JAILED FOR THE ANIMALS!
The Saga of the LA3, and What It Teaches Us About Group Solidarity and Jail Support.
PAGE 4

INSIDE AN A.L.F. RAID
Convicted A.L.F. Activist, Darren Thurston, Tells All About The U of Alberta Liberation.
PAGE 18

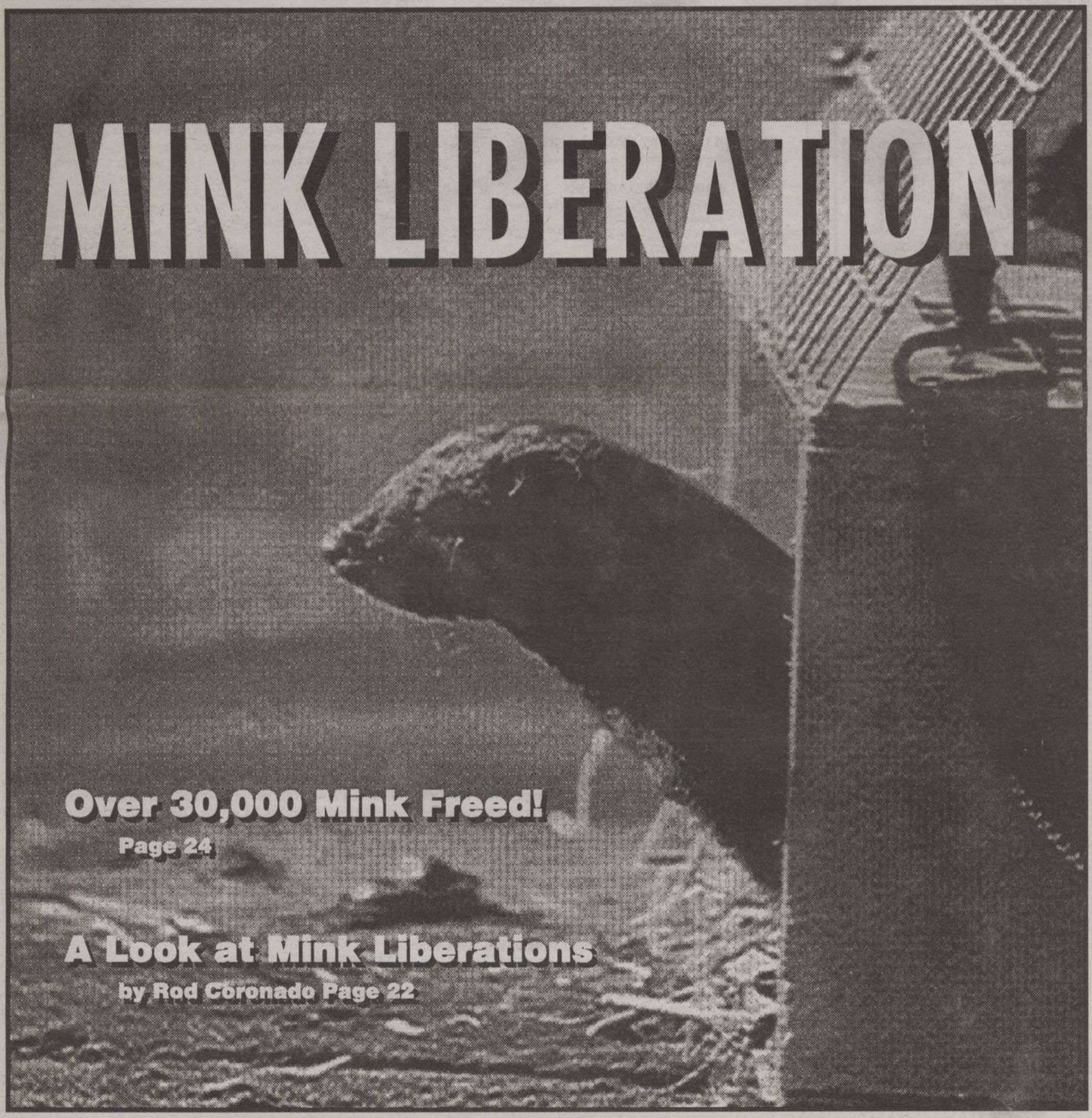
FIGHT BACK!
Government Harassment is Real, Here Are Strategies To Fight It.
PAGE 4

NO COMPROMISE

The Militant, Direct Action Magazine of Grassroots Animal Liberationists & Their Supporters

October 1996 Volume 1, Number 4

MINK LIBERATION



Over 30,000 Mink Freed!
Page 24

A Look at Mink Liberations
by Rod Coronado Page 22

NO COMPROMISE

No Compromise is dedicated to unifying the grassroots animal liberationists by providing a forum where activists can exchange information, share strategy, discuss important issues within the movement, network with each other in an open and respectful environment, and strengthen the grassroots. *No Compromise* is not intended to encourage illegal activity, although we are highly supportive of any non-violent activities that help reduce or prevent animal suffering. *No Compromise* is a cooperative effort between numerous grassroots organizations that is complied and published by the Animal Liberation League.

Regional Correspondents: Numerous kick-ass activists who have devoted their lives to animal & earth liberation.

Subscriptions: Subscriptions are $15 regular and $10 for students/ low-income people. Checks should be written out to the *Animal Liberation League* and sent to:

No Compromise
PO Box 240655
Apple Valley, MN 55124
Phone: (612) 953-4293
E-mail: wick0034@gold.tc.umn.edu

THANKS!!!

No Compromise would like to publicly thank our large donors who help us in our mission to expand and strengthen the grassroots, direct action movement for animals. Thank You!

Benefactor
Cathy Rice

Sponsor
Sue Alderman, The Fund for Animals, Jean Hollowell, Hillary Morris, April RayNell, Walter & Carol Schmidt, Barbara Stasz, Patricia Pond, Dr. Eric Wiesman

Sustainer
Anne Crimaudo of Animal Rights America, Durk Gescheidle, Philip Goff, Gloria Shell, Gordon Stamler, Arvella Greenway, Craig McCurdy, Tom Regan of the Culture and Animals Foundation, Kathy Winkler.

No Compromise would also like to thank the dozens of energetic activists who helped distribute *No Compromise* at the March on Washington, and the contributors to this issue: Matt Ball, Larry Carter-Long, Rod Coronado, Anne Crimaudo, Joel Capolongo, Shawn Colpak, Brad Dingman, Jennifer Duffy, Angel Gambino, Victoria Cameron, Cathy Goeggel, Camille Hankins, Sarah Herritage, Steve Hindi, Andy Hopp, Rob Jacobs, Chelsea Lincoln, Denise Lynn, Angi Metler, Mark McAlpine, Matt Mackall, Larry Nocella, Jack Norris, Jakob Nyberg, Simon Oswitch, James Pearson, Nicole Rogers, Craig Rosebraugh, Flavia Sayner, Paul Shapiro, Pilfered Publishing, Cathy Rice, Rae Sikora, Nate Snaza, Seth Stevens, Aaron Stone, Greg Thomisee, Darren Thurston, Josh Trenter, Ami Voeltz, Zoe Weil, Adam Weissman,Frank Winbigler, all of the grassroots groups who were featured in "In the Trenches," the wonderful people who have subscribed to *No Compromise*, the Animal Liberation Front for providing us with actions to report, and dedicated activists everywhere who continue to struggle for the liberation of the earth and all her species. Thank You!

CONTENTS

3-5 NEWS BRIEFS

6-7 THE SAGA OF THE LA3
A fifteen day hunger-strike by Los Angeles anti-fur activists leads to a massive world-wide outcry! Read about their experience and what they've learned about jail support and group solidarity.

8 SECURITY
The government and industry are harassing the animal rights movement. Learn how to protect yourself.

9 OBSTRUCTIONISTS
The other-side is not the only people we need to worry about. Learn how to identify and handle obstructionists within the movement, including an article exposing Merritt Clifton.

10-12 COMMENTARY
Total non-cooperation with police, should animals be "put-down"? violence is not the answer, and why humans must stop breeding!

14-15 A.L.F. DIARY OF ACTIONS!
Reports of liberation and sabotage!

16 PRISONERS ADDRESSES
Write the prisoners, and give them your support!

17 A.L.F. ACTIVISTS BUSTED!
Holland A.L.F. activists convicted of arson.

18-21 AN A.L.F. ACTIVIST SPEAKS!
An interview with convicted A.L.F. activist, Darren Thurston, about his involvement in the University of Alberta liberation.

22-23 CORONADO'S COLUMN!
Rod Coronado takes a look at the mink liberations, and the NC Staff breaks the silence and makes a statement on the rumors being circulated about Rod.

24-25 FUR WARS
Over 35,000 mink liberated! The A.L.F attack a furrier's home, CAFT takes action for abused activists, and CAFT's HELL MONTH campaign.

26-29 IN THE TRENCHES
Your guide to the militant grassroots animal liberationist organizations around the country.

30-31 GOING VEGAN: HOW TO DO IT
Our movement is shifting from a welfarist vegetarian movement to a vegan liberationist movement. If you have not turned vegan yet, now is the time to do it. This two page guide will help make your vegan transition fun, healthy and easy.

Misc. Intro. from *NC*

Welcome to the long-awaited issue four! We apologize for the delays in getting this to you. *No Compromise* has been undergoing some organizational and structural overhauls to streamline productions and ensure that we serve YOU, the grassroots animal liberationists, better. These recent changes delayed us putting this issue out, but rest assured, if you subscribed, you will get your six issues regardless of how long it takes for us to get them out.

IMPRISONED ACTIVISTS

In the last few months, three animal activists have been sentenced to jail for 3 months because of a simple trespass conviction in Los Angeles, and three other peaceful protesters in Syracuse, New York were sentenced to up to a year in jail! Nationwide outrage at these barbaric sentences, couples with hunger-strikes by the jailed activists, resulted in their early release! (see the stories on pages 5-7)

With the onset of activists refusing probation, instead choosing to go to jail and hunger strike for the animals, we are witnessing the progression of our movement to a new stage: a stage of selflessness. A stage where the animals' concerns are placed above our own. When past movements entered this stage, they experienced the greatest progress. For just as physical stress is needed for muscle growth in our bodies, personal sacrifice is needed for the moral growth of our society.

The fact that we are entering this stage makes it truly an exciting time to be involved in the struggle for animal liberation!

PREPARING FOR GOVERNMENT BACKLASH

Of course, with our success comes the backlash! The government is the biggest animal abuser of them all, and you bet it will use its laws, its agencies, and its police power to crush us. We weren't prepared for this government crack-down in the early 90's when the FBI convened grand juries against activists to intimidate, jail, and scare them into submission. This time around we will be prepared.

In this issue, *No Compromise* starts to discuss the best weapons in our arsenal against government harassment: TOTAL NON-COOPERATION and EXPOSING THEIR CIVIL RIGHTS ABUSES. The government likes us to think we are powerless. But we have fought them and won. Last year, Syracuse activists were ordered to appear at grand jury hearings and give fingerprints. Two courageous activists refused to attend, exposed the government's abuse of the legal system in the media, and chose jail rather than cooperate with the government. The result? The government backed down. The activists did not testify, give their prints, or go to jail.

We can beat the government and we will if we are prepared. This issue starts to give you the knowledge to fight them (see page 8) and *No Compromise* plans a more in-depth coverage on fighting government harassment in the next issue.

WHERE DID THE NAMES GO?

You might have also noticed that our staff box is nameless. When we started *No Compromise*, we felt a need to put our names on the publication to teach by example that it is perfectly alright to vocally support the A.L.F.. Our movement must not be afraid to support the A.L.F.. Now, most grassroots groups do vocally support the A.L.F. and are not afraid.

So now we have removed the names of those involved with the publication, because animal liberation is not about us, it is about the animals, and taking effective action to release them from their prisons now. Having our names on this paper has nothing to do with that.

MONEY!

Finally, we want to ask all of you who have not yet subscribed, to do so now. Not only will this ensure you get every uplifting and informational issue of *No Compromise* delivered to your door, but it will also help ensure *NC's* financial survival.

No Compromise is run entirely by volunteers, however, it takes money to print and distribute the magazine. Please subscribe today, or if you have already subscribed, donate.

Checks should be written out to the Animal Liberation League and sent to: *No Compromise*, PO Box 240655, Apple Valley, MN 55124.

THANK YOU!

Thanks, in advance, for all of your support and assistance, past, present, and future! One of the joys of working on No Compromise is knowing that it is truly a collective effort made possible through the involvement of hundreds of people!

Well, enjoy issue #4!

Vivisection Office Takeover!

LOS ANGELES, CA -- As part of a national day of grassroots coordinated action against animal "research" facilities, ARDAC held a major demonstration against Michael Chase's gruesome experiments. Chase imbeds electrodes deeply within the brains of cats, super glues their heads into rigid steel frames to prevent them from moving, and drills access holes in the tops of their skulls so that he can electrically stimulate their brain. Chase's experiments cost the taxpayer almost $1 million a year, and he has been experimenting on cats for over 20 years!

On October 7th, Thirty to forty protesters stormed his office in the Neuro Psychic Institute on the UCLA campus. Activists occupied his office and the hallway chanting "Hey Michael, what do you say - how many cats did you kill today?" and "Stop the torture, stop the death, free the animals A.L.F.!" among others.

During the takeover, some of Chase's office neighbors harassed, pushed and sexually and otherwise assaulted several activists. Then when the police arrived in force (equipped with riot gear), Chase's fellow employees had the nerve to accuse the non-violent protesters of stealing property from the adjoining offices.

The allegations resulted in many activists being detained, questioned searched and photographed and their video tapes of the action being seized. The police are considering all involved as "burglary suspects".

About 2 hours later, 6 juveniles, who refused to leave as long as Chase's experiments continue, were arrested and dragged out of the building. One woman was actually taken out on a stretcher and transported to the emergency room via ambulance after suffering injuries at the hands of the UCLA police department.

The six arrested protesters were all released by about 10:30pm that evening and charged with trespassing. Police are still considering charging some of the adults present with contributing to the delinquency of minors. (Note: they attempted to coerce the arrested minors into collaborating with them on this matter with the promise that no charges would be filed against them, but to no avail.)

The protest was covered by television, radio and at least one newspaper. All of the activists are well (save a few bruises) and feel stronger and more empowered than ever!!!

US Surgical Protested; Sixteen Arrested

Bay Area Animal Right Direct Action Coalition and In Defense of Animals joined forces on October 7th to protest the cruelty-for-profit US Surgical Corporation. Thirty to thirty-five protesters chanted and held signs decrying the killing of dogs by USSC, and were soon surrounded by more than 35 police officers who asked them to stay on a traffic island.

Half the protesters did and the other half repeatedly stormed the Convention Center doors, battling with police and security for more than an hour. Sixteen activists were arrested, some of whom were merely photographing the incident.

All activists were placed in paddy wagons in the blazing sun in 98 degree heat with no ventilation for about an hour, resulting in temperatures inside exceeding 130 degrees. One activist was rushed to the emergency room and hospitalized for dehydration and complications resulting from heat prostration. Another activist received first degree burns to her legs from the floor of the van.

Most activists were held in the San Francisco Sheriff's Department jail for more than 12 hours, for unknown reasons, and later released without bail.

Abusers Agree: A.L.F. Work!

Susan Paris, President of Americans for Medical Profit$ -- I mean Progress -- (AMP), a vivisection front group posing as concerned citizens, admits the A.L.F. have had a significant impact against animal abusers, especially vivisectors.

In a letter on AMP's website (http://www.ampef.org/news), she writes, "Because of terrorist acts by animal activists like Coronado, crucial research projects have been delayed or scrapped. More and more of the scarce dollars available to research are spent on heightened security and higher insurance rates. Promising young scientists are rejecting careers in research. Top-notch researchers are getting out of the field."

If we ignore the Susan's "terrorist" rhetoric, we really couldn't have written a more glowing critique of the A.L.F.'s effectiveness against animal abuse. Everything the A.L.F. claim to do -- such as raise insurance costs, economically sabotage the abusers, stop experiments, and discourage people from becoming animal abusers -- Susan Paris readily admits they do.

However, we have known for a long time that the A.L.F. are effective. Back in July of 1989, the A.L.F. raided John Orem's vivisection labs at Texas Tech. Cats were liberated and equipment destroyed. A study concluded that the total costs to the school as a result of the raid were over $1 million.

An official with the South Central Sector of the USDA's Animal Plant Health Inspection Service, Regulatory Enforcement and Animal Care said this about the raid: "Research was essentially stopped for one year. Extensive time was lost repairing or replacing equipment and [Dr. Orem] was not permitted to house animals in his facility until added security was installed. Responding to the continuing propaganda campaign and investigations together with the loss of morale, energy, and productivity caused by this 'incident' interfered with the resumption of research and cannot be assigned a monetary value."

One of the documents that speaks most highly on the effectiveness of the A.L.F. is the August 1993 Report to Congress on Animal Enterprise Terrorism. In the section describing the A.L.F.'s impact on the abuse industries it states, "Where the direct, collateral, and indirect effects of incidents such as this are factored together, A.L.F.'s professed tactic of 'economic sabotage' can be considered successful, and its objectives, at least towards the victimized facility, fulfilled."

Of course, most activists know the effectiveness of economic sabotage and live liberations in helping destroy the animal abusing machine. But we have amongst us many detractors -- Merritt Clifton for example -- who will gladly exploit people's ignorance of the facts to argue that the A.L.F. are ineffective. Below are excerpts from the Report to Congress to combat these detractor's distortions, and again state the obvious: namely that the A.L.F. work!

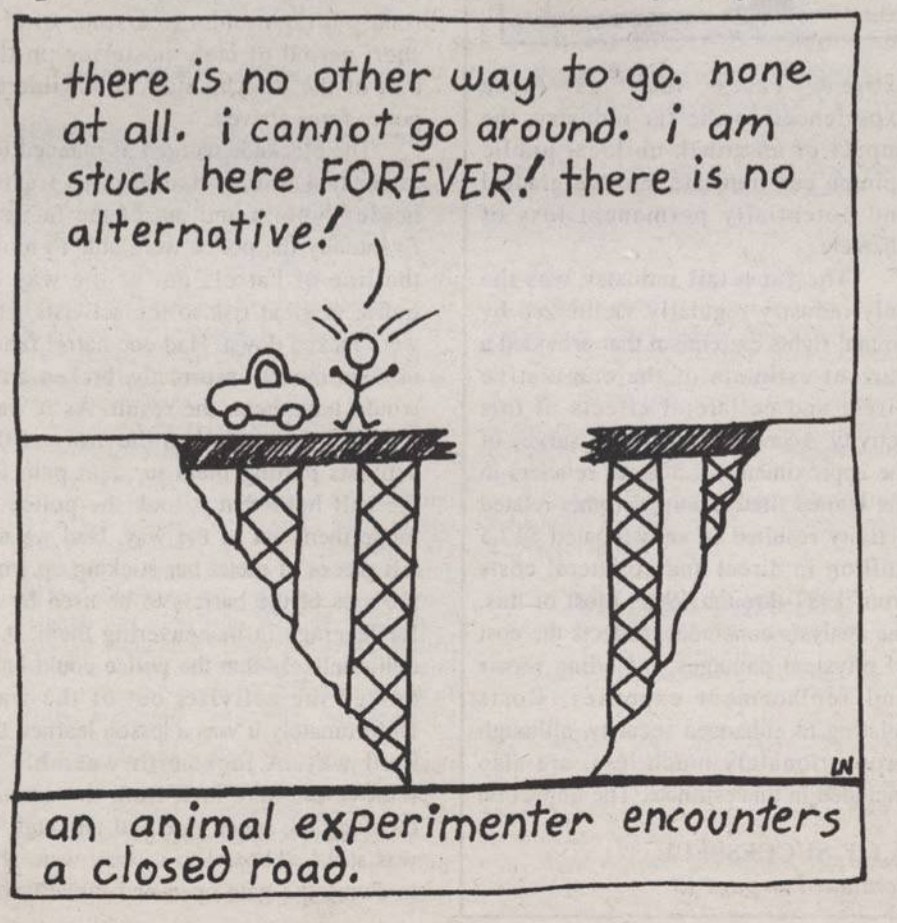
"The consensus among practitioners in industry, government, academia, and law enforcement alike is that animal rights extremism in the United States has significantly affected, both directly and indirectly, the enterprises and industries that it has victimized...

