JANUARY '95 ISSUE #5

MEMPHIS VEGAN

ANIMALS EARTH NEWS ECOLOGY HEALTH

TWO MEMPHIS FURRIERS QUIT THE KILLING BUSINESS!

JACK LEWIS FURS AND FUR FASHIONS OF MEMPHIS ARE BOTH LEAVING THE FUR TRADE

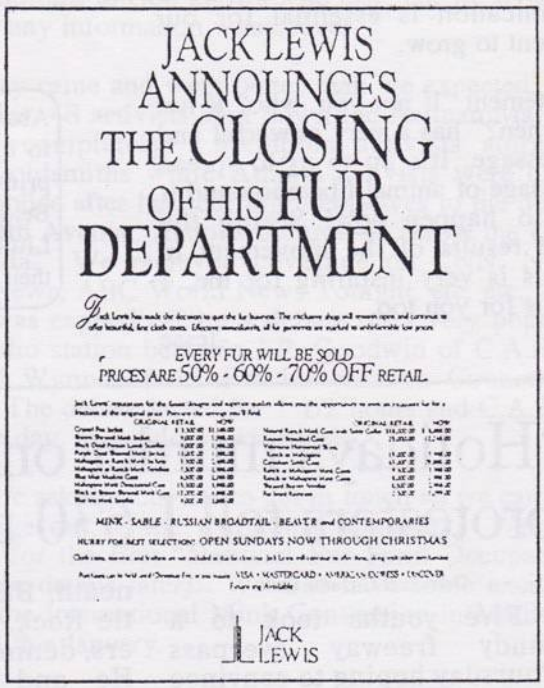
Was it due to constant pressure by animal rights activists? Or maybe a change of ethics?(we doubt it) Or possibly it was because of falling sales in a hopeless industry? Who knows. What we do know is early next year Jack Lewis Furs and Fur Fashions of Memphis will be among the 15 stores nationwide to abandon the cruel and heartless fur trade.

Jack Lewis Furs printed the advertisement shown here in the November 11th edition of the Commercial Appeal. He will be staying in business, but is getting rid of all fur coats and will "continue to offer beautiful, fine cloth coats". Jack Lewis Furs has been a target for numerous protests by Memphis activists, wich usually aggrevated Jack enough for him to come out of his store and exchange a few words with us. He even once agreed to participate in a public debate while news cameras were rolling, but later backed down from any requests for a public debate by C.A.F.T. Jack Lewis Furs has also been a target of Animal Liberation Front (A.L.F.) attacks.

Fur Fashions of Memphis, owned by Gilbert Kay, has signs posted in his window saying "going out of business", "fur liquidation", and "for lease". Formerly named Gilbert Kay Furs, he changed the stores name last January in an attempt to spark up some sales. Obviously this didn't work and they are now going out of business. They also have been hit by the A.L.F.

.

Lastly, Burlington Coat factory has removed it's fur salon from it's Memphis store. The Limited, Campaign Express, and Fontana have all dropped fur trim this year. These are all huge victorys for fur bearing animals. Thanks to all of the Memphis activists for making the good news possible. Goldsmiths will be next!!!



JACK LEWIS ANNOUNCES THE CLOSING OF HIS FUR DEPARTMENT

EVERY FUR WILL BE SOLD
PRICES ARE 50% - 60% - 70% OFF RETAIL

MINK - SABLE - RUSSIAN BROADTAIL - BEAVER and CONTEMPORARIES

HURRY FOR BEST SELECTION! OPEN SUNDAYS NOW THROUGH CHRISTMAS

JACK LEWIS

IN THIS ISSUE

VEGANISM AND THE EARTH
MEAT IS MURDER PROTESTS
FUR FREE FRIDAY
CREATIVE BOYCOTTING
C.A.F.T. UPDATE
I.D.A. UPDATE
ROD CORONADO JAILED
AND MUCH MORE!!!

GREETINGS!

Hello and welcome to the the January issue of Memphis Vegan News. I hope everyone is excited about our recent victories and motivated to see many more.

