought by tears....

I finally started to face the abortion I had tried so hard to bury. It was a very, very painful process. The wounds of abortion run deep, especially when they have been pushed down for so long. I nearly went through an emotional breakdown. I had to relive it all, to sort it all out.... It took three years, but I finally was able to forgive myself....

I felt drawn to help other women to overcome their pain and hurt. I knew that if I had hurt so much, surely there must be at least one other woman who felt the same. In early 1982 I founded Women Exploited By Abortion (WEBA) to minister to the needs of aborted women, to help them heal their pains. It immediately began to grow on its own. A newspaper article was written, then another and another, followed by radio and television appearances. Women from around the country began contacting me. As it turned out, there was a pent-up demand for a place of refuge, a place where women could share their abortion experiences, share their pain, share their strengths, and rebuild their lives.

With the founding of WEBA, the aftermath of abortion

was no longer to be ignored. Women were no longer to be abandoned to silently suffer alone. It was time for this "evil necessity" to be purged in the open light. It was time for people to learn that abortion does not solve problems; instead, it changes them, warps them, and creates new problems. It was time for society to learn that abortion was no favor which women had the "right" to enjoy. It was a trap. A curse. A cheap substitute for love and support. A tool for the manipulation and exploitation of women society has abandoned.

- The minimum rate of immediate physical complications following legal abortions, based on *reported* figures, is fully ten percent.
- Long-term complications, usually afflicting the reproductive system, occur in 20 to 50 percent of all aborted women. The risk of reproductive damage is highest for teenagers and for women who abort their first pregnancy.
- Each year, over 100,000 women suffer the loss of a *wanted* baby to miscarriage, to premature birth, or to other labor complications which result from latent abortion morbidity.
- No less than 90 percent of aborted women experience moderate to severe emotional and psychiatric stress following an abortion. Up to 10 percent require psychiatric hospitalization or other professional treatment. One to two percent (15,000 to 30,000 women per year) suffer such severe trauma as to render them unable to work. In addition, aborted women face a suicide risk nine times greater than that of non-aborted women.
- Post-abortion stress increases the probability that a woman will later become involved in a pattern of child battery.

Clearly, abortion is not as "safe and easy" as its defenders imply. But women seeking abortions are never given the full truth. The above facts and more can be learned at almost any local library, but they will not be learned at the local abortion clinic. In short, the abortion industry in this country is urging women to exercise their "right to choose" without first ensuring their *right to know*. This is manipulation, plain and simple.

In every one of thousands of cases documented by WEBA, a full explanation of the possible risks and complications was not given by the abortion provider. Even when direct questions were asked, answers about risks are understated, construed, or avoided. Rather than discuss risks, alternatives, or fetal development, abortion counseling is generally devoted to discussing birth control techniques....

In sum, women are told lies; abortionists are taking advantage of their ignorance and vulnerability. They are being patronizingly "guided" to choose abortion for the convenience and profit of others. This type of deceit only serves to aggravate the psychological and emotional aftereffects of abortion. When some physical complication develops, or when unexpected feelings of loss and guilt develop, or when a popular magazine article on the marvels of modern medicine shows the picture of a fetus which is seen to be a baby rather than a "blob of cells," the aborted woman is caught unprepared. She feels betrayed, manipulated, and deceived. Or when she learns that abortion was not her "only choice," that there were alternatives and support groups available of which she had not been informed, she is quite right to complain, "Why didn't anyone tell me of this before?" ....Women have a *right to know*.

We have allowed ourselves to be silenced by our shame for too long. We will be silent no more.

The preceding article by Nancyjo Mann is an excerpt from the book Aborted Women, Silent No More by David C. Reardon.

Resources for counseling on alternatives to abortion can be found in the yellow pages of every city under ABORTION ALTERNATIVES.



Suction Abortion at 10 Weeks

Suction abortion is performed between six and 12 weeks. This method involves the insertion of a tube through the cervix (mouth of the womb). Connected to a powerful suction, this tears apart the body of the developing baby and sucks it out. Then, either with this tube or with a curette, (a loop shaped steel knife), the abortionist cuts and slices the deeply rooted placenta, the afterbirth, from the inner wall of the womb. Up to 95% of abortions are done in this way. Sometimes body parts are easily identified.