"By all accounts, the effects of animal rights extremism begin with but go well beyond the apparent costs of physical destruction or stolen property.

"...the unanimity of concern among all targeted enterprises as well the documentary information that was obtained suggests that the compounded impact of animal rights extremism has imposed a significant cost upon both

A.L.F. WORKS continued on page 4

spazaholic ©1996 by Larry Nocella



Fourteen Arrests At Fur Protest

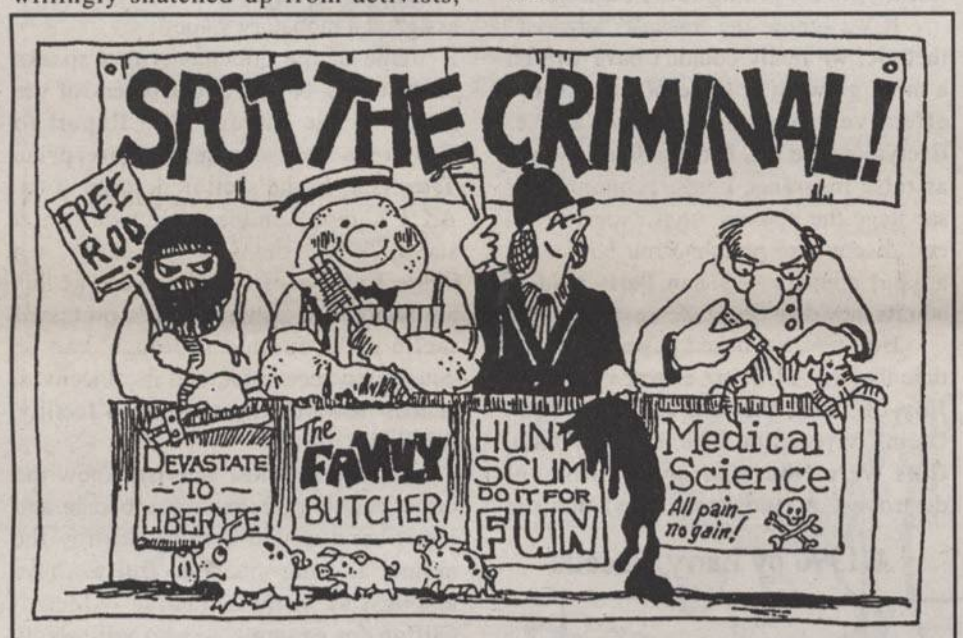
HARTFORD, CONN. -- 14 activists from Animal Defense League - Connecticut were arrested September 15 outside Macy's Department Store in the Waterford Crystal Mall. Activists entered the mall and proceeded to Macy's mall entrance, where 3 of them clad in bloody fur coats writhed on the floor while fake "blood" was pored over them. Simultaneously, a large banner was hung from the second floor above their heads, while other activists chanted at the top of their lungs to the lead of a bullhorn. Numerous anti-fur signs were present as well.

At least 200 people gathered to watch, many of whom expressed verbal support. Hundreds of leaflets were willingly snatched up from activists, explaining the role of Macy's in the cruel fur trade.

Security went nuts, yelling and screaming and adding to the ambiance, but powerless to intervene until the police showed up in large numbers. By this time, the "animals" had laid a bloody trail up to Macy's entrance, where they were stopped by police. These "junior Nazis" were merciless in their treatment, kneeing, punching and roughing up several activists, including 2 women 15 years old and each weighing less than 100 pounds.

All activists were detained for several hours, threatened with many charges, but then released on their promise to appear in court. Not one dime was paid in bail, and police were educated to our cause, some being quite sympathetic. Court date was set for September 27 for everyone, where all will plead not guilty and ask for jury trials. Three complaints are being filed for police brutality.

No Bail, Do Jail! Free the Animals! Now!



A.L.F. Works

continued from page 3

individual enterprises and the wider commercial industries and research communities of which they are a part.

"... most targeted industries agree that security costs for animal enterprises have risen anywhere from 10% to 20% as a result of extremist animal rights activity. These costs most often include the addition or enhancement of both operational (e.g., security personnel) and structural systems.

"For all targeted industries, another collateral cost associated with animal rights extremism is a higher overall risk of being victimized, which often translates into higher insurance premiums.

"For commercial enterprises such as food or fur retailers, collateral costs also include the temporary loss of business due to the repair or replacement of the facility. In more extreme cases such as those experienced in the fur industry, the impact of an attack on local public opinion can translate into the gradual and potentially permanent loss of clientele.

"The fur retail industry was the only industry regularly victimized by animal rights extremism that provided a current estimate of the cumulative direct and collateral effects of this activity. According to a recent survey of the approximately 1,500 fur retailers in the United States, animal rights related activity resulted in an estimated $17.5 million in direct and collateral costs from 1987 through 1992. Most of this, the analysis concludes, reflects the cost of physical damages, including repair and replacement expenses. Costs relating to enhanced security, although proportionately much less, are also included in this estimate. The impact on

A.L.F. SUCCESSFUL

continued on page 13

SLAUGHTER HOUSE BLOCKADED!

PETALUMA, CA -- Unsure of what lay ahead, 15 activists from throughout the San Francisco Bay Area drove through the early morning darkness towards a common enemy - Rancho slaughterhouse. Armed with 3 concrete barrels weighing over 800 lbs. each, lockboxes, and bike locks the objective was a simple one, to prevent any vehicles from entering or leaving the facility.

It was 5 am when we backed our pickup truck into the main entrance and began the arduous task of setting the barrels in place. While two activists locked both of their arms inside the barrels, completely blocking the road entering the slaughterhouse, another activist pulled a gate shut and locked his neck and arms around it and its connecting post. After covering Rancho in animal rights slogans written in chalk, we all sat down and waited for the trucks to arrive.

After having been in place for approximately an hour, a truck from inside moved towards the gate attempting to leave. At the other gate several men just getting off of "work" and heading towards their other jobs were quite irritated to find that they had no way of leaving. At approximately the same time a truck carrying "spent" dairy cows, veal calves, and others to their death approached the activists. The driver did not stop the truck and continued towards the activists. Several others jumped in front of the truck finally bringing him to a stop. After a short period of male posturing on the part of the Rancho staff, a bewildered police force arrived.

The blockade worked as planned for at least 4 hours, backing up traffic headed both in and out of the facility. Eventually the police were able to move the line of barrels out of the way of traffic at great risk to the activists who were locked down. Had one barrel fallen or been moved incorrectly, broken arms would have been the result. As it was, the procedure tweaked the arms of the activists putting them in great pain for the half hour that it took the police to move them out of the way. Had we not left pieces of metal bar sticking up from the tops of the barrels to be used by us for leverage in maneuvering them, it is quite unlikely that the police could have moved the activists out of the way. Unfortunately it was a lesson learned the hard way. A locksmith was able to remove the bike lock from the activist blocking the other gate and although he was still lockboxed to it, they were able to swing the gate open and move traffic through.

As a last ditch effort one activist jumped and attempted to lock down to a truck as it started to move through the gate, but was nabbed by police and arrested in the process. We watched with sadness and frustration as cows and calves were shocked, poked, and herded into corrals to be murdered. After an hour more of protest the activists unlocked themselves and were taken away to jail. Although we were quite successful in disrupting business for the day, it was frustrating to know that animals were still slaughtered. We will not be stopped however in returning and continuing to fight until we achieve the ultimate goal of total animal liberation.

March Turns Militant

WASHINGTON, DC -- The March for Animals was a great opportunity for militant animal liberationists -- and they seized it. Grassroots speakers were invited to speak about civil disobedience and the Animal Liberation Front at the Conference which was held at the U.S. Air Arena and was attended by approximately 1,000 people.

Militants also organized ad-hoc side conferences where issues the issues of civil disobedience, court strategy, the A.L.F. and government harassment were discussed.

At the ellipse, about half a dozen grassroots activists lead the crowd in chants of "Animal Liberation"after voicing their support for the A.L.F., direct action, and the grassroots.

Numerous activists helped distribute nearly 4,000 copies of *No Compromise*, and hundreds of copies of The Final Nail, and an A.L.F. Primer. These *No Compromise* distributors were so energetic that it lead to a writer from the Washington Post noticing them and talking about *No Compromise* in his article.

No Compromise would like to thank those activists who spent their time and energy helping to distribute copies of *NC* and raise funds.

During the actual march, the militants gathered behind a banner reading "Direct Action Saves Lives" with a picture of a masked activist.

Because of the march, many activists were exposed to the militant grassroots and our philosophies. It also allowed us to network with each other, promote the A.L.F., meet new activists who share our out-look, educate people on how to organize civil disobedience, and discuss upcoming days of action.

All in all, the militants effectively utilized the march as a great opportunity to strengthen the grassroots, make connections, and build solidarity.

Syracuse Activists Harassed and Jailed

On August 1st, Animal Defense League activists David Agranoff, 22; Nicole Rogers, 20; and Chris Tarbell, 20; were sentenced to 6 months, 2 months, and one month in jail respectively. They were also fined between $1,000 to $500 each. Dozens of supporters, twelve police officers, five TV stations, 2 newspapers, and 2 radio station reporters packed the courtroom as Judge Brian DeJoseph handed down the heinous sentence. The activists' charges resulted from their participation in a peaceful act of civil disobedience at a local fur salon on February 17th.

On that day, dozens of members of the Animal Defense League (ADL) protested Georgio's Furs in downtown Syracuse. Four of the activists pulled down the security gate on the front of the store, and locked on to the inside of it, effectively preventing customers from entering.

Outside of the stores activists were conducting a peaceful protest chanting, holding signs, and distributing leaflets. One of these protesters was David Agranoff. Officer Walter Paczinski walked through the throng of protesters straight up to David, grabbed him and said, "Your under arrest!"

PACZINSKI'S VENDETTA

Officer Paczinski has a vendetta against David Agranoff. Last August, David and his friend Tom Ranger were simply leafleting Georgio's Furs. Because this is on Officer Paczinski's "foot beat" he happened by.

Paczinski told the activists, "You have to get out of here."

They responded, "No we don't. We have a first amendment right to free speech and peaceful protest."

Paczinski responded, "You don't have any rights" and forced them to leave the area.

David and Tom did the only reasonable thing and filed a complaint against the officer for violating their civil liberties. During that February 17th protest, Officer Paczinski wanted his revenge!

DAVE'S ARREST

When Paczinski told David he was under arrest, David again asserted his first amendment rights. Paczinski yelled to David, "I'm not here to listen to you! I'm the cop and you'll do what I say!" He then motioned to other officers to help him drag David away. Three other cops jumped on David. David was trying to walk with them, but found it difficult when three officers -- Paczinski, Kellogg, and Nappy had his hands pulled tight behind his back and were pushing and pulling him. The officers, not content with David's behavior, held a can of mace right into his face. In fear, David rapidly pulled his head back and closed his eyes. His sudden jerking action caused one of the cops to fall down and strain a muscle. David was subsequently charged with "unlawful assembly" and "resisting arrest."

The four activists who were locked onto the security gates were also arrested and charged with "unlawful assembly" and "criminal trespass in the 3rd degree."

TO JAIL

Of the four activists who locked on, two were juveniles. The other two, Nicole Rogers and Chris Tarbell were taken to jail, along with Dave Agranoff. Bail was set at $1,000 for all three of them. They refused to pay bail and went on hunger strike. On the third day, they went before an arraignment judge who lowered Nicole and Chris' bail to $500, while against all reason, raised Dave's bail to $5000!!!

Nicole and Chris were released on their own recognizance on the fourth day. Dave's attorney paid $500 for him to be released.

JUNK JURORS!

The three activists trial was a total farce. Jurors are supposed to represent an unbiased panel of peers. On their jury were two hunters, the alternate was a former furrier, and another juror was a long-time friend of officer Paczinski whose husband and son were both New York police officers. Anther juror stressed how her brother was a hunter and she had absolutely no problems with that. Another juror stared into space, at the ceiling, looked at his watch, or sat in a daze during the entire trial.

During the week-long trial evidence was introduced proving that no one ever told the activists to leave, meaning trespass was not committed. People took the stand and explained previous altercations between Officer Paczinski and David. They talked about the history of police harassment of activists in Syracuse (which includes the police arresting activists who went to the public safety building to file a complaint against the police. They were arrested for Trespassing in the Public Safety Building -- A building open to the PUBLIC!!). Videos, leaflets, and Pictures of the incident were also introduced into evidence.

Officer Paczinski also perjured himself on the stand when he said that he had never has problems with David before arresting him. The Defense lawyer introduced Officer Paczinski's police report which stated he had arrested Dave because he had "problems with him in the past." When asked, Paczinski could not even tell the court the exact offense he arrested David for.

Jury Deliberation began at 5pm on a Friday afternoon, it ended 45 minutes later. The jury never asked to see the evidence, never asked for clarification on the law, never asked to see the transcripts of the trial or anything! In a hurry to get home and enjoy their Friday night, they simply found the activists guilty and were done with it.

SENTENCING AND BACK TO JAIL

Judge Brian DeJoseph then turned to the compassionate activists and said, "You are a Disgrace!" Never mind the fact that he sees rapists, murderers, and child molesters in his courts; these courageous comrades who fight for innocent animals were filth in his eyes! If anyone is a disgrace -- the judge is!!!

At sentencing David Agranoff was given 6 months in jail and a $1,000 fine. Nicole Rogers was given 2 months in jail and a $500 fine. Chris Tarbell was given one month in jail and a $500 fine.

After sentencing, dozens of supporters went and picketed the jail house where the three activists started their sentence and hunger strike. David was granted a stay of execution pending the outcome of the appeal and released on the first day. Prison authorities released Nicole and Chris on the fifth day of their hunger strike, and after numerous protests by local activists on their behalf, including a civil disobedience action at Georgio's Furs -- the original site of the arrest. Like Dave, they received a stay of execution pending appeal.

The Animal Defense League is desperately trying to raise the $6,000 needed to pay for the activists' appeals. *Help these activists fight their local police harassment and outrageous convictions by sending as generous a donation as you can to:*

Animal Defense League
PO Box 6845
Syracuse, NY 13206

Earth First!

Subscribe to the Journal!

The ***Earth First! Journal*** contains the news of front-line environmental direct action from around the world. The ***Earth First! Journal*** critiques the environmental movement; explores deep ecology; reviews books, music and videos; discusses eco-sabotage; and even has a rowdy letters column. Subscriptions are $25/year for 8 issues, 40 pages each. Send for a **free sample**.

earthfirst@igc.apc.org · http://www.envirolink.org/orgs/ef

Fill out, clip and send to:
Earth First! Journal Subscriptions
PO Box 1415
Eugene, OR 97440 USA

[ ] $500 Lifetime subscriber [ ] $25 Regular Subscription
[ ] $15-20 Low Income Rate [ ] $45 International, Air Mail
[ ] $_____Donation [ ] $35 International, Surface Mail
(*no foreign checks, please!*)

Name_____

Address_____

City_____State_____Zip_____ Country_____

The LA 3! From Jury and Jail to Justice!

By Casey Brooks, one of the LA

THE INITIAL ARREST

On December 17th, 1995, the Animal Rights Direct Action Coalition (ARDAC) participated in a national day of protest against Federated Department stores. Our target was Bullock's in the Beverly Center shopping mall in Los Angeles. This protest brought out members from many area animal rights groups, including ARDAC, Orange County People for Animals (OCPA), Education and Action for Animals (EAA) and Animal Emancipation (AE).

On that Sunday morning, a group of us were willing to risk arrest to fight animal abuser. While a protest was held outside the shopping mall, a group of activists entered the Beverly Center. Some went into Bullock's, and locked themselves with Kryptonite bike locks to railings near the escalators. Facts about the torture of the fur industry were read to any shoppers near-by. Other activists formed a human chain across the entrance to Bullock's, locking onto display signs, and to each other with heavy metal lock-boxes. Chanting, "Fur is dead!", "Boycott Bullock's!", and "Bullock's tortures animals!"

The police were ready for us, and Beverly Center and Bullock's security were waiting, although they let us lock down before taking any steps towards us. Soon we were surrounded, and the police began arresting us. 17 activists were arrested that day in the Beverly Center, including 2 people who were merely video taping the protest. We were loaded onto a bus and taken away, still chanting through the windows.

FELONY CHARGES!

The men were taken to Parker Center, and the women to Van Nuys to be booked. We were all feeling positive about the action until we were told that we were being charged with not only trespassing, but conspiracy and felony burglary! As we tried to understand what was happening we were strip searched, booked, and settled into a cell with bail set at $15,000 each! We all made phone calls to our support people, lawyers, jobs and family members. We called the bail commissioner to try and get out bail reduced so we could be released on our own recognizance (OR). It looked like we would be held until our arraignment.

Over the next 3 days our charges were dropped to misdemeanors, and our bail dropped to $5,000 each. We did interviews with the LA Times. We talked about the action, and wondered, over and over, how this had happened! Despite the unpleasant circumstances, it sure made a hell of a story!

On Tuesday evening we went before a judge and were all released OR. Finally it was over, and we could go home. We were all relieved, and worn out from our 3 day hunger strike. Of course it wasn't really over!

THE TRIAL

Charges eventually were dropped against 7 activists, including the 2 video takers. As we continued to make court appearances, 5 people took deals. That left 5 people to go to trial, with 2 court appointed attorneys, 2 activists represented by Larry Weiss, and one going pro per (meaning he represented himself).

The trial began on June 10th. We wanted to use the necessity defense which argues our illegal actions were necessary to prevent a greater evil. In our case, we needed to disrupt Bullock's to prevent their murdering animals and damaging the environment. But the judge did not allow us to use the necessity defense. The trial lasted about 4 days. The jury deliberated for about 3 hours, and returned a verdict of guilty on the charge of trespass for all 5 of us.