Memphis Vegan News' purpose is to inform people, vegan and non vegan alike, of the growing animal liberation movement in Memphis and around the world. It also acts as an open forum for vegans to let others know what's on their minds and what they've been up to. If you're not already involved with the animal liberation movement in Memphis and would like to be, Memphis Vegan News is a great way to start. If you have articles, art work, poems, photographs, recipes, or anything you think would improve MVN, send them in! We'd like to have a letters section so if you have any comments or criticism, please write. communication is essential for our movement to grow.

The statement "If not you, who? If not now, when?" has a very powerful and true message. It's up to <u>us</u> to spread the message of animal liberation and it needs to happen <u>now</u>! Seeing the positive results of the movement in Memphis is very inspiring for me, I hope it is for you too.

-Jesse

Tables turned

To The Commercial Appeal:

I am writing in response to Carl Fisher ("Hunter endures night of fright," Oct. 14). At last a bit of justice prevails! For once, it sounds as if the tables were turned. It amazes me how Mr. Fisher can talk as if he were the victim here. After telling how he "shot the doe with his bow and arrow . . . and gave chase when the wounded animal fled," he then speaks of how it was too dark to follow the blood spots to find his way back. The blood spots of an innocent being that has been robbed selfishly of the life she once had. And he is the one seeking our empathy, because the animals seemed to be stalking *him* ?! If the idea of the arrow through the body of the doe did not sicken me so much, I could have laughed for days at the irony of the whole situation.

JENNIFER SIMPSON
Memphis

Above is Jennifer Simpson's response to the article on the right wich was printed in the Commercial Appeal. Below is an article that appeared in the Little Rock Democrat-Gazette about their banner hanging.

Hunter endures night of fright

RIPLEY, Tenn. — A local hunter reported missing Tuesday evening was safe at home Wednesday, but not before being hunted himself by wild animals.

Deer hunter Carl Fisher, 38, of Halls, described screeches, howls and bloodcurdling screams during his all-night ordeal in the cold, rainy Chickasaw Bottom area where he said he was tracked by coyotes and possibly a panther.

"First I heard the coyotes howling, then I started hearing the hooting of the owls," Fisher said Wednesday.

"Then I heard a bloodcurdling screaming sound I never heard before; almost like a laughing hyena. I didn't know it was a panther until the sheriff told me this morning they spotted it going back into the woods."

Fisher made his way out of the woods early Wednesday, and was met by searchers from the Lauderdale County Sheriff's Department, the Lauderdale County Emergency Management Team and the Tennessee Wildlife Management Agency. A search had been launched for Fisher about 10 p.m. Tuesday, when a family friend reported him missing, said Sheriff Ron Rickard.

The ordeal began about noon Tuesday when Fisher left home in his pickup, headed to the bottom area about 14 miles from Ripley and set up his deer stand.

He shot a doe with his bow about 4 p.m., he said, and gave chase when the wounded animal fled.

"I'm not a very good tracker, so it took me until just about dark to find her (the doe)," Fisher said.

"I proceeded to field-dress it, but by this time it was dark, so I couldn't see my compass or follow the blood spots back. About this time, I realized I'd forgotten my flashlight, my lighter and my cigarettes."

Fisher said he left the deer behind when the sound of stalking animals grew closer, and he kept moving in order to stay warm. "At daylight, I was able to read my compass and so I came out of the woods about 100 yards from my truck," he said.

Searchers met Fisher at his truck, and told him about the panther that had been spotted.

Fisher said it would have been his first deer of the year.

—Larry Taylor

'Holidays murder on turkeys,' protesters tell I-630 travelers

Democrat-Gazette Staff

Five youths took to a windy freeway overpass Thursday hoping to convince Little Rock's rush hour motorists to give up their penchant for feasting on Thanksgiving turkey.

Protesters displayed a 10-foot banner reading "Holidays are murder on turkeys" on Interstate 630's Chester Street overpass for 1½ hours beginning about 8 a.m.

Little Rock police responded to a complaint that someone spit from the overpass onto cars passing beneath. But John Goff of Little Rock, one of the protesters, denied having done that. He and his four friends merely were exercising free-speech rights "to educate the public," he said.