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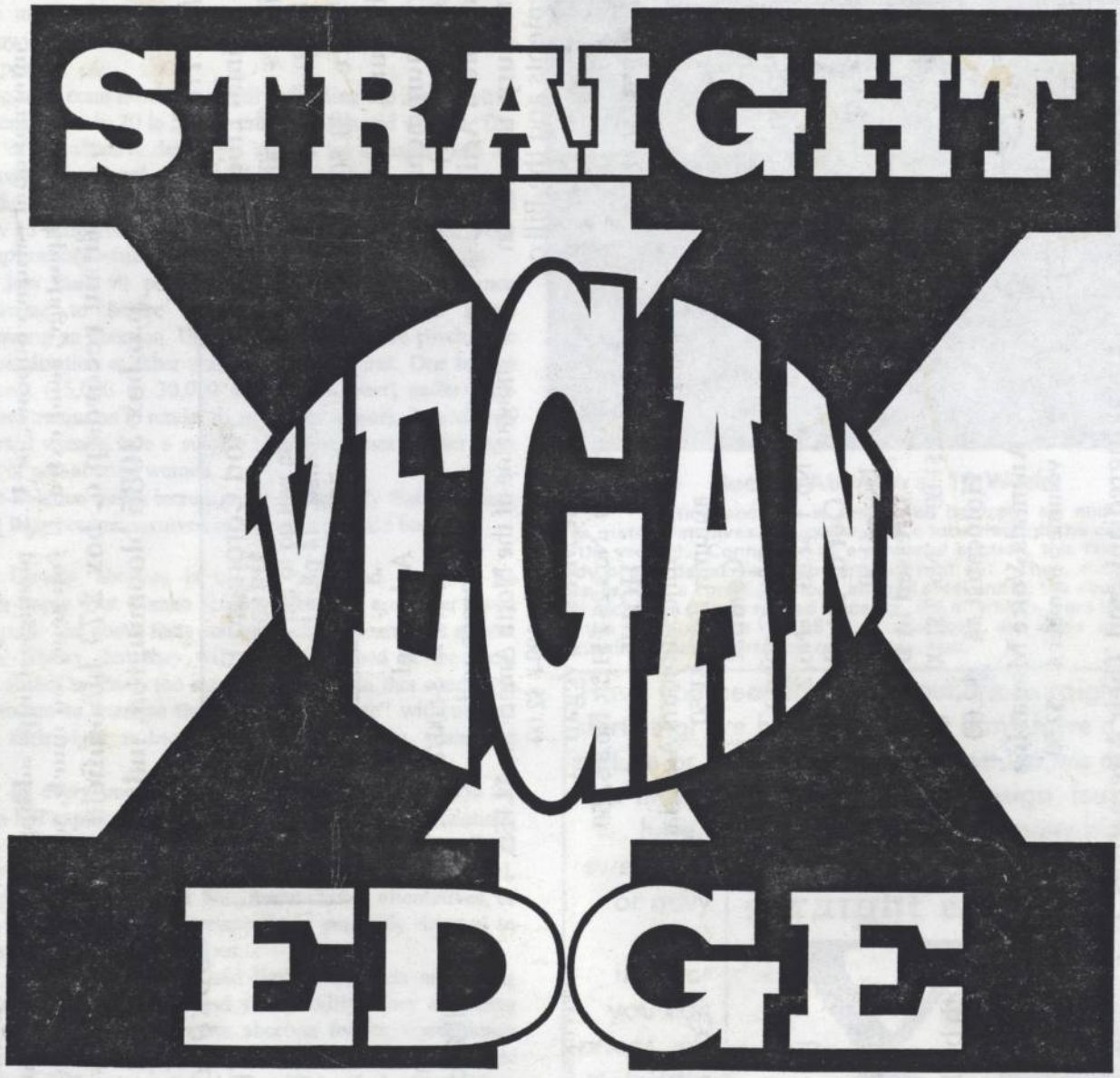
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