On June 26th the 2 men in the trial were sentenced to 3 years probation, 240 hours of community service, a stay away from the Beverly Center and $30.34 restitution to Bullock's, which they accepted. On July 11th the 3 women were sentenced. We refused to accept probation, and were therefore sent to Sybil Brand (county jail) for 90 days. We were taken to jail that day.



OFF TO JAIL

We spent the next 15 days in jail, on a hunger strike, while support from all over the world strengthened our resolve. Protests at the jail were held in the company of riot police, mounted police, and professional video crews. In jail, we were questioned about our knowledge of the protest plans of our supporters. We told them nothing. The whole jail went into lock-down while the supporters were outside. A protest at the Beverly Center resulted in 3 more arrests. Nationwide Federated protests were carried out. Knowing how much support we had, and hearing about all the energy generated by our jailing inspired all 3 of us, and helped us to keep our spirits up.

LOCK-DOWN

When we first arrived, after being kept up all night for processing, we were put in 3 separate "dorms", with about 200 women in each. After hearing about our hunger strike, however, we were interviewed by a deputy and nurse, and told we were going to be housed in a separate area so they could monitor us medically. What we did not know was that this "special area" was a lock-down area.

We were told by other inmates that this was where the trouble makers were sent, for fighting too much, or not being able to get along with other inmates, or talking back to the guards. We were assured many times by the jail staff that we were in "administrative segregation", and that we were NOT being punished. Apparently not being punished included being kept in a 5' by 6' cell for at least 23 hours a day, not being able to use the phones or showers until we were let out. It also included being kept in a very cold environment, and having large [industry size] fans turned on at night when inmates were too loud, which blew very cold air on us, and made enough noise to make sleeping impossible.

Other features of our new home included not being allowed cleaners or disinfectant to clean our sinks and toilets, and roaches and mice roaming freely through our cells, and on our beds at night. One inmate was taken to the infirmary while we were there to be treated for a bite from a mouse. At least 2 other inmates on our cell block were on high doses of antibiotics for highly contagious staph infections. Although we weren't being punished, we were handcuffed whenever we had visitors, a privilege that not all inmates were allowed. Inmates were treated with a total lack of respect by most of the jail staff. We were also denied the juice 3 times a day that we were promised by the infirmary. Other inmates on the cell block informed us that their linens and clothing had not been exchanged for clean ones in 3 weeks.

RESISTANCE & VICTORY!

After a series of complaints made by us, our supporters, and our lawyers, clean linens and clothing were provided, although along with that we got our cells searched and emptied of such "contraband" as extra blankets and personal items purchased at the commissary. The problem with the fan being turned on was looked into, and we were informed that all inmates on our block were supposed to be allowed 2 hours a day out of our cells. Despite being in "lock-down" 23 hours a day, having very little access to phones, fasting for 15 days, and being kept in a filthy jail, we remained strong. We made some waves about the conditions in the jail, and sent a clear message to the judge and Bullock's (now Macy's) that we would not be intimidated. There is no doubt in my mind that we did the right thing.

The jail received hundreds of phone calls about us, as did the Judge Schwartz. The judge was asked to release us OR at sentencing, pending our appeal. He refused. He was asked to release us OR at our bail hearing, or at least set a reasonable bail. He refused.

Finally on July 25th, we went before the judge once again. He spoke to us about the hundreds of phone calls, faxes and letters he had gotten about us. He actually quoted some things from our supporters. He said he had sought out vegetarian and vegan friends of his in order to educate himself about the issue. He claims to have called the jail every day during our incarceration to make sure we were alright. He finally released us OR pending appeal, and indicated that he would not require us to go back to jail if we lost or dropped the appeal, providing we are not arrested again before then!

So the LA 3 are now free, and trying to decide whether to pursue our appeal. It would be wonderful to have another chance at using the necessity defense. On the other hand, if the judge really means that he will not send us back to jail by giving us time served if we lose or drop the appeal, then we would be free from the watchful eye of Judge Schwartz. We are keeping in mind, however, that when we go back before the judge, we might end up going back to jail to finish our sentence.

This case has been an incredible experience. As an activist who has strongly disliked going to court, and has not wanted to risk losing my job, I am so glad that I chose to go through the trial, and refuse probation. I am empowered, and my resolve has been strengthened. I know that I did the right thing for myself and for the animals. I know there is nothing that the courts can do to me that comes close to what the animals are put through every day. We all learned a lot about our approach to actions, to lawyers, and to trials. We learned about jail support, and we generated a lot of energy that I hope will continue. As I write this, there are other animal rights activists in jail. Some have been there for a long time, convicted of A.L.F. activities. Some have only been there a few days, convicted of trespassing, as I was. All these activists deserve our support, as do the animals. I hope you all will be inspired by the dedication of those around you, and get out there and show it!

Effective Strategies for Supporting Jailed Activists, Helping the Cause

by David Hayden, one of the LA 3's jail support team

Ideally, a support team should be selected before any action which involves the risk of arrest. The role of the support team must not be taken too lightly. In certain situations it can become as important to have a good support team, as it is to have committed activists who are willing to risk arrest. Thus, it is vital that all members of a support team be thoroughly briefed on what is expected from them prior to the action, and that the team be committed to carrying out their roles.

This is not to say that every action where there is a risk of arrest needs a support team. An action where only one individual risks arrest with no support whatsoever can still be extremely effective. In fact, if security is a major issue for a particular action this may be preferable. But, when feasible, having more activists, and a good support team can make an action go much more smoothly and become even more effective.

Support team activities vary from action to action, and the following list is merely meant to serve as a rough guideline for possible roles.

PHASE 1: PRIOR TO AN ACTION WHERE THERE IS A RISK OF ARREST

A support team should be chosen and this team should review the list of activities they may be called upon to perform. This should be done in conjunction with anyone who may risk arrest to determine what they may need to have done for them. Each member of the support team should commit to exactly what role they will play so that nothing will be overlooked.

A contact number for any jailed activists should be decided upon. This would be a number where there will be support team members continuously standing by while activists remain in jail to accept any collect calls from them. Any activists who may risk arrest should memorize this phone number. This phone should have call•waiting so the activists can always get through.

If possible, any activists who are risking arrest should be driven by someone who is not so that the support team will not have to worry about what to do with their cars.

PHASE 2: DURING AN ACTION, PRIOR TO ANY ARRESTS

Support team members may fill a wide variety of roles depending on the nature of a particular action. Some possible roles support team members may play during the course of an action are:

- assisting individuals to lock down
- serving as a media contact
- holding on to the possessions of people

SUPPORT continued on page 13

Solidarity and Commitment

A Commentary by Gina Lynn, one of the LA Three

Having just experienced a court case, jury trial, sentencing, and jail time, I have learned many lessons about the importance of group solidarity and commitment that I would like to share with you.

From the start, when planning a direct action/civil disobedience, all participants should discuss in depth their intentions as to how to handle any time spent in jail (immediately after the action *and post trial*) and the following court proceedings.

When we were originally arrested at the Beverly Center in December, we had one woman, who was not involved in the planning, sit down and risk arrest with us. While we thought it was pretty cool at the time (in part because it added to our numbers), she was not familiar with our policies regarding hunger striking, not paying bail and not taking deals.

So we could hardly blame her when she bailed out on the first day in jail and accepted a deal, which included probation, within the first few court dates. If I had it to do over again, I would make every effort (though, granted, the middle of an action is hardly an ideal time for discussion) to discourage her from joining.

This is because, every step taken by any activist, from the point of arrest on, affects every other person involved. It's not about the individual - it's about the group. Remember the phrase "team player"? It doesn't just apply to sports.

Once one person has accepted probation, which is basically promising the courts you will not get arrested for a certain length of time, it makes those who insist on pushing it to trial look stubborn and unreasonable in the judge's eyes. And after trial, once convicted, when 2 more people accept probation and there are only 3 people left who refuse probation because they know in their hearts that it's the right thing to do - in a judge's mind, they're just assholes, hell-bent on breaking the law.

Of course, we know that's not the case. Apparently, people forgot why we don't take probation:

1. Being on probation impedes your ability to fight animal oppression. [Ed note: By accepting probation, you remove your ability to effectively risk arrest and partake in direct action. If you break probation, you face stiff penalties and have less leverage with which to challenge your sentence and charges. Also, when the state is holding something over your head, it significantly damages your spirit. Many people who have taken probation have simply given up and dropped out of the movement.]

2. This is just what our opposition wants - to limit the effectiveness of dedicated people who, otherwise, just might pose a threat to the status quo (heaven forbid!).

3. Accepting probation sets a precedent for those who follow (in future actions as well as the present one) and isolates the more 'hard-core' activists.

"If a law is unjust, men and women should refuse to cooperate with it."
--Henry David Thoreau

There is no doubt in my mind that, if 7 people hadn't accepted probation before the judge got around to sentencing Sheila, Casey and I, he would not have sentenced us to 90 days. Not only would it have been an insane waste of tax payers' money to send 10 (as opposed to 3) people to jail for such a length of time, but he would have seen an impressive show of solidarity and commitment rather than some 'reasonable' people and a few trouble-makers who ought to be taught a lesson. I have no problem accepting the consequences for my actions, but it was very disheartening to know that I wouldn't have been sitting in jail if others would have stuck with what they said they would do back in the beginning.

Of course, everyone has to make their own choices and everyone has reasons for making the decisions they make. But we have to remember that we're not in this for ourselves. This is not about what's most convenient for us. We have to think about and take into account how our decisions affect the movement, our comrades and the animals.

"Cowardice asks the question, Is it safe? Expediency asks the question, Is it politic? Vanity asks the question, Is it popular? But conscience asks the question, Is it right? And there comes a time when one must take a position that is neither safe, nor politic, nor popular, but he must take it because his conscience tells him that it is right."
-- Martin Luther King Jr.

Our stay at L.A. County Jail couldn't have come at a worse time for me personally. And it was not a pleasant experience but I don't feel that I have the right to compromise the integrity of the cause or jeopardize the status of fellow activists.

It was totally worth it to spend 15 days in jail to know that we did the right thing. We now don't have probation hanging over our heads. One of my co-defendants (who accepted 3 years of probation) approached me, within about a month, regarding a situation that he felt warranted some type of direct action. Naturally, he was distraught because he cannot be involved.

"Never do anything against conscience, even if the state demands it." -- Albert Einstein

Over and over, I hear "but you can do so much more out of jail than in jail". This is nothing more than a poor excuse to justify taking the easy way out. First of all, you can do very little on probation (unless you think writing letters alone will change the world).

Secondly, time in jail can be very productive. Now you have the time to read and become a more thoroughly educated activist. You can exercise to become a healthier and longer living activist. You can raise awareness about the cause within the jail and on the outside via media, interviews, letters, etc.

Also, according to the letters I've received and people I've spoken to, our incarceration and subsequent hunger strike "inspired and motivated other activists all over the world" thus increasing the energy available in the struggle for animal liberation as well as other struggles for justice.

And there's much to be said for proving to our critics that we care enough to go to jail. Many people (including my sister) who used to dismiss my beliefs as trivial and considered my activism "just a phase" were impressed by my resolve and now acknowledge the seriousness of the issues.

Please remember that long after the action is over, you still have an opportunity (and an obligation) to make a statement. We must not bow down to a legal system that continues to allow the oppression of animals and treats peaceful protesters like common criminals. We must not allow limits to be imposed regarding the type of action we take. We must not let our fellow warriors down.

Know Your Rights!

1. You do not have to talk to FBI agents, police, or other investigators. You do not have to talk to them in your house, on the street, if you've been arrested, or even in jail. Only a court or grand jury has legal authority to compel testimony.

2. You don't have to let the FBI or police into your house or office unless they show you an arrest or search warrant which authorizes them to enter that specific place.

3. If they do present a warrant, you do not have to tell them anything other than your name and address. You have a right to observe what they do. Make written notes, including the agents' names, agency, and badge numbers. Try to have other people present as witnesses, and have them make written notes too. [ed. note: by observing them and writing down everything they touch and do, it helps prevent them from planting incriminating evidence.]

4. Anything you say to an FBI agent or other law enforcement officer may be used against you or *other people*.

5. Giving the FBI or police information may mean that you will have to testify to the same information at a trial or before a grand jury.

6. Lying to an FBI agent or other federal investigator is a crime.

7. The best advice, if the FBI or police try to question you or to enter your home or office without a warrant, is to JUST SAY NO. FBI agents have a job to do, and they are highly skilled at it. Attempting to outwit them is very risky. You can never tell how a seemingly harmless bit of information can help them hurt you or someone else.

8. The FBI or police may threaten you with a grand jury subpoena if you don't give them information. But you may get one anyway, and anything you've already told them will be the basis for more detailed questioning under oath.

9. They may try to threaten or intimidate you by pretending to have information about you: "We know what you have been doing, but if you cooperate it will be all right." [ed. note: if they had the evidence against you, they wouldn't want to talk with you, they would just arrest you. However, by talking to them, you would open yourself up to giving them incriminating information about you or others.]

10. If you are nervous about simply refusing to talk, you may find it easier to tell them to contact your lawyer. Once a lawyer is involved, the FBI and police usually pull back since they have lost their power to intimidate.

The above suggestions are reprinted from the book War at Home: Covert Action Against U.S. Activists and What We Can Do About It by Brain Glick, published by South End Press, 116 Saint Botolph St., Boston, MA 02115. Editor's notes are in brackets.

Security: Protecting Ourselves From Government Harassment

Numerous incidents show that government and industry harassment of the eco-animal movement exists. Last year, Syracuse activists were subpoenaed to testify at grand jury hearings. The break-ins at the North American A.L.F. Supporters Group in Canada, and the Coalition to Abolish the Fur Trade's (CAFT) headquarters in Memphis were obviously politically motivated as the thieves stole information and equipment crucial to their operations, while leaving other expensive goods behind. CAFT's phone lines were tapped and information obtained from the bugged line lead to the subpoenaing of one CAFT activist to a grand jury in Michigan.

There is also the bombing of Earth First! activist Judi Bari which happened while she was driving. Bari survived the bomb attack only to have the FBI arrest her, claiming she was transporting the bomb to do some terrorist activity. This FBI fantasy scenario is obviously a lie considering the bomb was planted underneath the driver's seat in an obvious attempt to murder her.

Unfortunately, government and industry harassment of activists is real, and not the babblings of the overly-paranoid. Therefore, if we hope to survive as an effective, grassroots movement, we need to be ready for government harassment *before* it happens. If we wait until we feel its full force, we will not have the necessary infrastructure and knowledge to successfully withstand their assaults. Thankfully, *No Compromise* is dedicated to giving you the knowledge and creating that infrastructure to ensure our cause's survival.

If we don't prepare for the governments attacked, we will be doomed to repeat our unfortunate history. In the late 80's when direct action -- both civil disobedience and A.L.F actions -- were at their height, the Feds attacked our cause by serving numerous activists with grand jury subpoenas. We were unprepared, many people did the wrong things, and our movement was set back years.

For those of you who don't know what a "grand jury" is, it is basically a closed legal hearing. They are not open to the public, and everything that is said at them is kept completely confidential. Activists are compelled to answer every question (which often-times include personal questions about their friends, lovers, and other associations) and they are not allowed legal representation to be present at the hearing. Furthermore, activists who refuse to testify can be imprisoned.

These "Kangaroo Court" proceedings helped destroy the movement in the late 80s. People feared being subpoenaed and left the movement. Others who were subpoenaed, refused to testify and were sent to jail. The authorities used the jailing of these activists to scare others into testifying. Many people did testify at these hearings. And since these hearings are private, no one know who said what about whom. The fact that people testified created a lot of fear and mistrust amongst activists, and further drove people out of the movement. The effective groups disappeared and the movement lost all that it had been trying so hard to gain. We cannot allow this to happen again.

On a positive note, there are ways to fight those forces that try to maintain the status quo at the expense of our civil liberties. The main weapons we have to fight government harassment include *total non-cooperation* with the authorities, and *publicizing* their abuse of the legal system and their violations of our civil liberties.

If the authorities come to your house, don't answer the door. If they call you up and try to set up a meeting with you, say "I have nothing to say to you" and hang up the phone. Or if they need information to help catch A.L.F. activists tell them, "I don't know anything about that, and even if I did, I wouldn't tell you."

It's great to not cooperate with the authorities, but it is even better to *tell* or *show* the authorities in *no uncertain terms* that you will *not* cooperate with them. That's why hanging up on and making such defiant statements, as written above, are so important. The authorities want *easy* targets. If you show an unwillingness to cooperate, they often back off.

Of course they will test your commitment. They might threaten to serve you a grand jury subpoena, or say they have information on you, etc. Don't listen to their manipulation and lies. Instead, stay defiant!

Sheila Laracy was one of the activists who was subpoenaed to testify at a grand jury in the late 80s. She did not go to the grand jury hearing (which is itself a violation of the law), but instead she held a news conference exposing the governments abuse of the legal system to harass activists. No authorities, federal or otherwise ever contacted her again about her involvement with the cause. Her total and absolute non-cooperation, coupled with exposing the FBI's abuses successfully fought them off.

Last year, two New York activists who were subpoenaed to give their fingerprints resisted. They fought the subpoenas legally. Local activists organized protests to draw attention to the government's violation of these activists' civil liberties. The activists lost their legal battles, and then faced the option of submitting their fingerprints or going to jail. They chose jail, and suddenly the government was no longer interested in getting their prints. The activists did not give their prints or go to jail. Most likely, the feds feared the negative publicity they would continue to receive for jailing these "conscientious objectors."

Another aspect of successfully fighting government and industry oppression is keeping each other informed. If you are approached by the FBI, or if you are subpoenaed, or if you are arrested, you need to let other activists know immediately! By informing others of the situation, we can be their to provide you with moral support, give you effective advice, and gather the resources -- financial or otherwise -- necessary to help you.

Together, we will be able to fight their attempts to destroy us and prevail! We will not only successfully defend ourselves, but use their attacks to beat them down by revealing their true role as agents of repression. Prepare for an increase in government harassment as our movement grows and becomes more effective. We can beat them and we must beat them. The animals are depending on us!

What To Do If Approached By The Authorities

• **Do not speak with them.** Never talk to the authorities. Period. Then immediately call the Animal Liberation League for further assistance.

• **Call the Animal Liberation League's Crisis Line.** This article is too short to give you all the information you need to fight the agents of repression. By calling ALL, we can give you the information and moral support you need to help you with your specific problem. ALL can be reached at 612-953-4293. Or you can call the 24-hour crisis beeper. *Call 1-800-338-7827, wait for the beep, dial 9299, wait for the second beep, and then dial in the number where you can be reached at followed by the pound sign (#).*

• **Other Numbers to Call:** For free legal advice call Attorney Larry Weiss at 707-576-1415. Call the Syracuse chapter of the Animal Defense League at 315-479-9105 for further assistance.

• **Educate other local activists.** If the authorities contact you, it is possible other activists will be approached too. Be sure to educate them on their rights to not speak, and give them the above numbers to call in case they are contacted.

• **Publicize their abuses.** Organize protests or news conferences at your local federal building or courthouse to expose the authorities' abuse of your civil liberties.