The protesters, representing the national People for the Ethical Treatment of Animals group, borrowed the banner from the national group and had to return it after their brief protest.

More than 240 million turkeys are slaughtered for Thanksgiving each year, Goff said.

In Defense of Animals Update

Precious Animal Allies

I'm taking this much appreciated opportunity to let you know that In Defense of Animal's Mid-South office, located in Mississippi, celebrated it's first anniversary August 1st. When I left our national office in San Rafael, California the escalating assault on Alaskan wolves was but one of the crisis we were addressing.

Two missing dogs had reportedly been found in the kennels of a Calhoun County USDA licensed Class B animal dealer, and the activists that called us were desperate for help in pursuing an investigation into his activities.

My expected one to two week stay in Mississippi evolved into months of investigation and a passionate desire to open an IDA office in this region. Whether animals suffer in the south, Iran, or San Fancisco; suffering is suffering. Animals in high tech metropolitan labs and cultures that measure value by use; domestic or wild, "Food" animal, "Beast of Burden", "Research Tool", or "Prey", all animals have their plight. But, we had become involved here, the dedicated groups here were spreading their resources thin, and we just had to stay on to help.

A little over a year later one of the two Class B dealers has had his license revoked, the other has had his suspended for a year, USDA and federal legislators are taking heed that there is a real need to address pet theft and the origin of "random source animals" that are sold to labs. We initiated efforts that resulted in Mississippi passing a bill requiring the licensing of dog and cat dealers that sell to labs, and photos of the dogs and cats sold. We've busted puppy mills, collectors, a major pet shop supplier, and negligent horse and cattle owners. We've rescued strays, injured and abandoned animals, and we shelter nearly a hundred of the hundreds of animals we have helped,

We is not IDA alone, APA, MARL, humane and civil agencies and awesome individuals have aided our efforts. The beauty is that compassionate people who recognize the wants and needs of others of all species are joining to share their all to see that none want or need.

Doll Stanly-Branscum, Mid-South IDA
Rt. 1, Box 122A
Grenada, MS 38901
(601) 237 - 4382

IDA

C.A.F.T. WINTER Update

Coalition to Abolish the Fur Trade

During the past few months the Coalition to Abolish the Fur Trade has taken on a whole range of activities. Our campaign to get fur out of Goldsmiths continued with postcards being sent to 4000 P.E.T.A. members in states with Goldsmiths / Rich's stores. The postcard was a call to action wich has brought more pressure on the company. At the beggining of November, # C.A.F.T. activists blockaded the main entrance to the store. They lined up accross the doorway with a "FUR IS DEAD" banner and chanted loudly for 45 minutes. No one in the mall could ignore this aggressive demonstration of our commitment to end the killing of animals for vanity.

The next project was to radicalize Fur Free Friday. This event, held annually on the day after Thanksgiving, had become so "common" that it had lost it's ability to "threaten" the fur industry. C.A.F.T., along with the National Activist Network in California, organized civil disobedience actions in 20 cities on this day. We announced the actions at a press conference in Atlanta wich was exciting in itself. Police swarmed the reporters as they left, hoping to gather information. C.A.F.T. recieved strange calls for the next week, from fur industry attornies to God knows who else, but we refused to divulge any information whatsoever.

The big day came and went better than we expected. In Los Angeles, 48 activists shut down the Neiman Marcus fur salon completely. Memphis activists stormed through Goldsmiths while Atlanta activists were drug away by police after handcuffing themselves to the doors at Saks Fifth Avenue. Actions occured all across the U.S. and Canada. We recieved coverage on CNN, NBC National News, ABC World News Tonight, etc. etc., etc. The day was capped off by a debate on a very popular Atlanta radio station between J.P. Goodwin of C.A.F.T. and Carol Wynne of the Fur Information Council of America. The debate lasted for 1 1/2 hours and C.A.F.T. carried the day, as would be expected.