• **Read *War At Home* by Brian Glick.** This should actually be done *Before* anything happens. The book is usually sold at your local anarchist or underground book store. This book outlines all of the major tactics the government and industry use to fight social movements and explains what we can do to *fight back*! It is a must read book for all activists.

Obstructionists: Identifying and Handling Them

"First, I must confess that over the last few years I have been gravely disappointed with the white moderate. I have almost reached the regrettable conclusion that the Negro's greatest stumbling block in the stride toward freedom is not the White Citizen's Counciler or the Ku Klux Klanner, but the white moderate who is more devoted to 'order' than to justice; who prefers a negative peace which is the absence of tension to a positive peace which is the presence of justice; who constantly says, 'I agree with you in the goal you seek, but I can't agree with your methods of direct action'; who paternalistically feels that he can set the timetable for another man's freedom; who lives by the myth of time and who constantly advised the Negro to wait until a 'more convenient season.' Shallow understanding from people of good will is more frustrating than absolute misunderstanding from people of ill will."

- Martin Luther King Jr., excerpt from his April 16, 1963 letter from Birmingham City Jail.

Infiltrators, informers, and agent provocateurs are not the only threats our movement faces. There's also the obstructionists: activists who prevent others from doing the actions necessary to bring about real and significant change.

Obstructionists can be found in every movement. Martin Luther King Jr. called them "moderates" and Malcolm X called them "Uncle Toms." As King's quote from above says, obstructionists hinder the movement more than its opponents.

Their harm arises out of the fact that they are "one of us." Because of this, good activists often capitulate to the obstructionist's demands of inaction or ineffective action to maintain movement unity. Movement unity is an important goal to strive for, but it should not be achieved at the expense of the animals. In opposing most actions, obstructionists also tie up good activists' time and energy in argument. These repeated and unproductive verbal fights frustrate and dishearten the good activists, and can drive them to burnout.

Because of the harms obstructionists cause, it is important we recognize them and deal with them appropriately. The following is a list of characteristic traits of an obstructionist.

CHARACTERISTICS OF AN OBSTRUCTIONIST

1. Despise many non-violent tactics. Obstructionists pretend to hate controversy and ill-will leading them to argue against direct action like civil disobedience. They fear protests might get "out-of-control" so they take precautions to ensure it doesn't. They might not allow chanting, or they might appoint protest monitors to keep activists "orderly". The police and other authorities are often their best friends. Obstructionists obey all commands of the police and have no problem giving them whatever information they request.

Strangely enough, although obstructionists act like they oppose controversy and ill-will, they only seem to hate it when directed at animal abusers, for they typically have no problem verbally thrashing good activists who suggest the group take other, more effective actions.

2. Overly concerned with image. One of the obstructionists main arguments against effective actions includes their desire to maintain a "good" image. They fear direct action makes them look "extreme", and "radical." They have volumes of anecdotal evidence which they recite to show that direct action harms our image.

Certainly there is some room and need to discuss image. We don't want us, as messengers, to distract from the message. But at the same time, we must not let concerns of image unnecessarily waste precious time. When considering the impact of an action on our image, we should ask the question: Does this action make us look committed, determined, sincere, and unwilling to tolerate animal abuse? or does it make us look weak, apathetic, and apologetic? By answering this simple question we can determine whether to do the action, or work on organizing a better one.

Furthermore, the animal rights movement is not a public relations firms. We are educators, and in order to educate we need to agitate. Only by waking people out of their slumber of complacency will we be able to get their attention and show them the horrors of animal abuse. Large animal-abusing, environment-raping, human-oppressing companies need P.R. Firms because they have to cover-up their destructive practices and sugar-coat their atrocities. We, on the other hand, have nothing to hide. So don't spend too much time worrying about image, and be wary of those who do.

3. Must have total control. Obstructionists must always have their way. Non-participation with actions they disagree with is not good enough for them. They have a burning desire to ensure those actions don't happen. Yelling, crying, guilt-trips, abuse of power, lies, back-stabbing and playing on your sympathy are some of the artillery obstructionists use to get you to obey their will.

Certainly everyone has a right to their opinion, but compromise between activists should be a give and take proposition. You will find obstructionists always take and never give.

4. Sabotage good activists. Obstructionists often try to minimize the effectiveness of good activists. They do this for a variety of reasons. Good activists make them look bad by making more sacrifices for animal, which results in more positive change for animals. Unfortunately, instead of trying to do more to help animals, obstructionists prefer to degrade good activists in an attempt to make themselves look better. Other reasons for obstructionists to sabotage good activists includes they are jealous, power-hungry, or have an overly-developed ego.

Obstructionists attack good activists in many ways. They prevent them from getting the resources they need to be effective, kick them out of the organization, paint their successes as tragedies that hurt the movement, spread damaging rumors about them, and use other under-handed ploys to regain control and get their way.

5. Weak on issues. Although this is not always the case, they are often weak on the issues. They argue against veganism, make excuses for animal abusers, and despise direct action activists more than animal abusers.

Unfortunately, not all obstructionists are as clearly defined as the descriptions given above. They definitely work on a continuum and sometimes it is hard to tell if they are an obstructionist or just a naive activist. Therefore, the below rules on handling obstructionists can be applied when working with all activists. These simple rules will help minimize the negative effects of obstructionists, while encouraging movement unity.

RULES FOR DEALING WITH OBSTRUCTIONISTS

1. Work together when possible. Work with other activists -- obstructionists or not -- on issues and actions that you agree with. Don't be afraid to work with them and support their actions which help animals. Hard-core obstructionists will often refuse to work with you, treating you like some kind of slime mold instead of graciously accepting your help. Regardless of their unwillingness to work with you, continue to offer your help and support for their effective activities. It should be the obstructionists who prevent movement unity, not you.

2. Expect compromise to go both ways. As animal activists in a diverse movement, we must realize that not every activist can get their way all the time. When working with other activists be prepared to make compromises (on actions NOT Animals!!!), but make sure they are willing to reciprocate. If they are unwilling to do this, it might be time to part ways.

3. Follow your conscience. The best advice when dealing with activists is to follow your conscience. Even if it leads you in directions that are uncharted or scary, it will not lead you astray. If the group you started has been infiltrated by obstructionists, your conscience might tell you to leave it and start over. It might not always lead you in an easy direction, but it will lead you down rewarding paths. Don't fear following its lead.

4. Speak the truth, but don't get hostile. Obstructionists are quick to anger. Respond to their yelling by calmly stating your ideas, arguments, and opinions. Their inaccuracies and distorted half-truths must be confronted and corrected, but don't meet their hostility with similar anger. Our actions need to show that any disunity in the movement is not caused by direct action activists. We must always be willing to work with others, even those we disagree with. However, we cannot let ourselves become obstructionists' doormats.

5. If you are an obstructionist . . . Some people reading this might recognize some or all of the traits of an obstructionist in themselves. If this is the case, it is a good time to evaluate your involvement in the movement and your relationship with other activists. However, since all activists should strive to better themselves, I invite all readers to take some time and answer the following questions:

What are your priorities? Where do the animals fall into those priorities? How much are you willing to sacrifice for the animals? Do you treat other activists with respect? Why or why not? Does your involvement with the movement stem from ulterior motives? What personal fears do you have about your involvement with the movement or direct action? If your fears are realized, would life really end? Do you spread damaging gossip about other activists? What three promises could you make or actions could you do to become a better activist?

After taking some time to answer these questions, please take action to make yourself a selfless activist for animals who treats other activists with the respect they deserve.

Merritt Clifton: Obstructionist Extraordinarre

Merritt Clifton is a perfect example of an obstructionist. He vehemently denounces being an animal rights activist (which is true), even though he has no problem giving activists "pointers" and explaining to them their "mistakes". Instead of an activist, he claims to be an unbiased "journalist" who believes in the humane ethic.

Clifton's paper *Animal People* has spread his obstructionist ideas to all corners of North America's animal movement. In it, he defends businesses like Proctor & Gamble, McDonalds, and Sea World; rants about the "psychotic" A.L.F. activists; and pleads for activists to work with abusers to bring about change for the animals.

Clifton, with the help of his paper, has helped lull the movement into a complacent slumber -- our outrage was pacified, ineffective campaigns were looked upon as the animals' salvation, and direct action was dismissed as extremist and ineffective. This is a good example of the potential dangers that obstructionists pose to our movement.

In accordance with obstructionist tendencies, Clifton opposes the non-violent direct action of the A.L.F. Clifton's fanatical hatred of the Animal Liberation Front is legendary. He considers the A.L.F. to be "nightriders", "psychopaths", and "terrorists". He compares them to the Ku Klux Klan, saying they operate on the same principle that "might makes right".

He down-plays the A.L.F.'s successes and assumes the worst. When the A.L.F. liberated 1,200 animals from the University of Arizona in 1989, he argues that the A.L.F. torched the labs -- mice and all! Not even the vivisectors entertain such a ridiculous idea. Clifton still doesn't seem to understand that members of the A.L.F. believe in animal rights, and would not harm animals.

True to obstructionist's principles, Clifton's main argument against the A.L.F. is that they hurt our image. Clifton argues this image problem makes: abusers less willing to implement humane changes, the media less willing to run stories on animal issues, and the public less willing to adopt a humane lifestyle. In Clifton's words, "[coverage of A.L.F. activities] tends to increase the perception that animal rights activists are terrorists, crazy, and dangerous."

Clifton, although willing to bend over back-wards to speak well of the abusers, apparently has no problem trying to destroy good direct action activists. As any educated activist knows, you do not spread rumors that other activists are infiltrators without hard evidence (read *War at Home; Covert Actions Against U.S. Activists and What We Can Do About It* by Brian Glick), or rumors linking people with illegal activities. However, he has publicly argued on the internet that two people involved with the production of *No Compromise PLUS* are agent provocateurs on the basis that they support direct action. Clifton has also publicly suggested that three *No Compromise PLUS* activists, whom he mentioned by name, were involved in certain specific A.L.F. actions which none of them had been arrested or convicted for. I have not repeated the names of the people he has tried to denigrate because those rumors are nothing more than damaging lies which must be buried.

As someone who claims to have been involved with environmental, peace, and animal issues for over two decades, Clifton should know better. I think he does know better. And it is precisely because he knows how harmful these rumors can be that he uses them. Direct action threatens his perceived "empire" that he has created with *Animal People* and he wants radical actions stopped. Since he doesn't recognize the fact that direct action stems from committed people who demand change now, he is attacks the messenger that reports on direct action, *No Compromise PLUS*, by attacking those people involved in its production.

Clifton is also weak on the issues. For starters, he admits to not being vegan while traveling. Equally egregious, he defends Sea World, Proctor & Gamble, and McDonalds. He argues that Sea World has the world's largest tanks, rescues dolphins, promotes environmental education, and has not captured animals from the wild for over a decade. I guess we should just ignore the fact that the animals are still imprisoned and that any tank, no matter how large, is still a toilet when compared to the ocean.

When defending the vivisectors, Proctor & Gamble, Clifton argues that P&G have donated $45 million to developing alternatives to animal tests, reduced animal use by 56%, and in 1984 made a corporate commitment to phase out all animal tests as quickly as possible. But if P&G is so good why is it that more than a decade after their "corporate commitment", they continue to slice, dice, and sacrifice animals for profit?

And how could Clifton possibly defend McDonalds? Because the golden arches signed an agreement to only purchase brutalized carcasses from factory farmers that meet the humane standards set up by some meat promoting organization. Well, hooray for the largest animal killer in the world! Hey Merritt, sign me up for the Humane Auschwitz Now campaign!

With friends like Clifton, the animals don't need enemies. There are many obstacles in our way towards animal liberation -- the abusers, the authorities, infiltrators, and agents. But we must also remember that even those who claim to be friends of the animals can also be obstacles. Just be sure to always place the interests of animals foremost in your mind and follow your conscience when determining what is right and wrong. Think for yourself and don't be afraid to rock the boat if that's where your conscience dictates.

• To get a video copy of the A.L.F. debate between Merritt Clifton and Freeman Wicklund, send $9 (checks should be written out to Animal Liberation League) to:

***No Compromise*, PO Box 240655, Apple Valley, MN 55124.**

Animal Rights Commentary

Taking Non-Cooperation One Step Farther!

by anonymous

With all the recent talk about jail solidarity and tactics I thought I'd throw out an idea that I've been thinking about for a while now: TOTAL NON-COOPERATION in jail. Hopefully we all hunger/thirst strike, ignore bail, refuse to use the wool blankets & lanolin filled post-fingerprinting soap plus the various other animal tested cosmetics - but what if we refused to cooperate on every level including NOT GIVING OUR NAMES or identification once arrested?

Although this may result in a slightly longer jail visit or a trip to solitary, it also creates more work for the police and strengthens our plan of resistance. In my opinion, one of the most valuable benefits from participating in a minor offense such as a CD is the knowledge gained regarding police manipulation, misconduct, and intimidation as well as the experience of being able to resist their attempts to control us. It is an essential lesson that can only make us stronger.

So... I was wondering if anyone here (already has) or would be interested in trying out this technique. I've heard of it working for large groups of individuals, but even the smallest affinity group could try it out.

I also came across this info in the *Food not Bombs* book by Butler and McHenry:

"Whether or not you will actually be arrested, willingness to suffer arrest can be very empowering. If you do get arrested, noncooperation with the police is politically empowering and personally satisfying. The most basic form of noncooperation with the police is refusal to give your name or address. This makes the attempt to dominate you more difficult. If you refuse to identify yourself, the police will often try to intimidate you by holding you in solitary confinement, refusing you access to a lawyer, denying you transportation to court, and engaging in similar threats and oppressive tactics. Politely but firmly tell them you will not give your name; most of the time the police will give up after one or two attempts to scare you. They will book you as Jane or John Doe, and take your picture and possibly your fingerprints. Most states limit the time they can hold you before bringing you before a bail hearing or arraignment to 48 or 72 hours. Trust yourself, and remain committed to the plan the group made before the arrest."

If you try this tactic, please let NC know how it worked and we will pass that information along to our readers!

This is the section of the magazine where you get to have your say. We try to print everything we receive provided it is to do with Animal Liberation, and is not intended to further some other aim - political or otherwise. The articles here do not necessarily represent the views of No Compromise. Submissions should be sent (on Mac disks if possible) to the No Compromise PO Box, or via e-mail to: wick0034@gold.tc.umn.edu

For Their Own Good?

by Anne Crimaudo

A winter storm was raging, and the temperature had dropped well below zero. Several dozen people arrived at the homeless shelter looking for a hot meal and refuge for the night. By 8 pm the shelter was filled to more than twice its capacity, but 11 more people came to the door asking to be admitted. Unable to accommodate them, but not willing to turn them away, the director of the shelter gave instructions to one of the volunteers to seek out the 10 people who had been there the longest, and give them a lethal injection, thereby freeing up a few additional beds.

This, of course, is a fictional scenario, but it illustrates how ludicrous it is to kill animals already in pounds and shelters to make room for more. Many in the humane community have already recognized this, and have started aggressively attacking the real cause of the problem, overpopulation, by instituting more effective spay/neuter programs, advocating early spay/neuter, lobbying for breeding ordinances, etc. Many of the social ills that plague humans are also caused by overpopulation, but, unfortunately, human over- population is a vastly more complex issue, one which will be exceedingly difficult to solve. By contrast, reducing the birth rates of dogs and cats, although a daunting task, is certainly an achievable goal.

While we work towards the day that the number of dogs and cats being born does not exceed the number of homes for them, we recognize that interim steps must be taken, steps which respect their rights. One of these steps is trap/neuter/release. While not an answer in itself, this type of program can at least reduce the problem of proliferating feral cat colonies. Therefore, it is alarming to hear of a sizable number of individuals and humane organizations who oppose trap/neuter/release and instead advocate trap/kill, under the facade of compassion.

We have fought against the "We have to kill them for their own good" argument before, from agencies like Fish, Game & Wildlife, for instance. The reasoning does not make any sense, even less so when it is being espoused by so-called humane activists. Our entire movement is based on the concept of "equal consideration". If animals are not ours to "eat, wear or experiment on", how can they be ours to destroy because WE determine that their lives aren't worth living? (Anyone who has ever trapped a feral animal knows how hard they struggle to get free....their lives are certainly valuable to THEM.). The U.S. Constitution guarantees us "life, liberty and the pursuit of happiness." It does not make any promises as to the quality of that life, nor does it imply that we are owed happiness. What it means is that we cannot arbitrarily have our lives and freedom taken from us. It is this very protection that we seek to extend to non-human animals: the right to be free, and, most importantly, the right to live.

Most of us agree that death is merciful when a being is in constant unbearable pain, without hope of relief. Still, euthanasia poses many troubling questions, even to its adherents. This is as it should be. The taking of life should never be done lightly. No rational person would condone a philosophy that permitted the killing of the poor, the homeless, the hungry. Yet there are those in the animal protection movement that justify the killing of feral cats because they are living a less than ideal existence.

Yes, some ferals are doomed to live short, miserable lives full of fear and hunger, prey to disease and accidents, but is killing the best answer or just the easiest? We have an obligation to look for alternatives that do not deprive them of their lives; otherwise, we are no better than the exploiters we are fighting against. Neuter and release, in addition to preventing births, will also prevent the creation of a vacuum. Observation of feral colonies has shown that the numbers remain relatively stable, regulated primarily by the available food supply. Removing a large number of animals from the colony upsets the balance, by stimulating the reproductive rate and by attracting newcomers to the colony.

Of course, there are times when the cat(s) cannot, for their own safety, be returned to where they were trapped, and, in many cases, these animals are unadoptable. This is when some creative thinking is called for. Sanctuaries for feral animals is just one possible answer; others must be sought. Alternatives may be more costly, time-consuming and more difficult than the quick insertion of a needle, but to anyone who is serious about animal liberation, it is morally unacceptable for these animals to find death at the hands of their advocates.

NOTE: Before donating to ANY organization, ask them for their position on this issue as well as any other issue you are concerned about. You may be surprised to learn that even some of the so-called "radical" groups advocate killing as a solution.

Anne Crimaudo works with Animal Rights America and can be contacted via e-mail at: ARAisHere@aol.com

War or Revolution?

by Matt Ball

In the latest No Compromise!, across from the A.L.F. Guidelines (which included "To take all necessary precautions against harming any animal, human and non-human,) was a report of envelopes being sent with rat-poison-covered razor blades.

I can certainly understand the anger and fury that the senders of these blades feel towards those that torture animals, and I can identify with their desire for action. Indeed, I would be wary (to say the least) of people who didn't feel strongly motivated when confronted by the realities of what happens to other animals at the hands of humans.

While we may often feel compelled to express our anger and to fight for an immediate abolition of specific cases of animal exploitation by any means necessary, we must keep in mind that our long-term goal of total Animal Liberation will come about not through widespread intimidation but through general education and understanding. To this end, our struggle is comprised of public relations campaigns. When we acquiesce to our anger, we abdicate our most powerful tool and message: that violence and killing are wrong.

Until a majority become acutely aware of the barbarousness that goes on behind the scenes and joins us in refusing to support animal suffering in their daily choices, fighting the supply side will remain ultimately futile.

We must each ask ourselves: Do we want a war or a revolution? If we want a war, we can continue with the cycle of confrontation and anger. But we must realize that, even if we shut down all the laboratories, furriers, and circuses, more animals will continue to die at the hands of humans next year for a fleeting taste of flesh.

On the other hand, if we want a revolution, we have to subvert the dominant paradigm. We have to focus

REVOLUTION continued on Page 11

Is Letter Writing Enough?

by Pamelyn Ferdin

Ed. Note: This letter was taken off of the e-mail list ar-views during a discussion of the importance of letter writing. Pamelyn was criticized by many people for suggesting that more should be done, and this was her response to those criticisms:

Boy, I didn't realize I was going to upset so many of you! Why are so many letter writers defensive? Do you think it's because in their heart of hearts they realize that they could be doing more, but feel safer just writing letters to the editor while eating a vegan muffin inside a comfortable apartment or home?

I don't mean to say that writing letters is wrong, just that if you had to choose the most effective way to spend valuable time and energy, I think in many cases it would be protesting and risking arrest, rather than writing letters to the editor. Not only would the media be more apt to print the story, but people would have to wonder why people are risking their freedom for the animals; and they'd be educated in the process. Human rights were never won by writing letters, even though many of them were extremely well thought out and well written.

And to address the assumption that I am looking at people who write letters as the enemy, instead of people who really deserve it, I think you misunderstand. I do not think you are the enemy at all, although I'm beginning to think by all the comments, that you might be your own worst enemy! By REFUSING to look or question what MORE we could be doing to help animals and discussing the most effective ways we can liberate them from their enslavement, I think we are patting ourselves on the back for a job well done, when the revolution has barely even begun. It is a peculiar Western personality trait to think that whatever feels most comfortable is the best or the right thing to do. I think it falls under our self-centerdness and self-praise that is certainly recognized by other cultures, if not our own.

I'll always remember the day that most inspired me in this movement, the people I met that day, and their perceptions of the Animal Rights Movement in America (which in my opinion were right on target). We were sitting out in the cold, dank weather of England, by the sea waiting for the lorries to come by. People had driven six hours or more to protest and block these trucks. They came every weekend for months. Their were old people with canes holding signs with graphic pictures blown up, and teenagers that had taken different trains to get there, and again would come routinely and had been coming for months.

I asked some of the protesters how they could make the long journey every week, and stand out in the rain for hours upon hours throughout the night, (these by the way were hundreds of people, not just a few). They said they looked at it as their duty, their part time job, (most had full time jobs during the week). They said they wouldn't feel right sitting at home, they had to be out where the animals were being abused and trucked off, or in front of research labs, or McDonalds, etc.

I of course asked "Why is it that in America we just can't seem to get out and do this type of thing? It's hard enough to get people to drive forty five minutes to protest a circus let alone six hours every weekend." They replied that they didn't read much about our movement over in England, but they said that they got a sense the people in America were fairly self centered and would rather be doing more comfortable things like going to health clubs, movies, watching TV., etc. (and I will include in this list, writing letters to the editor, if that is all you do!). Did you ever stop to think that if letters to the editor were so important for attaining animal liberation, then why do we still have the veal crate which has been banned in England for years now? The people I spoke with couldn't believe that they were still legal in the U.S.

I say let's look to Countries, and cultures where there has been greater strides in animal liberation than what we have attained here in the U.S. and learn from them. England is a great example. There is always something in the paper on what the militant animal rights activists are up to with regards to labs, slaughterhouses, live export trade, etc.

That very same day in England, thousands of people marched through a town to protest against animals in laboratories, (which we also had the honor to participate in), they would wind their way through town and stop the march outside every McDonalds, Burger King, and Kentucky Fried Chicken along the way and sit down in the middle of the street or rush the buildings. That is why the groups who do more protesting and are out there on the front lines, like the New Jersey Animal Rights Alliance, the groups in No Compromise, people like Cres, etc. should be our leaders and our inspirations to do more.

By REFUSING to look or question what MORE we could be doing to help animals and discussing the most effective ways we can liberate them from their enslavement, I think we are patting ourselves on the back for a job well done, when the revolution has barely even begun.

In closing, I think discussions regarding strategies we employ are very important to talk about, and I don't believe it is chastising. It's a heck of a lot more important than complaining about the vivisectors, the media, etc. Let's get off our duff's and start doing more. I know it's a pain in the neck to drive long distances to stand out in bad weather protesting animal abuse and risking arrest. But in my opinion, until we start doing more of this all the letters in the world won't change things significantly for the BILLIONS of animals being exploited.

And one last thing; I am not tooting my own horn because I'm the first one to say I should be doing more also. But we must push ourselves out into uncomfortable situations. I remember how lonely and uncomfortable I felt the first time I did a protest alone, in the rain. People were yelling at me, but then others were praising me. It's better to have one person out there, than no one, (although it really irks me that I couldn't find a few more people willing to protest with me), In my opinion, their excuses weren't convincing. Obviously the more people the better; but don't stay home because you can't find anybody to go with you. All you need is a huge, graphic photo (you can do this at any printing place that enlarges photos on their color copier), and a good caption on poster board. Let's stop praising ourselves for doing "whatever we can, even if it's a little thing" to help animals. Let's start looking at what we can do to bring about animal liberation sooner. How about if we all committed to spending one full day every weekend to doing a protest, or going to a college campus and distributing animal rights literature? If we can't spare one day every week to be active in this movement, than I fear the animals will be waiting a mighty long time to be liberated.

Eco-Ethical Animal Rights Festival

Sponsored by the New Jersey Animal Rights Alliance

Saturday, October 26, 1996
from 10am - 6pm
in Edison, New Jersey

Workshops are designed for both novice and seasoned activists. Topics include:

- **the Animal Liberation Front**
- **anti-hunting tactics**
- **protesting**
- **media**
- **non-violent civil disobedience**
- **holiday cooking for vegans.**

Exhibitors and vendors distributing lots of animal rights info and cruelty-free merchandise (non-animal tested and environmentally friendly household and personal care products, books, t-shirts, bumper stickers, etc.) will be featured throughout the day and reasonably priced vegan food prepared by Denise Rosen will be available.

Admission is open to everyone concerned about these issues. The price of admission is ONLY $3 in advance or $4 at the door. Send SASE with $3 (check or MO) to:

New Jersey Animal Rights Alliance
PO Box 174
Englishtown, NJ 07726.

Confirmation, directions, and tickets will be sent by return mail.

For more information,
call 908-446-6808. or e-mail njara1@aol.com

Revolution

continued from page 10

our anger and outrage in a way that will challenge everyone, not just threaten a few. The way to do this is through widespread, outspoken, and uncompromised veganism in the everyday actions and example of many. If we used civil disobedience to shut down McDonalds nationwide, we would affect millions and bring to the forefront the issue that affects everyone. As George Bernard Shaw said, "While we ourselves are the living graves of murdered beasts, how can we expect any ideal conditions on this Earth?"

Matt Ball helps organizes Vegan Outreach and can be contacted via e-mail at: <mba8+@andrew.cmu.edu>. Vegan Outreaches website address is: http://envirolink.org/arrs/vo/index.html

Ed. Note: *We apologize for mistakenly listing the Justice Department action under the A.L.F. Action Report. This has created some confusion as the A.L.F. and JD operate under different philosophies. We will ensure this does not happen again. However, as the only magazine in North America that extensively covers direct action, we will continue to keep the movement updated on JD actions.*

The Most Neglected Animal Rights Issue

by a VHMNT Supporter

So what is this issue we need to examine? It's human overpopulation. That stated, I realize why some people might feel uncomfortable discussing this issue.

Some readers might already have three or more children, and the mention of human overpopulation might make them extremely defensive. They might feel unfairly judged, or worse, feel this issue as an attack on their children. I can understand these concerns, which is why I want to make one thing clear from the outset: population control is not about blaming people. Their children were born in the past when most people had no knowledge of population growth and its impact on animals. People with children should not feel threatened. In fact, I don't see why someone with twelve children couldn't be a population control activist — I don't let the fact that I ate meat, eggs, and dairy products for the first fourteen years of my life keep me from promoting veganism now. So if they are not procreating now, what's the difference?

Another reason some people are unwilling to discuss human overpopulation is because of another issue that is inevitably brought up: abortion. Pro-lifers become uncomfortably nervous with this issue because it sounds to them like a license to kill. However, that is not the case. There are many solutions which do not involve abortion, and we should never promote abortion as part of the solution. Any population control campaign that advocates abortion will spend its time debating the ethics of abortion instead of preventing pregnancies. We need to keep people focused on the problem at hand and not get side-tracked by other issues.

THE PROBLEM IN HUMAN TERMS

So what is the problem with human over-population? Well, from a human perspective, the more people we have, the more we exacerbate the conditions of war, famine, nuclear waste, deforestation, urban crowding, pollution, poverty and all other social ills.

How are these problems related to human overpopulation? Take war for example. People are driven to war when they lack the resources or land to provide for themselves. If the United States' population was low enough that it could be sustained by the oil produced within its own boarders, we might have never been involved in the Gulf War. But the United States population is not decreasing, it is increasing by 3 million people every year — 1 million of which is from immigration, and 2 million of which are from births — meaning that we will desire even more resources, and be involved in more wars. If every country had a fraction of their current population, many territorial and ethnic disputes would simply not exist.

We can also see how population effects poverty. Far from being the cornucopia we once thought it was, the Earth has limited resources. As it is burdened with more people, its ability to provide for their needs and wants decreases. Did you know that of the 5.8 billion people on earth today, over one billion of them live in absolute poverty and misery? This means that more people live in poverty today, than used to live on the entire planet less than 200 years ago. The fact that we can't adequately provide basic necessities for nearly one fifth of our species should alert us to the realities of the human overpopulation problem.

THE PROBLEM FOR ANIMALS

Unfortunately the problem of human overpopulation does not stop at humanity's boarder, it also plays havoc on animals and the environment. On a basic level, the more people there are, the more people there will be to eat meat, wear fur, go to circuses and rodeos, hunt and demand animal research. It wouldn't be a stretch of the imagination to figure that if America's population was half its current size, the number of animals slaughtered for food would also be halved. If this were the case, more than 3 billion animals per year would be spared the horrors of factory farming and the slaughterhouse.

Does this mean human overpopulation would not be a problem if everyone became a vegan animal liberationist? Sadly, no. Because just as humans war with each other over land and "resources," we war with the animals over them too. Yet the animals don't have a fighting chance against our weapons, technology, and ravenous ability to consume. If we want some "natural resources," we will take them. The fact that billions of animals will be killed or displaced is inconsequential. "Natural Resource" is just another way of saying the spoils we have plundered from the animals' homes. All that humanity has, we have stolen from the animals. Lush forests, vast prairies, and raging rivers have made way for our lumber, cropland, and dams. There is no humane way to clear cut a forest, or construct a paved road across country, or to obtain the metal needed to make an airplane. All of these things necessitate evicting animals from their homes, destroying their communities, and directly or indirectly killing them. While humans — vegan or not — consume, the human population will continue to be a problem.



Just as the United States — which represents less than 5% of the world's total population — consumes 30% of the world's resources, the human population which is only one species among millions, consumes the majority of the world's resources. If we believe that animal's interests deserve equal consideration, then we must take action now to promote a more equal distribution of resources. Decreasing our consumption is important, but most people are unwilling to give up their cars, homes, books, schools, supermarkets, and other things we take for granted. So if we ever want to see substantial improvements in maintaining animal habitat, it is imperative we decrease our human population.

Every new human brought into the world is a vote for humans and a death wish for animals. This is easy to see if you have ever worked to protect wildlife. When you talk to people who think that goose poop warrants a death sentence for geese, or nibbled gardens means deer should be killed, the need for human population control becomes obvious. Everywhere humans and animal interact, there is a river of animal blood. The more humans there are, the more blood their will be.

And what will happen if we don't take measures to decrease the human population? Will we finally liberate animals from the vivisection labs, factory farms, fur farms, circuses, rodeos and zoos, only to place them in a world of asphalt, glass, and concrete? Will the best we have to offer the animals be the lifeless husk of our once lush world?

And what will we do for the baby turtles who die of suffocation as their homes are paved over? Or the snake crushed by the weight of the bulldozer making room for a new condominium? Or the panther who lost her life in the fire that destroyed her jungle home so humans could use the land to plant crops. We can protest this destruction and maybe delay the inevitable, or we can go to the root of the problem and start fighting human overpopulation now.

TAKING ACTION

So what can we do about it? For starters, we must stop breeding. Some people might think it's fine for couples to have one or two children to help create a population "balance." I disagree. Population balance is not a goal, it's a start. We need a drastic decrease in human population if we ever hope to create a just and equitable world for animals. And the only humane way to decrease human population is to not add to it. It is imperative that those of us who are conscientious and responsible set a good example by not procreating from this moment forward.

Now some people might argue that one's decision to have children is a personal decision. This is true. Procreation is a personal decision. But eating meat, wearing fur, and hunting are all "personal decisions." The fact that our decisions are personal, does not erase the truth that our decisions have moral consequences. When bringing more humans into the world dramatically impacts the animals in a negative way, we — as the animals' voices — cannot be silent.

We need to recognize that human overpopulation is just as much an animal liberation issue as is our campaigns against vivisection. Educating others about this problem is essential. Animal groups should produce literature or publish articles in their newsletters on human overpopulation.

As part of this education, we need to help change long-standing values that promote procreation. Newly-weds should not be harassed about when they expect their first child. Sterility should not be treated as a disease that needs a cure. Women should never be made to feel that they have to give birth to be important.

Instead, we need to support couples and individuals who choose to live child-free. We also need to make operations like vasectomies and tubal ligation more available to young adults. Too often, doctors will refuse to give these operations if the person has not yet had a child. We also need to support legislation that will help family planing projects and humane population control measures in our own country and abroad. People who desire to be parents should be educated on the human overpopulation problem and informed of the thousands of needy children who are waiting to be adopted into loving homes.

One of the benefits of working on this issue is that it is an excellent way to forge alliances between other human rights and environmental organizations that are already taking action to curb human population. This is a perfect issue for all three movements to champion together.

LAST WORDS

Whenever I discuss this issue, I fear I have done an inadequate job. The far-reaching implications of human overpopulation are so enormous that I cannot do it justice. That is why I am asking you to spend the next few days analyzing how human overpopulation affects the problems in the world that concern you. These problems could be anything from traffic jams, oil spills, or hunting to the AIDS epidemic, species extinction, or nuclear power. Look at these issues. Consider how human overpopulation impacts them. Imagine what would happen to these problems if our population was halved. Examine all of the ways human overpopulation exacerbates your problems and those of the animals.

And while you are doing this, examine your personal feelings on the issue. You have a decision to make, are you going to be part of the solution or part of the problem? Why or why not? Do you think it is natural for people to have children? Do you think breeding is one way to ensure that veganism and animal rights will be passed to the next generation? Have you always wanted to have children because you know you will be one of the best parents a child could have? If you have questions such as these, I ask you to assume my identity and guess what my response to them might be. In other words, really work at seeing both sides of the issue.

Finally, after you have taken a few days to digest and evaluate this information in relation to your life, please write down your insights, experiences and concerns about this issue and send them to *No Compromise*. We will print your comments and hopefully establish a dialogue that will help us determine what we, as a collective movement, are willing to do for this issue. Together, we will ensure that animals are given the justice they deserve.

For more information contact:

Voluntary Human Extinction Movement (VHEMT)
Po Box 86646
Portland, OR 97206-6270
e-mail: les@vhemt.org
web: http://www.vhemt.org/
(an excellent website!!)

World Population Balance
PO Box 23472
Minneapolis, MN 55423
Ph: (612) 869-1640

A.L.F. MERCHANDISE

Unlock the Labs



Support the
ANIMAL LIBERATION FRONT

"Angels of Mercy" Video **Only $6.00**
Now with "Animal Liberation: The Move!"
Angels of Mercy is a British documentary containing 25 minutes of A.L.F. raids and interviews with A.L.F. activists. At no extra cost to you, we have now added "Animal Liberation: The Movie" which was produced by the A.L.F. to explain themselves! These are both MUST SEE films! *PRICED LOW BECAUSE YOU AND YOUR FRIENDS NEED TO SEE THIS FILM!*

Keep Fighting: **$3.00**
Three Interviews with Britain's A.L.F. Press Officers.
This 60 page booklet has interviews with the founder of the A.L.F., Ronnie Lee, and the A.L.F. press officers Robin Lane and Robin Webb. They explain the A.L.F.'s history, tactics, and philosophy. Very inspirational!

A.L.F. T-shirt **$10.00**
Proudly show your support for the A.L.F. with these shirts. Black on militant grey 100% cotton XL shirts. The front design is pictured left. The back reads "If not now then when? If not you then who? A.L.F.".

A.L.F. Press Cuttings **$2.00**
This packet includes dozens of articles on A.L.F. raids in the US from lab liberations to bricking fur windows to firebombing meat trucks. An excellent resource to use in convincing your friends that the A.L.F. does not generate bad publicity, but instead uses media coverage to educate the public to the horrors of institutional animal abuse.

Merchandise Order Info:
Please make checks payable to SOAR, and send to:
SOAR, 235 CMU, 300 Washington Ave SE,
Minneapolis, MN 55455. Please add $3 for postage.

A.L.F. Successful

continued from page 4

clientele and other potential 'opportunity costs' were not quantified in the fur industry's study.

"... it can be concluded with some confidence that both the direct and collateral effects of extremist animal rights activities are often high enough to eliminate or divert resources away from research or other activities relating to the use of animals.

"For university-based, or otherwise non-revenue generating animal enterprises especially, the theft of animals and records and the destruction of equipment or other property, perpetrated in tandem, can be financially burdensome, disruptive to the progress of the targeted project [translate: halt research], and demoralizing for employees. "

The abusers and the authorities admit that the A.L.F. are potent. Their actions have closed fur stores, put fur farms out of operation, halted animal research, and destroyed factory farms. A.L.F. actions make animal abuse occupations less profitable and therefore less desirable. A.L.F. actions even dissuade regular clientele from patronizing animal abuse establishments. In a phrase, the A.L.F.'s strategies are effective. The abusers admit this and the authorities admit this. Don't let any detractors tell you different!

Support

continued from page 7

who are risking arrest
• taking keys for people who are locked down
• videotaping and/or taking photos of the action
• creating the appropriate mood for the arrest (e.g. somber, or confrontational)
• distracting security and/or police
• helping to protect any arrestees from physical abuse by security and police (by documenting it and pointing it out, e.g. yelling "THAT'S ASSAULT!")
• having an activist attorney as a member of the support team can also be helpful to add more credibility to complaints that police or security are violating the law

PHASE 3: ARRESTS HAVE OCCURRED

A support team member should find where any arrestees have been taken. Are they at a police command post at the site of the arrest? Will they be released from there? Or have they been taken to a police station, or jail? If any of the arrestees are minors the police should be notified immediately to speed up their release.