Now we are asking activists to get in touch so we can get the message out to the Christmas shoppers. We are preparing for the first "National Fur Farm Occupation Day" (more details later). We also have some exciting plans for the International Mink Convention in Madison, Wisconsin this January.

Congradulations to the entire movement for several recent victories including the closing of 15 fur stores in the last month, the trapping ban wich was passed in Arizona on November 8th, the showing of genital electrocution on fur farms on ABC World News Tonight, the elimination of fur trimmed coats at the Limited, Campaign Express, and Fontannas, and for 1994 being a record year for A.L.F. actions in the U.S. and England.

Keep up the good work and always use hardball tactics. WE ARE WINNING! For the Animals: C.A.F.T.

P.O. BOX 40641
Memphis, TN 38174

ROD CORONADO ARRESTED



On September 28, 1994, longtime activist Rod Coronado was arrested in Tucson, Arizona, where he was living under an assumed name on the Yaqui tribal reservation. Charged with the February 28, 1992 ALF raid on Michigan State University fur farm researcher Richard Aulerich, Coronado was extradited to Michigan and will be held under charges that could put him in jail for 50 years. As the target of a nationwide manhunt by the FBI and the BATF and five federal grad juries, Rod's arrest will undoubtedly be held as a victory by those who slaughter animals and destroy the environment.

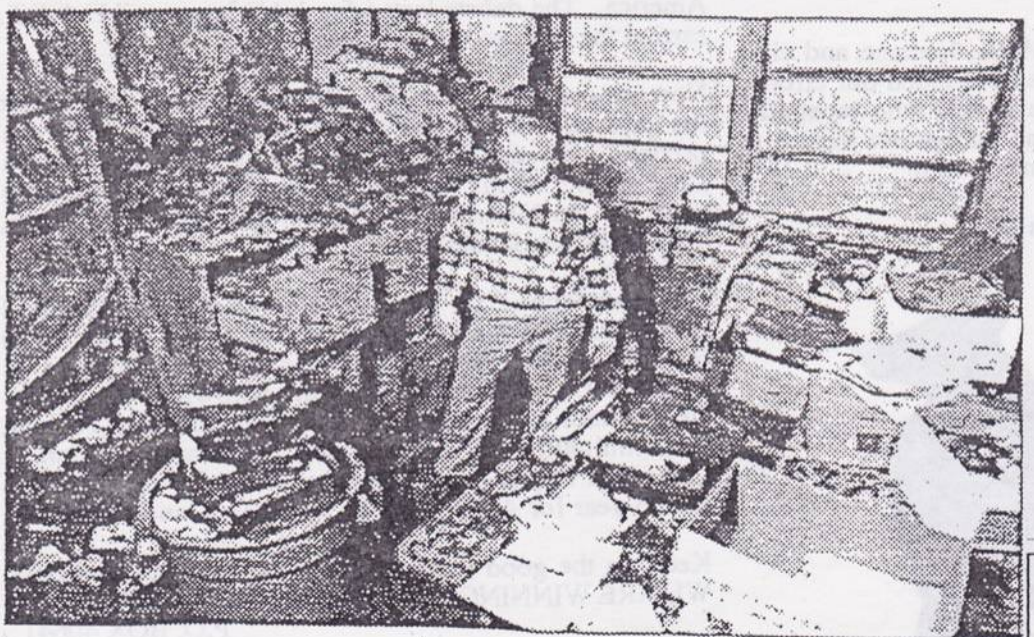
But how did the 28 year old activist come to be such an important figure in the movement? As many are aware, his long years of hard work and seemingly heroic deeds have been an inspiration to fight harder and longer for animals and the earth. Rod Coronado grew up in Morgan Hill, California, just south of San Jose. Even as a child, he loved animals, sculpting whales and "taking special care of the family pets," according to his father. A 1986 San Francisco Chronicle article described how he sent $150, "his entire savings account," to Greenpeace and other environmental groups. After graduating from high school, he joined the Sea Shepherds in Vancouver, Canada and was soon sailing on missions in defense of whales. In a spectacular attack in November 1986, Coronado and a friend went to Iceland undercover and on one night sunk two whaling ships, half the nation's fleet, and smashed the whale processing plant's equipment and computers to the tune of two million dollars damage. Iceland has never resumed whaling since that day.