If there are arrests during the course of a protest, it is generally best if the protest continues until the arrestees are either released or taken to jail. Once the arrestees are taken to jail the protesters and support team should go there as well, being sure to bring along any personal property of those who were arrested (e.g. keys, cars, jackets).

The member of the support team who has stayed by the phone becomes crucial at this point. This individual must take the responsibility of keeping the arrestees informed about what is going on outside of jail, as well as letting the other members of the support team know what is happening to the arrestees. Ideally a member of the jail support team should have a pager (or cell•phone if you can afford it) so that any messages the arrestees are able to get out can be passed along immediately.

Remember you can not trust the police. They often will lie to both arrestees and support team. The only reliable means of communication will be directly from the arrestees when they are allowed access to a phone, or when a reliable lawyer can get in to speak to them.

At the jail the support team should apply pressure to get the arrestees released on their own recognizance (OR) as soon as possible, and any minors should simply be released with no charges pending. If an activist•lawyer is a member of the support team this individual may be able to facilitate the release process even more.

Make it clear to the officers that these people are activists, and not people that would normally be considered "real criminals." Keep the pressure on them until the activists are released. If anyone should be in jail in this society it's the vivisectors, furriers and other abusers NOT compassionate activists!

The support team should also notify parents/guardians of minors to come pick them up if the minors have requested this ahead of time and it becomes necessary.

PHASE 4: ACTIVISTS REMAIN IN JAIL FOR EXTENDED PERIOD OF TIME

If the arrestees remain in jail for an extended period of time the support team must be prepared to take care of a wider range of responsibilities which may include
• working with lawyers to get the activists released through legal channels
• taking care of the animals and/or children of arrestees
• contacting the arrestees' employers, friends, and family if required
• alerting other activists via the internet, phone, mail, etc.
• keeping the press up to date
• arranging phone interviews with the arrestees
• publicizing poor treatment of the activists, and inhumane jail conditions
• holding protests and/or vigils at the jail
• going on a sympathetic hunger strike
• build a mock jail and place the effigy of an animal abuser, judge, or police officer inside with sign suggesting the REAL criminal be put in jail, or put someone on a sympathetic hunger strike inside it
• burning an effigy
• holding a protest at the site of the original arrest
• doing fund•raising to cover any costs incurred by uncompromising activists
• leafleting/protesting at court

Every action is different, and thus has different needs. This list should not be taken as a complete list of what support needs exist for every action. Instead, it is intended to be a source for generating dialogue within individual groups about what forms of support may be required for individual actions. Treat each action as a learning experience and remember, we can learn as much from our mistakes as from our successes.

DIARY OF ACTIONS

Listed actions start where the last issue ended 5/18/96. Any earlier actions were not in the last issue.

?/?/96-Memphis, TN; a number of Derby Lane Greyhound Track's billboards were vandalized with red paint. 50,000 DEAD DOGS and A.L.F. were painted on many of them. **-A.L.F.**

3/-/96-Salt Lake City, UT; Meiers Chicken had seven windows smashed with rocks. The same treatment was given to a leather factory. **-A.L.F.**

4/2/96-Salt Lake City, UT**; A.L.F. APPRECIATION NIGHT, Egg Products had two trucks burned out, as well as their store, which burned to the ground. Over $100,000 damage. The same night, Sniders had two huge windows smashed out.* ***-A.L.F.

5/10/96-Salt Lake City, UT; La Blanc furs had windows smashed. **-A.L.F.**

5/24/96-Memphis, TN; Jean Berham Furs locks glued. Store was to be paint bombed but the group had to leave quickly due to a disturbance. **-A.L.F.**

and Edwards Street received the same anti-meat slogans, This is the 3rd hit at this restaurant. **-A.L.F.**

6/13/96-Memphis, TN; 3 Goldsmith's delivery trucks spray painted, one wind shield shot out, retaliation for this department store's continued sale of fur. **-A.L.F.**

6/27/96-Abbotsford, BC; For the fourth time in two years, fire broke out in the now abandoned Coaspack Meats warehouse. Two fires, one in the barn area in 1994 and 1995 closed the plant down. This blaze destroyed what remained of the buildings. **-Unclaimed**

6/28/96-Memphis, TN; Goldsmith's dept. store advertising banner at a festival was paint bombed.

6/30/96-Memphis, TN; Goldsmith's dept. store paint bombed. **-A.L.F.**

7/4/96-Langley, BC**; 400 mink were released from Akagami Mink Ranch (26032 16th Ave. Tel: 604-856-4261) in Langley as part of an "Independence Day" operation conducted by the A.L.F. According to the communique: "We liberated these mink to save them from a life of torture, enslavement and eventual death. If we would have left them behind, these innocent animals would have been grotesquely killed, through neck-breaking, gassing or anal electrocution." **-A.L.F.

7/4/96-Howard Lake, MN**; A.L.F. raiders liberated 1000 mink at Latzig Mink Ranch. **-A.L.F.



If you don't believe property damage works, ask Jack Lewis. Here he's pictured in front of his fur store during its going out of business sale. It finally closed down after the A.L.F. repeatedly smashed and etched his windows, cut his phone lines, glued his locks, and even tried an attempted arson!

6/-/96-Washington State**; 80 mink liberated from an unknown fur farm. We received word of this late, with little detail as to location of the farm. **-A.L.F.

6/7/96-Sandy, UT**; Utah Fur Breeders Agriculture CoOp (feed supplier) raided and 75 mink used in nutritional research liberated. According to the communique, the A.L.F. broke in to the FurBreeders Agriculture Coop at 8700 South 700 West in the early morning hours of June 7th. Two sheds were half full with mink, and one of them was completely emptied out. **-A.L.F.

6/10/96-Salt Lake City, UT; La Blanc furs had locks glued. **-A.L.F.**

6/11/96-Huntington Beach, CA; Two burger restaurants, Bun & Burger and a Jack In The Box were covered with anti-meat messages. Signpost at Bun & Burger were sprayed with "Where'st h e beef?" "War declared on animal killers," "Meat is Murder," "Next time fire." The 24-hour Jack In The Box at Bolsa Avenue

6/21/96-Riverton, UT**; 1,000 mink liberated from a fur farm. **-A.L.F.

Animal Liberation Front Communique

On the night prior to the "FurFashion Week" activities in New York A.L.F. members were busy causing a small mess in downtown Manhattan. Two locations were targeted. One was a future fur salon which is actually attempting to open its bloody doors in Greenwich Village, the "bohemian" heart of Manhattan, albeit a very touristy heart. The second was a steakhouse in Soho hosting a dinner party for furriers the next evening as part of "Fur Fashion Week" both locations had their locks super-glued, were thoroughly splattered with paint, and had many animal lib. slogans wheatpasted to their outer walls. As expected, the restaurant was quickly cleaned, but the soon-to-open fur salon was a mess for 24 hours. Security was beefed up for the dinner party. Total damage costs unknown.

- A.L.F.-

A.L.F. COMMUNIQUE

"Early morning hours of 6/21/96 hundreds of mink were released from 12190 SouthRedwood Rd. in Riverton, UT. Upon earlier entrance to the farm we discovered dead mink in cages (who were there at the time of the raid some days later). Some were swept under the cages lying in the other minks feces. Some were half eaten by others. Upon this we decided to move fast, before more mink meet the same fate. More such actions are coming.

Murderers beware. –A.L.F."

"HAPPY INDEPENDENCE DAY!

In the early hours of July 4th, the Animal Liberation Front released several hundred mink from the Latzig Mink Ranch 809 Cty. Rd. 7 SW) in Howard Lake, MN.

After being released from their cages, many of the mink escaped through a large gate in the fence which we opened; many others were lifted over the fence to freedom.

The farm is located a short distance from water, in an area resembling the animals natural habitat.

We recognize that some of the released mink may not survive but for these genetically wild animals they have at the very least been given a fighting chance at life, as opposed to certain death within fiver months if they had remained in their cages.

We will not allow the suffering and the slaughter of animals in fur farms to continue without resistance, and will continue in direct action against all forms of animal abuse. -A.L.F."

The Animal Liberation Front carries out non-violent direct action against animal abuse by rescuing animals and causing financial loss, usually through the damage and destruction of property, to animal abusers. A.L.F. actions are illegal and therefore activists work anonymously, either individually or in groups, and do not have any centralized organization or address.

No Compromise publishes the A.L.F. Action Update to keep the movement educated on the non-violent tactics and aims of the A.L.F. We feel it is important to inform people of the A.L.F.'s activities to combat the lies and distortions that animal abusers spout about the A.L.F. This list is NOT intended to encourage illegal activities. Actions are listed chronologically.

No Compromise would like to thank the North American A.L.F. Supporters Group for compiling this Action Update for us, and we would especially like to thank the heroic and compassionate A.L.F. activists who made this list possible.

REPORTING ACTIONS:

This list only represents a fraction of the actions that the A.L.F. has committed as most actions go unreported. However, if you are a member of an A.L.F. cell and would like to report your actions, here is a way you can do it without compromising your security.

Send your reports to the North American A.L.F. Supporters Group (P.O. Box 69597, 5845 Yonge St., Willowdale, Ontario, Canada M2M 4K3) Reports should include what the target was, what happened, what was done, and also the time, date, city and state. Do not hand write this report as handwriting is just as individualized as fingerprints. Instead, use a public typewriter or computer to print the letter so that it cannot be traced (Be sure you don't leave copies of your work in the computer's memory or by the typewriter). You will also want to be sure that the letter, stamp, and envelope you use is hair and saliva-free. Moisten the stamp with a sponge and wear gloves (not including thin rubber latex gloves which fingerprints can go through) while handling the materials. You should assume that all of the N.A.-A.L.F.S.G.'s mail is opened and read by the authorities, so be careful to NOT have anything on or in it that will incriminate you or others.

7/4/96-Nashville, TN; A.L.F. found that J. Jacklyn Furs was still closed for renovations after an arson attack in early Febuary. The group went ahead and glued the locks and painted slogans anyway. Then the Fur Vault in Nashville was hit. All accessible windows were smashed, locks glued, and the front of the building and their sign was spraypainted. **-A.L.F.**

7/4/96-Memphis, TN; 2 windows shot at with CO2 powered pellet gun. The A.L.F. did not get to see the extent of the damage caused. **-A.L.F.**

7/4/96-Pleasant View, TN**; The A.L.F. visited Mac Ellis Fox Farm in hopes of raiding it for the 3rd time in as many years. The group discovered that the second raid (Nov. 1995) had put the fur farmer out of business. VICTORY! **-A.L.F.

***7/10/96-Abbotsford, BC**; An empty pig barn is started on fire, $10,000 damages.*

7/15/96-Memphis, TN; Motes Furs and Dixie Meats paint bombed and slogans painted including A.L.F. IS WATCHING YOU and MEAT IS MURDER. **-A.L.F.**

7/20/96-Memphis, TN; A.L.F. attempted to burn 8 trailers at Goldsmith's Dept. Store as retribution for their continued sale of fur. Lots of slogans painted, and a fire was started. Police arrived immediately and put the fire out. Very little damage done, unfortunately. Still, a strong message was sent: THIS IS WAR! **-A.L.F.**

7/17/96-South Jordon, UT**; 3000 mink liberated from Holt Mink Ranch. **-A.L.F.

Animal Liberation Front Communique

"In the early morning of July 17 well over 1000 mink were released from their prisons into the wild where they belong. Holt Mink Ranch at 10291 South 1230 West, South Jordan, UT 84065. The fur farmers are scared, they are all stepping up security. Mr. Holt had just installed a new fence and used wire to lock each and every cage; but as you can see this proved to be useless. This new fence was simply cut down and rolled up leaving the animals plenty of room to escape. The locks were cut or ripped open, causing plenty of damage to the cages. What Mr. Holt did not or does not understand is that nothing will stop us. Original plans were to open every cage, but a cop arriving on the scene forced us to leave. Breeder cards were also destroyed. Once again, more actions are coming. The time is now for animal liberation.

A.L.F. till next time!"

8/4/96-Syracuse, NY; Skanaetlas Fur Exchange had its store front covered in red paint, the large windows were smashed, and a full length fur coat in the display window was destroyed along with a chandelier. The letters A.L.F. were painted on the outside of the store. **- A.L.F.**

8/9/96-Hinsdale, MA**; Over 1000 mink were liberated from The Carmel Mink Ranch, off Rt.. 143. "Most cages were opened....and (we) painted A.L.F. on the shed," said the communique. **- A.L.F.

8/12/96-Alliance, OH**; 2500 mink liberated from Justice Jorney's (president of the Ohio Mink Breeders Assoc.) fur farm. **-A.L.F.

"A.L.F. COMMUNIQUE

Early moring hours on August 12, 1996 the A.L.F. liberated 2500 mink from Justice Jorney's mink ranch in Alliance Ohio.

As the cages were ripped open we were amazed at how queitly and patiently each mink waited for its turn to be liberated. They felt mud beneath their feet for the first time and splashed playfully through the rain puddles.

As we skulked our way through the corn and saw the ranch for th first time, one work jumped into all of our minds . . . . Auschweitz. The mink were crammed five to a cage with no apparent source of food or water.

We refuse to allow the barbaric imprisonment and murder of innocent creatures for the vanity of selfish humans. As long as there are animals suffering at the hands of humans, there will be the A.L.F.

-A.L.F."

8/16/96-Boston, MA; The home of furrier Arnold Rosenkrantz was paint bombed. The newspaper ran a photo of his house with paint all over it, after the A.L.F. called in the hit. Rosenkrantz was the target of a CAFT home demo several months ago. The media mistakenly referred to him as retired. Though he closed his own storefront, he merged his company with another furrier, and still works full time with furs. **-A.L.F.**

8/16/96-Washington Crossing, PA; Kudra Furs received the normal treatment (smashed windows, glued locks, painted slogans). **-A.L.F.**

8/31/96-Collierville, TN; RusDun Farms Inc. a large egg farm had incendiary devices were planted in four semi-trucks and in the loading dock area and that warehouse air-conditioning units were sabotaged. **-A.L.F.**

ANIMAL LIBERATION FRONT COMMUNIQUE

1995-1996: The following is a report from the A.L.F. in Southern California, detailing their activities:

Dear SG, - It's been a while since we've corresponded, but we've been busy. We extend our gratitude to all activists fighting for our precious animals. We wholeheartedly support your effort to pay special attention to our fellow warriors who have the misfortune to be incarcerated - we must let them know that they are in our hearts and our thoughts at all times! Here is a report on actions that occurred between 1995 and 1996 to date.

POPEYE'S (fast-food operation selling chicken) was targeted three times. They were spraypainted with slogans expressing our feelings about their meat-peddling business. They were also treated to glued locks.

KENTUCKY FRIED CHICKEN (more scum like the above) was twice the recipient of our redecorating talents; slogans were painted all over their walls and block fencing, and their locks were rendered inoperable in the usual manner.

BURGER KING was beautified with slogans such as MEAT IS MURDER; they were hit twice. Their carnivorous customers were unable to enter the next morning because of non-functioning locks, courtesy of superglue.

Another object of our outrage and artistic endevors was an Italian Restaurant featuring SIX different veal dishes on the menu. Their back walls, side walls, fences, parking lot, and porch were refurbished with slogans such as VEAL IS CHILD ABUSE and SCUM. Front and back locks were also glued. Hit #2.

RED LOBSTER was sloganized and glued — they had to replace several locks as well as clean up their walls, (hopefully having to repaint). Hit #3.

LEATHER STORES (2) were hit, painted with slogans (WEAR YOUR OWN SKIN) and superglued.

McDONALD'S had their doors, walls, parking lot, and menu spraypainted with MEAT IS MURDER as well as comments on their practice of supporting deforestation. Locks were glued.

WINNICK'S FURS was painted with FUR IS DEAD and had their front locks glued; the back lock was already glued — someone was there before we were! Hit #3.

WOODLAND HILLS FURRIER, a particularily resistant bunch, were treated to glued locks once again. Hit #10

A BABY PIGLET was liberated from an institution intending on turning her into sausages. She was placed in a loving home and is doing fine.

A HEN AND A DOG were liberated separately from abusive owners. The hen was half-starved and had a wound on her neck. She was placed in a loving home and is now the beautiful, happy bird she deserves to be. Her new human companion reports that she loves to be held and petted. Likewise for our canine friend!

TWO RABBITS were rescued from owners who were planning on killing them. They were placed in loving homes where they are now doing fine.

The above took place in Southern California. We are doing what we can when opportunity presents itself. We hope we are making a difference, however small. Whether you write letters, contribute money, or participate in an active A.L.F. cell, all of your efforts are needed and appreciated in our battle to liberate our animal friends.

Animal Liberation Front

Animal Liberation Front GUIDELINES

TO liberate animals from places of abuse, e.g., laboratories, factory farms, fur farms, etc, and place them in good homes where they may live out their natural lives, free from suffering.

TO inflict economic damage to those who profit from the misery and exploitation of animals.

TO reveal the horror and atrocities committed against animals behind locked doors, by performing non-violent direct actions and liberations.

TO take all necessary precautions against harming any animal, human and non-human.

Any group of people who are vegetarians or vegans and who carry out actions according to A.L.F. guidelines have the right to regard themselves as part of the A.L.F.

The Animal Liberation Front consists of small autonomous groups of people all over the world who carry out direct action according to the Animal Liberation Front guidelines.

Animal Liberation Frontline Information Service

www <http:envirolink.org/ALF/alf.html>

The Animal Liberation Frontline Information Service is online. The goal is to provide up to date and currect information dedicated to the activities of the animal liberation movement in Europe, North America and worldwide. It will be an uncensored clearing house for information about animal liberation activities and activists.

SUPPORT
ANIMAL LIBERATION PRISONERS

One Day People Won't Have to Rescue Animals from Prison...
...Only to End up There Themselves

Billions of animals waste away in neglect, abuse, and torturous conditions, most of them without hope of being rescued. However, there are people who are risking their freedom and livelihoods to save these precious animals. Unfortunately these courageous people sometime end up in prison. They gave their freedom and now they need your help.

It is important to support all people involved in the struggle for animal liberation, but prisoners who sometimes face long jail sentences, inadequate vegan food, and a hostile environment are definitely worthy of our active support. Here is what you can do to help.

Write Letters of Support

Prison is very lonely. It's bad enough that imprisoned activists are locked away, unable to actively fight for the animals, but what's worse is being entirely cut off from the movement. You however, have the power to change that by writing them letters of support. Introduce yourself, tell them what you and your animal group is doing, and let them know you support them. It is safe to assume that all mail sent to prisoners is read by the authorities so do not send anything that could get you or the prisoner you are writing to in trouble.

Letters Help Prisoners

Letters not only boost the morale of a prisoner, they also alert prison staff to the fact that people are concerned about the prisoner's well being. This often helps increase the chance of prisoners receiving adequate vegan food and cruelty free toiletries, while decreasing the chances that the prisoner will be mistreated or be put in a dangerous position. So get writing those letters!

Writing Letters to Prisoners is Rewarding

You also gain by writing prisoners. Besides meeting a new friend, prisoners often have a lot of experiences that you can learn from. However, if prisoners don't respond to your mail, don't be discouraged. Sometimes prison regulations make it difficult for them to respond.

How Do I Get the Animal Rights Prisoner's Addresses?

Request an updated prisoner address list from the North American A.L.F. Supporters Group (SG). Their address and e-mail are below. You can also join the SG and receive their quartly newsletter, *Underground*, or subscribe to *No Compromise*, which comes out six ties a year. Both magazines print an updated prisoner list in each issue.

Donate to the North American A.L.F. Supporters Group

The "SG" is an organization devoted to helping animal rights prisoners. They help pay court costs for arrested activists who do not testify against other activists or themselves, and fight to ensure that activists given prison time get adequate vegan food, cruelty free toiletries and vegan footwear and blankets. They also do other prisoner support work and help the A.L.F. by all legal means.

Overall, the NA-ALFSG makes sure that no animal rights prisoners slip through the cracks of an abusive legal system that supports the needless slaughter of innocent animals while imprisoning those who fight to save them. Membership is $30, or $20 low-income, and entitles you to receive the SG's quarterly journal *Underground.*

North American A.L.F.
Supporters Group
P.O. Box 69597,
5845 Yonge St., Willowdale,
Ont., Canada M2M 4K3
e-mail: <an246614@anon.penet.fi>

ANIMAL LIBERATION PRISONER LISTING

North America

Rod Coronado #3895000
FCI, 8901 South Wilmot Rd., Tuscon, AZ 85706, USA
Sentenced to a total of 57 months for aiding and abetting arson and handling stolen property in connection with acting as spokesperson for the North American ALF, and for damaging government property as a protest against the treatment of native Americans (Rod is a member of the Yaqui Nation).

United Kingdom

Melanie Arnold GJ0940
HMP Eastwood Park, Falfield, Wotton u. Edge, Gloucester, GL12 8DB
On remand charged with arson at an abattoir in Gloucester and at two Milk Depots in Cheshire, and on conspiracy to commit arson at various other meat wholesalers, lairage companies, etc.

Gurjeet Aujla HV2047
HMP Birmingham, Winson Green Rd., Birmingham, B18 4AS
Serving a 6 year sentence in connection with postal devices sent to various companies and individuals involved in the meat and live export trades.

Dave Callender HV 3314
HMP Birmingham, Winson Green Rd, Birmingham, B18 4AS
Currently appealing against a 10 year sentence for conspiracy to cause arson.

Darren Cole XD2301
HMP Featherstone, Wolverhampton, WV10 7PU
On remand charged with arson on farm buildings used in live export trade.

Micheal Green AV2923
HMP Bristol, Cambridge Rd, Horfield, Bristol, BS7 8PS
Co-defendant of Melanie Arnold, charged with arson at an abattoir in Gloucester, conspiracy to commit arson at various meat and lairage companies, etc.

Angie Hamp TW1678
HMP Askham Grange, Askham Richard, York, Y02 3PT
Serving a 4 year sentence for conspiracy to cause arson. Angie has recently been turned down for parole, and is now due for release in Oct. '96.

Barry Horne VC 2141
HMP Bristol, Cambridge Rd., Horfield, Bristol, BS7 8PS
On remand charged with possession of explosive materials with intent to cause damage.

Keith Mann EE3588
HMP Full Sutton, Nr Stamford Bridge, York Y04 1PS
Sentenced to 11 years for criminal damage, attempted incitement, possession of explosive materials, attempted arson and escaping from custody.

Gillian Peachey RL3415
HMP Holloway, Parkhurst Rd, London N7 0NU
On remand charged with conspiracy to use incendiary devices to cause criminal damage and arson.

Mike Roberts GE 3743
HMP Lewes, Brighton Rd, Lewes, East Sussex, BN7 1EA
On remand charged with conspiracy to cause criminal damage.

Geoff Sheppard MD1030
HMP Wormwood Scrubs, Du Cane Rd., London, W12 0AE
Sentenced to 7 years for possession of a shotgun and possession of items for making incendiary devices.

Charles Skinner 24250
HMP La Moye, St. Beades, Jersey, Channel Islands.
Sentenced to 4 years for causing over 322,000 pounds worth of damage by arson to Jersey Zoo visitors centre.

Barbara Trentholm Rl 1292
HMP Holloway, Parkhurst RD, London. N7 ONU
Found guilty of committing arson along with Justin Wright, due to be sentenced Sept. 6.

Justin Wright CE3046
HMP Lewes, East Sussex, BN7 1EA
Found guilty of committing arson along with Barbara Trentholm, due to be sentenced Sept. 6.

Holland

**Frank Kocera 1648820
**
Bijlmer, Demersluis, Postbus 41901, 1009 CE Amsterdam, Holland
Awaiting trial on various cahrges of arson against the meat industry in Holland.

**Erik van der Laan 1648819
**
Bijlmer, Demersluis, Postbus 41901, 1009 CE Amsterdam, Holland
Awaiting trial on various cahrges of arson against the meat industry in Holland.

A.L.F. Activists Busted!

By Rochelle Holland
Special to *No Compromise PLUS*

ALKMAAR, HOLLAND -- At around 6 in the morning on 25 March 1996, two separate teams of police officers entered the houses of Erik van der Laan, 20, and Frank Kocera, 25, in Amsterdam. A third team entered the house of Erik's parents in another city (knowing full well that Erik had recently moved to Amsterdam). They searched all three houses. Both Frank and Erik, who were at home in bed, were arrested. The police also took Frank's shoes, about 200 cassettes, most of his animal rights literature and anything else that they thought might be connected to the arson attacks and vandalism which they suspected the two men of committing.

Friends and family were not informed as to the men's whereabouts. All police stations contacted denied that the men were being held there. After much research and persistence it was discovered that the men were being held separately in different cities. They were not being given vegan food and Erik did not eat for the first 5 days because he was only being served slabs of flesh.

THE INTERROGATION

The day after the arrest and after a full day's questioning Frank finally gave in and confessed to the arson attacks, after being confronted with an overwhelming amount of proof that the police had relating to their case. The police were tougher on Frank as they suspected him of being the "leader". He was not informed of and did not know that he could choose his own lawyer, he also did not know that he could exercise his right to *remain silent.*

I know it is hard to imagine that they were so naive, but hopefully others will learn from these mistakes.

THE BEGINNING

Frank and Erik were active from 1993 onwards. They started off gluing locks at McDeath in their home town. They have confessed to approximately 28 counts of economic sabotage and attempted economic sabotage. One, which was to be their last arson attack in Schiedam caused over $1.5 million damage, and closed the slaughterhouse for at least 6 months. Anyone who has ever questioned the necessity of the A.L.F. has to admit that damage -- UNINSURED damage of such a huge sum -- causes animal murderers many sleepless nights and can put them out of business. Another attack, at a warehouse for game and poultry carcasses, resulted in $150,000 damage.

HOW THE POLICE FOUND THEM

Their brief careers as activists with the newly formed Dutch wing of PETA would lead to them being followed, filmed, their phone tapped and their eventual arrests. It happened on 13 February of 1994, the two men, then living in separate cities were both arrested while protesting the live transport of calves from England to Dutch slaughterhouses via Amsterdam's Schiphol airport. The police had not yet made the connection that both men were close friends, and that though living in Amsterdam, Frank was born and raised in the same place as Erik. It did not take the police long to find out. By December 1995 a special RAT task force had been formed. They received assistance from the special "observation team", the DBRZ, who were specialized in tracing and following "terrorist" groups in Holland. The activists were using bottles with the brand name REAL COOL which were only available in their local supermarket around the corner from where Frank was living and NOWHERE else in the entire area of North-Holland. Incense sticks and firecrackers were used as wicks to ignite the bottles which were filled with gasoline.

SOME OF THE DUO'S ACTIONS

A brief summary of a few of the acts of economic sabotage:

1. End March 1995, a butcher gets gasoline poured through the letterbox in his butchery. A few streets away a meat transport trucks is burned to the ground. The police would later install a camera to film any illegal activity, should the culprits return.

2. At a livestock show in 1995, a bomb threat was received in the name from a group called RAT (RAT stands for Right Animal Treatment, one of two signatures that the men used). Later, in June an attempted arson attack on a ritual slaughterhouse followed with the warning "watch out, concentration camp".

3. A week later the locks are glued at many butchers stores and the windows covered in stickers with slogans, including the butcher who had previously been visited in March and who had his camera on at the time of the "attack", apparently nothing tangible appeared on the tape due to "atmospheric interference".

4. On October 22, 1995 a truck used to transport elephants for notorious animal abusers Circus Krone is burnt to the ground.

5. 5 November 1995, 5 trucks from a meat processing plant in Amstelveen are burnt to the ground, the slogan "animals are helpless" was left to explain the actions. 6. 26 November 1995 the same thing happens, this time in Leiden (close to the Hague)Ó rom the RAT's .

THE PHONEBOX TAP

The equivalent of the Dutch FBI -- the CRI -- finally got hard proof of what they said were telephone calls from RAT claiming responsibility for the arson attacks. This proof came from a separate police corps (in the Hague area) who had nothing to do with the case. On February 16 the Hague DA granted the RAT team permission to listen to the recordings. There are allegedly three recordings, all to the press from RAT in a male voice on the nights of 1/10/95, 5/11/95 & 26/11/95. All calls were made from one telephone box on Frank's street. WHY, the Hague police were tapping that particular telephone box remains a mystery (!).

The tapes had to be examined, and the arrest would be 5 weeks later, and a month after the last attack in Schiedam where the two men caused the most damage of their short but fruitful career of A.L.F. activity. Interesting to note is that the police allegedly did not even have any dirt on RAT regarding the last attack, there was nothing in the case file about it and it only came to their attention when Frank confessed to it. Frank gave as the reason for confessing to everything that he was proud of what he did and wanted the world to know. He did it for the animals.

Despite their naivete and innumerable silly mistakes (they obviously aren't professional criminals), the two men caused an extraordinary amount of damage to the meat industry, and their case is definitely drawing attention to the plight of animals. We have been getting support from all over Holland, and surprisingly welfare groups who were criticizing the A.L.F. in the press before the arrests, came to show their support at the court on 25 June. The usually moderate animal groups seem to be getting more militant.

Best of all, the attacks on the meat industry have not abated. Since their incarceration, there have been more reports of activity by another A.L.F. cell. Briefly: a slaughterhouse received a bomb threat (false naturally) and had to evacuate the premises while the police searched for something that was not there.

FORMING HOLLAND'S A.L.F. SG

We formed the A.L.F. Supporters Group out of necessity . The two men are being defended by Holland's second best lawyer who even though he is doing the case at a fraction of his regular, inflated fee, is still very expensive. Why the best? With the two men facing a suspected recommended sentence of up to 7 years, we need someone good to fight it down to a lesser sentence. Their first trial date was 25 June, supporters piled into the court and greeted the men with a loud applause. After 30 minutes of charges being read out, the men's lawyer ask that the case be suspended pending psychological tests on the defendants. It was agreed and the next trial date was set for September 10, 1996.

Besides needing an SG to help arrested A.L.F. activists, another reason for forming the group is that we think that it is time the A.L.F. get the respect they deserve here and everywhere, and we want to educate people about what is happening to animals. We now are publishing a newsletter which includes interviews with A.L.F. prisoners, articles on straight-edge and veganism, etc.

SENTENCING

On September 24, Frank Kocera (25) and Erik VanDerLaan (21) were sentenced to 3 and 2 1/2 years in prison respectively, with no chance of early parole. Both men have been on remand in an Amsterdam jail since March of this year. This time will be deducted from their sentence.

Frank and Erik caused 2.7 million guilders ($1.35 million) direct damage to the industry, and 3 million guilders indirect damage. They also succeeded in immobilizing a slaughterhouse for 6 months after an arson attack. The two confessed to 28 counts of arson and vandalism, but were charged with only three. The other 25 will not be pursued.

Two weeks prior to the sentence, the prosecution demanded a 5 year sentence for Frank and 4 years for Erik.

DURING THE TRIAL

Defense Attorney G. Spong requested that the case be dismissed, because Kocera and VanDerLaan had sustained numerous human rights violations by the authorities who had kept them under intense observation for months leading up to their arrest.

Spong also drew comparisons to Nazi Germany, saying that had an arsonist burned down Auschwitz, he/she would be considered a hero. He continued by saying that the two men believe that the meat industry is an Auschwitz for animals and they were motivated to protest this in the only way they knew how.

The prosecution demanded a stiff sentence to serve as a deterrent and also as punishment for what she called "terrorism against a legal industry". Spong stated that only an individual with no morality could consider the meat industry a legal and normal industry.

The two men stated in court that they were regretful of the method (arson) they used, but were still firmly committed to animal rights. They are Holland's first animal rights prisoners.

The good news is that other A.L.F. cells have popped up and since the men's incarceration there have been other acts of economic sabotage against the meat industry!

Rochelle Holland works with Hollands A.L.F. Supporters Group . She can be reached via e-mail at: fire@xs4all.nl

Commentary:

NEVER, EVER TALK TO THE AUTHORITIES!

Committing A.L.F. actions is nothing to be ashamed of. However, they are not something you talk about either -- especially to the authorities. Frank and Eric got off lucky with five years and four years in prison considering all that they confessed to.

People need to understand there is absolutely no reason to talk to the authorities about the crimes you have committed. Most convictions result because the criminal confess their crimes to the police. Intuitively, that sounds stupid. What could possibly be the motivation to confessing? Confessing can't help you, and it does hurt you.

So if you are ever picked up by the authorities, or they show up at your door asking questions, reply "No Comment" or "I have nothing to say to you." Answer all questions "No Comment" and exercise your right to remain silent.

Do not try to outwit the authorities. They are trained to extract information from people using numerous strategies -- good cop, bad cop; leading questions; warming up to you, and pretending things will be better if you just speak; making threats, etc. Now these tricks might sound ridiculous, but given the heightened state of emotional stress people are usually under, they often work. The authorities also have numerous ways to "trip you up" by finding inconsistencies in your stories and alibis. Sometimes a seemingly insignificant information will be used against you or a friend.

Your best bet is to NOT TALK. It is much easier to fight a criminal charge that you haven't confessed to doing. And regardless of what they say, your silence cannot be used as proof of your guilt. It is merely an assertion of your civil liberties. Don't talk. It is your right. Use it and stay free!

Doing time with the Animal Liberation Front



An Interview with Darren Thurston

How did you get involved in animal rights?

• I started getting involved in the hard-core/ alternative/straight-edge music scene in 1985/6 and through that got involved in animal rights/ liberation. I stopped eating meat, and, shortly after, stopped eating dairy and eggs. I formed an Animal Rights group called Citizens Organized for Animal Liberation because none of the local AR groups wanted to do civil disobedience actions or even demonstrations. They would do their annual anti-fur pickets and the odd anti-rodeo and anti-circus pickets and sit on the fence the rest of the time.

What led you take a more militant approach to animal liberation and join the A.L.F.?

• First off, animal rights organizing was very frustrating. I saw animals every day getting killed and tortured for human greed, vanity and food, while people wanted to write letters and talk to vivisectors about the 'problem'.

Secondly, you can't join the Animal Liberation Front. It has no central command, address, or membership list. The A.L.F. is everywhere. It's composed of dedicated people who take the first step and do something — smash a window, glue a lock, spray paint a butcher shop, free some mink, burn a meat truck, liberate some animals from a laboratory. Remember, YOU ARE THE A.L.F.! and the animals need you NOW.

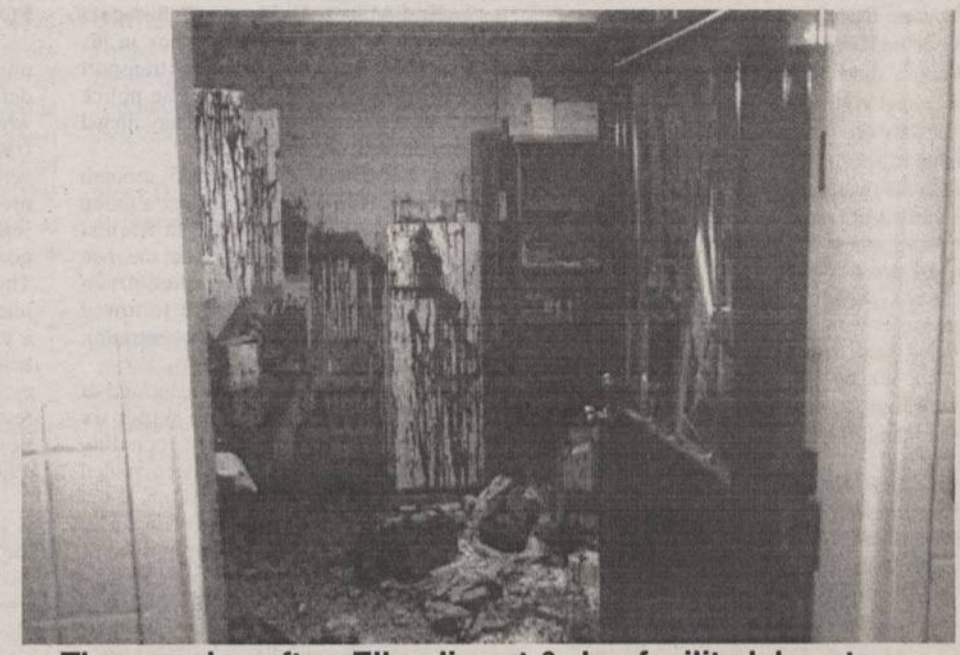
How did you learn to do A.L.F. actions?



Post raid photos at the Ellerslie motel.

• I never really learned from anywhere or anyone. But I do remember an old adage that "practice makes perfect" or something along those lines. For those that would like to learn the finer details of how to do certain things, they are available in numerous booklets.

Recommended reading; An Animal Liberation Primer 2nd edition, Interviews with A.L.F. Activists, The Power is Ours, and The Final Nail.



The morning after; Ellerslie cat & dog facility laboratory.

What security precautions did you see activists take while involved in the A.L.F.?

• Physical security was a major concern of everyone as it always should be. You have to assume that every word you say over a telephone is being heard, pay telephones included. Never talk inside anyone's home or vehicle, both can and are bugged very easily.

...crowbar, large ball-peen hammer, portable electric drill, radios, radio frequency-scanners...

The best cover of course is to have never been involved in above-ground animal rights organizing at all. Animal Rights groups are the first place the police will start looking for suspects. Police regularly video tape demonstrations so they know who is active. More and more activists are forming small tight knit groups of close friends that they can work with. We are also seeing activists both here in North America and in England go underground so that they may continue direct action against the animal abusers and/or avoid arrest.

Recommended reading; Without A Trace, the entire Security section of EcoDefense.

What was the University of Alberta doing to the animals?

• I had done some research in the University library and found information about the ongoing experiments at the University of Alberta such as the testing of drugs on primates, spinal cord research on cats, smoking experiments on dogs, etc. A lot of the cats that were liberated would have ended up having their spinal cords broken and drugs tested on them.

How did you obtain that information?