After another Sea Shepherd anti-whaling campaign which got him banned from the Faroe Islands, Rod and two fellow activists formed an ALF cell to hit fur stores in Vancouver. Smashing windows and throwing paint all over the furs, the numerous attacks forced two stores out of business. Unfortunately, a passerby one night saw the ALF activists' van and they were arrested. Coronado jumped bail, and there is still a Canadian warrant for his arrest for this incident. His dedication at this time period can be shown in a March 1988 article in the Santa Clara Valley Metro, where he describes the animal liberation and environmental movements as the same and explains, "It's war," to a reporter's question about ALF actions. For the next two years, he continued to serve on Sea Shepherd campaigns, but decided to quit mainstream groups in 1990 for a new project.

In a front cover article for the EF! Journal in 1991, "Freedom for Fur Farm Prisoners," Rod described his campaign with his Coalition Against Fur Farms where he infiltrated the fur farm industry, giving the movement valuable information on that filthy trade. Posing as someone interested in learning the ways of the industry, he filmed a fur farmer breaking a mink's neck; this footage was used by CBS's 60 Minutes program and was seen by millions of viewers. After buying a fur farm ranch from a farmer, he and fellow activists spent long months rehabilitating the fur farm animals, and successfully re-introduced them into the wild. This action was an important step in the growing cooperation between the radical environmental and animal liberation movements.

In June 1991, the ALF began a devastating campaign against the fur farm industry, beginning with an arson attack on the Experimental Fur Farm at Oregon State University. The farm closed forever and records on fur farmers were taken. Five days later, a million dollar blaze hit a mink foods cooperative in Edmonds, Washington, a major player in the ability of fur farmers to increase their yields and genetically alter the wildlife they imprison and slaughter. Two months later, Washington State was raided by the ALF, with numerous animals liberated and a fur farm researcher's data destroyed in a pool of acid on his office floor. In December, a $119,000 blaze destroyed the mink processing plant of a fur farm in Yamhill, Oregon. Then in February, over $100,000 damage was done at Michigan State and 30 years of research was destroyed. Aulerich is a major ally of the fur trade, and at this point the FBI and BATF stepped up their efforts to defeat the ALF. In May, the BATF sent a helicopter with an armed squad to Coronado's cabin in southern Oregon, but Rod went underground and was not found for over two years despite the manhunt. He was targeted for the raids because he wrote the press release for the WSU attack; Rod says he was acting only as spokesperson for the ALF. Despite the grand juries impaneled to stop the ALF, Utah State's Animal Damage Control Program research lab was hit in October 1992, with coyotes liberated, the field station set on fire, the head researcher's office bombed, and proof of illegal dumping of radioactive animal corpses revealed to the public. The government blamed Rod for this raid as well.

When he was caught, Coronado was acting as a guide for troubled Native American youth on the reservation, taking them on trips to the wilderness. During his years underground, his many press releases and articles inspired many activists and were partly responsible for the new animal liberation/environmental activism around the country. Rod needs all the support he can get during his trial, so we encourage everyone out there to write him c/o the North American ALFSG with letters of support and donations for his trial. As far as we at the Militant Vegan are concerned, Rod Coronado is as great an American hero as Martin Luther King Jr. and he deserves as much support as possible.



Up in smoke. *Aulerich surveys the damage.*

reprinted from the Militant Vegan

Rod has been released on bail. If you'd like to send letters of support and/or donate to his legal fund you can write to: Rod Coronado Support committeeP.O. Box 1891, Tuscon, AZ, 85702

FUR FREE FRIDAY



No one will ever forget the excitement of this year's Fur Free Friday. Certainly not our dedicated activists and certainly not Goldsmith's! To start off, thank you to everyone who participated in our very successful demonstration. There were many new faces (always a good thing) and many loyal, familiar ones. Thanks to all of our out of town visitors, and all the folks that crawled out of the woodwork. Don't be strangers. As always , everyone is welcome to participate in our activities.Animal liberation is fun for the whole family.

Our morning started off pretty slowly, but everyone was determined to get, pardon the pun, the fur flying. Things were hunky-dory with everyone getting their shot at heading up chants. (Who votes we all invest in another megaphone?)Our public responses have been becoming increasingly more positive, but honks and waves weren't proving enough. Thank the Mother for the enthusiasm of the over 25 people who finally decided to visit Goldsmith's fur salon on our national day of awareness. The energy level was intense and sincere. It undoubtedly will keep many activists fires fueled for a long time.

The protesters walked right into our favorite Goldsmith's entrance, still sore from vegan handcuffs earlier this year. They entered minus signs and leaflets, but with100% heart, and kept things going with chants echoing throughout the halls of animal tested cosmetics and wool sports coats, and of course the pointless and offensive fur salon.Goldsmith's security with the help of our friends, the Memphis police department quite aggressively escorted our heroes out, making four arrests to assert their superiority over our democratic voice.

Let's not forget about the rest of our activists still outside, keeping up the chants and momentum. We kept ourselves busy watching the police helicopters and the growing number of squad cars joining our block party. Despite the captive warriors, our spirits remained high and very few people felt inclined to leave the very much alive demonstration. Mounted police followed activists as they picked up their posters and fearlessly crossed the street, and kept on protesting. Poor horses, we're fighting their liberation too.

All in all, Fur Free Friday proved to be a very rewarding and empowering experience. Sometimes it seems that our physical distance from the fur farms and leghold traps is excuse enough to not speak out everyday. There is no true victory until all the animals are free. Jack Lewis' dropping out has been very inspiring but we still have a lot of work ahead of us. This year we have proved to Goldsmith's, the public, and ourselves, that we are strong, and we are serious. The passion of 1994's Fur Free Friday was certainly memorable but by no means should it be a once in a lifetime event. Everyday of our lives should be in struggle for the animals. While we walk the streets disgusted, and saddened by animal abuse, the real victims are cowering and afraid, awaiting death. Their lives are just a count down to neck breaking or death by electrocution.

Thanks again to all those who showed up. It was a great kick off to another winter war against fur. We're getting closer and closer, but they aren't free yet. Until next time ... remember, there is no excuse, FUR HURTS. Don't be afraid to act out against fur. Let the cowards be the furriers, hiding behind their blood money. Keep up the fight! BOYCOTT GOLDSMITH'S!!!!!!

For the animals
and the earth...

Michelle Borok
Vegans for life

MEAT IS MURDER

PROTESTS

On Sunday, October 2nd Corky's restaurant, "voted "#1 murderers in Memphis" were disrupted from conducting "business as usual." Around 20 vegans gathered in front of Corky's on Poplar Avenue for World Farm Animals Day, the national event sponsored by the Farm Animal Reform Movement (F.A.R.M.)

Things went very well despite a small hassle with the police. We were told to leave, but we liked the idea of continuing our protest across the street better. Great news coverage and making the Sunday afternoon traffic aware of the opposition to the unnecessary slaughter of animals made the event a success. Thanks to everyone who helped out.

RENDEZVOUS PROTEST

On Monday, October 10th, Rendezvous Charles Vergo recieved a wake up call. Expecting a quiet celebration for their "award" given to them for being the "best national pork restaurant" over 40 activists showed up to protest the killing of animals. Offering a cruelty free vegetable based barbecue alternative, and playing the soundtrack to their dinner (an audio tape of screaming pigs during slaughter) we proceeded to disrupt their "celebration".

Amidst the echoing chants of "MEAT IS MURDER" horrid, terrifying screams from our stereo playing the cries of animal abusers victims, there was a powerful sense of unity amongst the activists.

After being refused the free fruits and vegetables offered earlier by the owner, we took the protest to the streets, only to be met by the police. Two activist who were grabbed out of the crowd were arrested but only recieved minor charges. A big VEGAN POWER to all who made it possible. -Jesse





MOTHER IS DYING

We never think about the enormous inmpact that the animal foods market has on our Earth. The Earth-which without we would not even exist. It is being depleted just so people can have meat.

The overuse of land caused by the production of animal products is eroding away the topsoil. We are currently losing over 5 billion tons of topsoil anually. 35 pounds of topsoil is lost in the production of 1 pound of feedlot steak. The histoic cause of demise of many great civilizations is topsoil depletion. It takes 200 to 1,000 years for nature to form 1 inch of topsoil.

Each year 125,000 square miles of rainforests are destroyed bringing the extinction of 1,000 plant and animal species. 25% of Central American rainforests are cleared to create patureland. The monetary value of 50 years' harvest from one hectare of naturally occuring rainforest is $6,330, the monetary value of 50 years' production of cattle ranching from one hectare of cleared and burned rainforest is $2,690.

The meat industry helps create global warming by releasing carbon dioxide and methane. 1 steak has the same effect as taking a 25 mile drive in a car. Since 1970, 14 billion tons of carbon dioxide has been released by rainforest burned for cattle pasture, 200 gallons of fossil fuels burned annually to produce the beef eaten by a U.S. family of 4. The waste from factory farms, feedlots, etc. buiid up in stock piles, Then the nitrogen is converted into ammonia and nitrates. It then leaks into the ground and surface water. The amount of excrement produced by U.S. livestock is 230,000 pounds per second.

As you can see, a hamburger costs more than we see or think. Your eating habits can not only change your health or save an animal, but can also save this world wich we all live upon. Go vegan now to help make this earth a safer and better environment for me, you, your pets, animals and your kids to live in. How csn we live if all of our resources are being depleted, rainforests burned, and our water is polluted?

xShawn Youngbloodx)
(xClear Pathx magazine)
4028 Speck Drive
Memphis, TN 38108

Come here little monkey, come within my reach
I'm the mighty vivisector, I like to here you screech
I'll starve you, and I'll electrocute you, with wires in your brain
I'll keep you isolated in darkness until you go insane!
You'll never see the light of day, you'll never see the sun
You'll exist inside this man made Hell, at my hands-no where to run
Your cage too small to stretch your limbs, too small to even move
Behind bars encrusted with your own filth, you'll die in solitude
I'll decide how long to let you "live", I'll decide how you will die
I'll SHOCK you, CUT you, MAIME your body
Your soul Vll CRUCIFY!
People think of me a "god", a savior of human lives
And as long as they keep funding me, I'll camoflage the lie
I'm no more than a KILLER! a blood-thirsty bastard of greed!
For money I'll shed a million innocents' blood
As many as I need

Poem by Jennifer Simpson

IF NOT YOU, WHO? IF NOT NOW, WHEN?

ANIMAL LIBERATION NOW!

CREATIVE BOYCOTTING or WHY I EAT AT BACKYARD BURGERS

by Cary Miller

As my car inches slowly, surely and sheepishly through the "fast food" lane of a local burger haven, I fervently hope that I will not be spotted by one of my animal rights buddies. I am anxious that they will think that, God forbid, I am ordering a Big Mac Heart Attack, a Wendy's Double with everything (hold the Triple By-pass), or horror of all horrors, a No-Range Monterey Chicken-Bacon-Cheese (how much fat can fit between two pieces of bread?) Sandwich.

You see, I am following my Theory of Selective Boycotting wich unfolds as follows:

1. All fast food flesh outlets will not go out of business tomorrow no matter how hard we protest.
2. In the meantime, it is important to stage guerilla tactics on their menu and force them to change it to serve the growing numbers of vegans and vegetarians.

In pursuing this short-term strategy, we will spare some animal lives, educate some food service managers, give the public a chance to taste some wholesome humane food, and have a positive influence on the system.

This is not to suggest that protests and demonstrations should not proceed on their very doorsteps, but simply that boycotting the burger (chicken, fish), but not the chain outlet is the first prong in a very vigorous two pronged attack.

William Raspberry, a columnist for the Washington Post, recently wrote a column exhorting blacks to take voting seriously because to make the system responsive, he said, you must participate. Southern blacks who pushed for the right to vote were not pushing to vote for the candidates on the ballot , but rather to get in a position to influence who appeared on the ballot. In his words, "It was like the sit-in demonstrators who got their heads beaten at segregated restaurants throughout the south--not because they were hungry for whatever was on the menu, but because they understood that only as patrons would they be in position to help determine the menu." You don't get served if you're not there.

Just as some of us do at Thanksgiving when we come to the family table and refuse the turkey and perhaps demand an alternative, we must "come to the table" of the fast food restaurant and demand a veggie burger. This task involves steeling yourself to the sights and smells of cooking animal flesh, the uncomprehending, astonished looks of fast-food employees when you ask "where's the veggie burger?", and the sight of so many people eating such unhealthy food who wonders why Aunt Mabel, Uncle Joe and Cousin Lucille all died premature deaths due to heart attack and stroke.

This job entails smiling at these meat-purveyors and complementing them when they have even one meat-free sandwich on the menu. It means speaking to their on-site managers, calling their corporate offices, talking to the person in charge of menu planning. Don't be shy. It involves giving them helpful suggestions to make their meatless products even more palatable to the public, even if in the process they come to resemble in taste and appearance, meat items. These substitutes, garden burgers, not-dogs, "whibs" - analogs - all have a place in switching huge segments of the population over to a greener diet. Most people have to make the change in a slow, ordered, appetizing fashion.

So, the next time you are tempted to drive by your corner flesh-food outlet in disgust, go inside and belly up to the counter and cast your vote with your dollars and your comments for a healthy, humane green menu. Have it your way!

WHAT YOU CAN DO

Like mentioned above, there are many things you can do to get cruelty free alternatives to meat on the menu of fast food restaurants. Voice your opinion and be heard!

BURGER KING

Burger King has been considering to offer a meat free burger to their menu. Call them toll free at 1-800-YES-1-800 and request them to carry a vegan burger. You may want to stress that the burger should be free of eggs and dairy because they're considering a Worthington product wich contains eggs. Call as often as you can!

SUBWAY

Subway restaurant in Colorado is trying out White Wave brand vegan turkey slices. Let them know you'd like to see them in Subways everywhere. You can contact your local Subway or call their national offices at 1-800-888-4848 ext 85.

ALTERNATIVES

Backyard Burger's has a vegetarian burger (It's not vegan). Taco Bell has a variety of vegan options: refried beans, hard taco and tostado shells (not the soft ones!) nacho chips and all the veggies are vegan. The white bread at Subway is vegan. French fries are vegan at most places (not Krystal's or Chik-fil*a*). Double check if your not sure.!

If you would like to receive more information about veganism or meet other vegans in the Memphis area you can write the following people

Mike
P.O. Box 770552
Memphis, TN 38177-0552
(I have animal rights, pro-life, A.L.F. & other videos I will copy for free. Just ask!)

Jesse
P.O. Box 770742
Memphis, TN 38177-0742

Memphis Hardline
P.O. Box 770074
Memphis, TN 38177

Luke
P.O. Box 770481
Memphis, TN 38177

ANIMAL RIGHTS HUMAN RIGHTS ONE STRUGGLE ONE FIGHT!

On saturday, December 10th, Vegans For Life held a silent vigil at an abortion clinic in Little Rock for the millions of children murdered every year by abortion.

About 20 pro-life vegans showed to give support to the idea that all sentient beings, regardless of age, sex, color, or species deserve a chance to live. We recieved many approving honks and waves of support.

Vegans For Life is a Memphis based group whose goal is to bridge the gap between the animal rights and pro-life movements. Quite often those involved in the animal rights community are assumed to follow the typical "PC" doctrine of pro-"choice". Vegans For Life has set out to clear up this myth and take a stand for all life.

-Jesse

If you'd like any information please write to Vegans For Life, P.O. Box 38441, Germantown, TN 38183-0441.

VEGANS FOR LIFE

MEMPHIS VEGAN NEWS

Memphis Vegan News
P.O. Box 770552
Memphis, TN 38177-0552

SEND TO:

ANIMAL LIBERATION