• A lot of it came from lab animal research journals and other University publications at the University libraries. The vivisectors love publishing papers of how they torture and mutilate animals in order to get further research grants. It doesn't take that long to figure out how to use any University's computer search functions and check out ongoing experiments and specific researchers.

What did you do to prepare for the raid?

• I watched the entire facility for numerous days and nights familiarizing myself with the normal routine of the facility; the time the staff came and left work, when staff that lived on the farm/facility were at home and when they went to sleep, at what time University security did their routine checks. I also obtained both road and aerial maps of the area from local libraries.

The facility was quite large - it has approx. a dozen buildings including breeding facilities for mice, cows, pigs, sheep, dogs and cats. Two caretakers (both vivisectors) lived in separate houses on the facility.

Any other planning?

• I picked a night that I knew would be quiet, a new moon when there would be very little moonlight. We also made a visit to the facility the night before

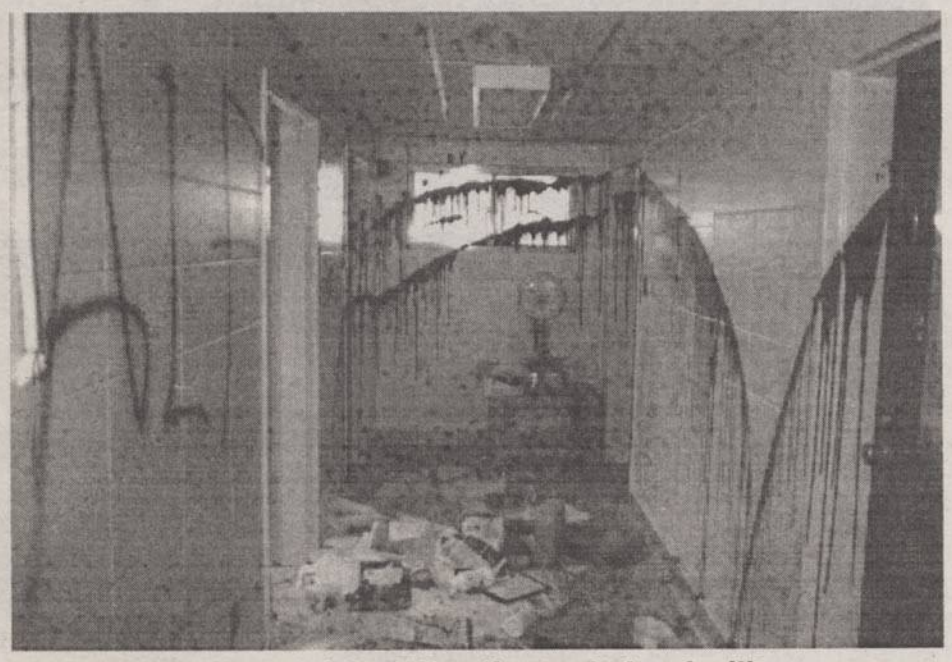
the raid to make sure everything was in place and to familiarize everyone of what the facility looked like and what their roles were.

What equipment was necessary to do the raid?

• hmm..... well, let's see; crowbar, large ball-peen hammer, portable electric drill, radios, radio frequency-scanners (so we could listen to both University Security and the Police), pick-up truck, cat carriers, paint, large bags.

How did you carry all of the equipment inside?

• There wasn't all that much equipment needed, a duffel bag and back-pack worked fine.



Hallway of the Ellerslie cat & dog facility.

How did you handle the security systems and enter the building?

• The facility had a security system including an ADT card entry system at the front door, and an intrusion alarm system - the vast majority of the facility was totally insecure though. There were numerous windows that it would have been very easy to break and enter through including windows directly into the large cat colony cages. There were many doors that could have been opened in a variety of different ways; pushing hinge pins out, drilling large holes right through, drilling or picking locks, or forcing the locks with a crowbar. Mysteriously though, the door we went to, which opened directly into the cat kennel room, was left unlocked?!

What did you do when you entered the building?

• Immediately went to work getting the cats out. The most important part of the action was getting the animals out safely. Once that was done the other tasks could be completed; finding and taking important files and of course economic damage.

There was approx. $100,000 in damage done to the facility could you tell us what equipment you damaged and why?

• There was only one small laboratory in the dog and cat kennel we were in. We damaged as much as we could in the entire building after all the cats were safely away from the facility. Damaging torture devices and other equipment makes them inoperable to torture and kill animals anymore - otherwise they could go back to torturing animals the very next day. Destroying the actual instruments of torture is practical. It ensures that the sadism will be stopped at least temporarily. It also ensures that they will be wasting money (which would have otherwise gone to vivisection) to hire extra security and install expensive alarm systems.

How did you damage it?

• Inside the laboratory itself, we forced open every locked storage cabinet dumping the contents on the floor, smashed sterilizers and other equipment and splashed red paint everywhere. In their office, boxes of files pertaining to illegal sources of the dogs they used and research were taken, everything else was scattered on the floor and then soaked in muriatic acid. Throughout the facility, slogans were spray painted, red paint splashed on walls, electrical cords cut, toilets and sinks smashed.

There was also one delivery truck outside used to transport animals from the facility back and forth to the main University lab, it had paint stripper dumped all over and the tires slashed and was also spray painted with slogans.

How did you leave the "blood" marks on the wall?



Extensive damage inside the laboratory room.

• Red paint that had been thinned a little and placed into several plastic 2 liter soda bottles, which made it very easy to splash anywhere and everywhere.

What did you wear during the raid?

• Coveralls to keep clothes underneath paint free, gloves, inexpensive throwaway shoes and balaclavas (in case of video security cameras.)

How did you get the animals out and how many were there?

• The cats were originally going to be placed in large cloth bags and then carried to an awaiting vehicle and placed into cardboard cat carriers. Upon putting the first cat into a bag it was promptly shredded. So much for that plan - plan two went into effect as the cardboard cat carriers were carried two at a time across a long field, two cats placed in each box and then carried all the way back to the awaiting vehicle. 29 cats were liberated all together.

How long did the University raid take?

• The entire time inside the facility probably took 3 hours or so, mostly because it took so long transporting the cats across a field to the truck.

How did you re-home the animals?

• I did not take part in the re-homing of the animals. The cats were supposed to go to a home that would hold them for a while and then send them off to other homes where they could live out their lives free. The homes didn't get set in advance as they were supposed to. With a lot of hard work and stress, homes were finally found.

Is there anything you would have done differently?

• The film and video footage taken and sent to the media had too many traces of where they were taken and helped police to track down the motel we used after words. More thought definitely needed to be put into not leaving any trace of location as to where the photos were taken.

How did you get caught?

• An informant named Jessica Sandham. She was a woman who had rented a motel room where the cats were to be taken after the raid (where video and still photographs for the media were taken). Jessica who rented the room didn't have to show any identification at all but instead showed her own and did not tell anyone else that she had done this. Investigators, who started checking every motel/hotel in the entire city looking for similarities to the media, video and still photographs, quickly tracked down the motel we used. The room was rented by Jessica who was already in the National Crime Index Computer (unknown to me or her at that time) as a suspected animal liberation radical which of course rang big warning bells. After placing her under physical surveillance for over a week, on June 19th members of the Integrated Intelligence Unit knocked on her door and asked her to answer questions. Instead of saying "NO COMMENT", or "call my lawyers" or "fuck off", she went with them to answer questions.

She was questioned for 4 1/2 hours on video-tape (unknown to her). Where the police tried all the typical police tricks and traps and she went for them all and talked freely about all she knew including rumors about the UofA raid. The police led her questions and tried to scare her by mentioning the so-called increasing "violence" in the animal liberation movement and my completely legal possession of several firearms.

Recommended reading; War at Home by Brian Glick, If An Agent Knocks, Agents of Repression by Ward Churchill.

What happened to Jessica Sandham?

• Jessica Michelle Charlotte Sandham (DOB Jan. 31/1973) is free, has always been free and was never arrested, we know immediately after the arrests she moved to another city and has since moved back to Edmonton and lives with her parents (12033-41 St., Edmonton, AB, Canada 403-479-1898). She was immediately disowned by the animal liberation community in which she was active, she has been labelled a traitor and informant in Canada.

Can you tell us about your initial arrest experience?

• I was arrested Friday June 19th at approx. 5:30 pm. I had just finished working at a small store where I was the manager. The police, who had placed me under 24 hour physical surveillance since June 3 (two days after the action), knew where I was. I was standing at a transit stop when I heard a car screech to a stop behind me. As I glanced over my shoulder I saw two large men, obviously cops, jumping out with guns drawn.

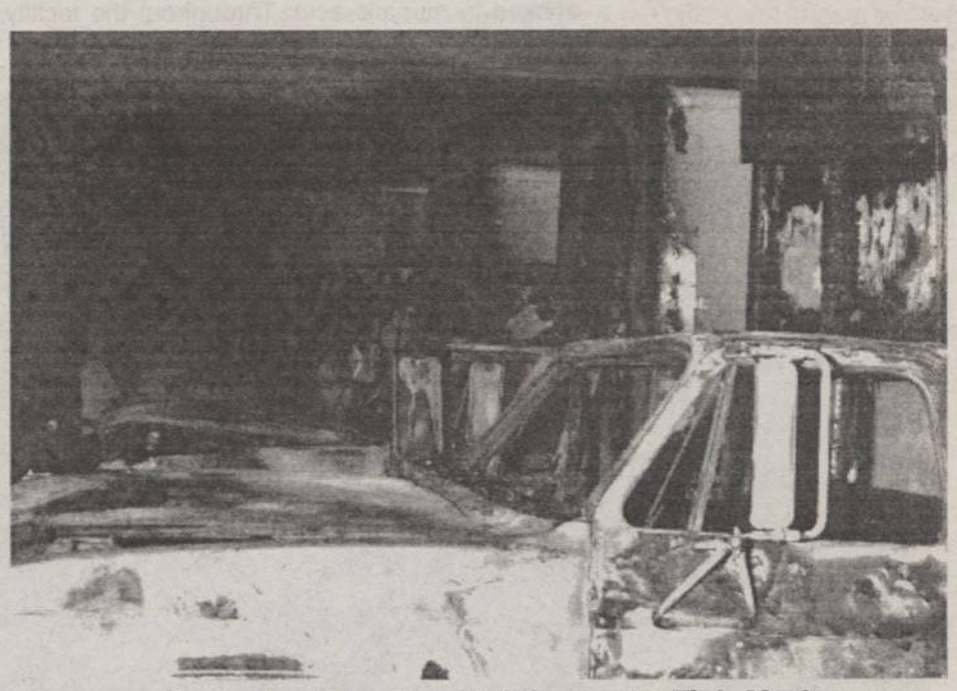
I was originally charged with 4 counts (Break and Enter, Mischief over $1000, Theft over $1000 and including a conspiracy charge that was later dropped) related to the UofA liberation, after I was taken to the police station. I was then put in a holding tank and finally brought into an interview room with one of the cops. He proceeded to ask me a huge list of questions, to which I responded with little except that I would like to talk to a lawyer.

As I was being arrested, the police were also executing search warrants on my partner's and my apartment and a friend's home. A warrant was also issued for the arrest of a friend of mine, Grant.

Can you explain your experience with the courts and jail?

I was finally processed after about 5 hours at the police station and 12 hours sitting in a holding tank at the Remand Center and moved to a really dirty and cold dormitory with 80+ other men. Next I was called out again and taken over to the police station to be charged with another 3 charges (arson and two mischief's). These charges were in regards to two actions at Billingsgate Fish Market.

One was in December '91 when the store and 4 large fish delivery trucks were spray painted with slogans, tires slashed and incendiary devices left on their front seats. Three of the incendiaries ignited causing approx.. $75,000 damage. The other action (also at Billingsgate Fish Company) was the following month when their store and three replacement rental trucks were spray painted with slogans and tires slashed.



Burned out trucks at Billingsgate Fish Market.

After a few days, I finally got moved into a unit in the Remand Center, bunked up with a hyperactive 18 year old car thief, and another 56 'children' on one of two units called "the zoo" (so-called because of all the fights and craziness in general).

I saw two large men, obviously cops, jumping out with guns drawn.

I finally obtained a good lawyer, one of the top lawyers in Alberta, who took the case for a very low expense. He did his best and more a lot of the time. I would have much rather had an animal activist lawyer, but there's just not that many around in Canada.



Oullette Meat Packers after an A.L.F attack.

About four days after my arrest late one night just after lock-up, I got called out again and was brought over to the police station to be charged with yet more charges. This time I was charged with another 7 charges related to damage done to three billboards carrying advertisements for the Fur Council of Canada "Fur Our Choice Naturally". At one of the signs a note was left for Hook Outdoor Advertising telling them to stop running the ad's or it would be there most expensive advertisement campaign ever. At the end of December the A.L.F. entered Hook's yard and wrote a long message on the side of one of their vans telling about the horror's of fur production and one of the boom trucks was gutted by fire, another charge of arson. On Jan. 1, 1992 at Oullette Meat Packers a van had it's tires slashed, side window smashed and a timed incendiary device was left on the seat. Both the building and van were painted with slogans. The incense sticks had gone out (according to court testimony) for some reason - extreme cold, wind? And so one more attempted arson charge and another mischief charge. The police were telling me they want six years in prison.

Approximately June 29, 1992 a Canada-wide arrest warrant was issued for David Barbarash and photos of David were circulated to television stations and newspapers.

David was wanted for three charges related to the UofA liberation (Break and Enter, Mischief over $1000, Theft over $1000). The Royal Canadian Mounted Police visited several activist's homes in B.C. looking for David. David disappeared underground.

My attorney had seven separate bail hearings to try and get me released on bail, even with numerous conditions, to no avail. I was refused on the grounds that I 'was a threat to society' and that 'I may not appear for trial'. Even after my family offered to put up property and $50,000 cash for my bail. At the bail hearing before mine one day, the same judge granted bail for a person convicted of murder that was facing a trial for manslaughter.

Early September 1993, I finally got my 4 day preliminary trial, after I'd been inside for over 14 months. Jessica Sandham took the stand and testified about her role in the U of A liberation — renting a motel room, buying paint and meeting with several people from 'out of town'. She also talked about the Billingsgate arson and how I had allegedly said that it looked like it would have been easy or was easy. The police testified all about the actions that I was charged with. My attorney got the police to answer questions about the surveillance they undertook and we learned that they had me and my residence under 24 hour physical surveillance in December 1992 for three weeks. June 3rd two days after the UofA liberation they had set up 24 hour physical surveillance on me and Grant, both our residence's, Jessica, and several 'targets' that they hoped might get 'hit'. They had placed legal 'bugs' on both mine and

Grants phones and also a 'bug' in my residence. We also got the police to testify about involvement in the case from the FBI, BATF and Michigan University Police. Members from all three had actually traveled to Edmonton to take part in a second search of my residence, looking for more 'evidence'. Police also testified that the FBI took photocopies of all of my files, an entire filing cabinet. So four days later it was over and now it was time to wait for a two week trial.

After a few weeks I finally heard that my trial date was not going to be for another 8-12 months, and I would be in jail the whole time. The situation re: the UofA and the Billingsgate arson charges wasn't looking all that good because of evidence against me. My attorney had been trying to get me a deal where I would plead guilty to the UofA and the Billingsgate arson charges and I would get out with time served, the other charges would be dropped. On Oct. 12, 1993 I plead guilty to three charges - Break and Enter to Commit Theft and Mischief (UofA liberation) and arson (Billingsgate fire). I was acquitted of all the other charges against me. Later that day I walked out a free man after 15 1/2 months inside.

Within one week after I was out, I got a visit from the chief investigator, serving me with appeal papers. The police and prosecution didn't think that my 15 1/2 months locked up was enough. They wanted me to serve several more years. On March 8th 1994, five months after I got out, the appeal was heard at the Alberta Court of Appeals (the highest court in Alberta). The Appeals Court reserved their decision. Their decision came several weeks later; they sentenced me to another two years, less a day inside. I was taken into custody immediately and shipped back to the Edmonton Remand Center.

From Edmonton Remand I was transferred and spent 4 1/2 months in Calgary Correctional Facility (Spy Hill) and then 5 months at Fort Saskatchewan Correction Facility (The Fort). A lot of my time was spent on the phone helping out with other prisoners' support including Rod's (who had just been arrested) and working towards an early release. I spent my spare time reading, writing, playing cards, and working out. Time went by a lot quicker than in the Remand Center because there was a little more to do.

Finally out Jan., 1995 I was granted an early release under probation and partial house arrest. I accepted it and was out yet again. For 4 months I was to be home from 6pm till 6 am, parole workers would call every night to make sure I was home and also knock on the door every other day or so. I also had to see my probation officer every week. After aprox. 5 months, I was finally finished with the house arrest portion of my probation and now just had to visit every two weeks. Two days before completing it, my probation office ordered me over the phone to attend a meeting at his office on one hour's notice - I refused. The next morning when I called him, he told me to turn myself in - he had pulled my probation because I was allegedly seen at the airport boarding a plane (I was not allowed to leave Edmonton without permission as part of my probation conditions). After contacting my attorney for advice on what to do, he told me that they could pull it at will and that I would likely have to serve another two weeks until my sentence expiration. Three days later I turned myself in and served another 10 days.

What happened to your co-defendant in this case?

• Grant was arrested the day after me on June 20th on nothing other than complete speculation. He was charged with the same four counts related to the U of A liberation that I was. Aprox. ten, days later he was released on $4000 cash bail and stiff conditions including moving 3 hours away to another city to live with his parents, a curfew and report once a week until his trial. Grant did not have a criminal record and was 29 at the time. At Grant's trial several months later the prosecutor gave him a stay of charges because they had no evidence at all.

How long were you in jail?

• All together, just under two years.

What was prison like?

• It was the first time I had been to jail in my life so it was quite eye opening in the beginning. I didn't know what to expect really. You got used to the routine really quick - you don't have much of a choice. Overall it really wasn't that bad though.

Work with as few people as you need to, make sure you know them all very well and KEEP YOUR MOUTH SHUT!

Did you fear for your personal safety while in prison?

• No. Things were a little crazy at times, I got into several fights over my beliefs.



Timed incendiary devices inside Oullette Meat Packers van.

Did prison have any effects on you?

• Being imprisoned strengthened my resolve even more. It gave me the chance to improve my mind and body. I got involved in weight training and jogging which strengthened my body. It made me



Gutted inside of a Hook OutDoor Advertising truck.

realize even more that we need to keep up the pressure on animal abusers around the world on every level, both above-ground and the underground. We can win this war! I certainly knew that if I was caught doing A.L.F. activity, I could end up serving time in jail. But those are the risks we take. Every A.L.F. activist must be ready to go to jail rather than incriminate other A.L.F. activists or do anything that would put the animals' freedom at risk.

Do you have any regrets?

• I wish we could have taken every animal there.

What words of wisdom do you have for other activists?

• Don't let anything get you down, there's a lot of bad stuff happening out there, and things are pretty tough sometimes. Actions can still be done and NEED to happen. Work with as few people as you need to, make sure you know them all VERY well and KEEP YOUR MOUTH SHUT! You don't need to spread rumors or gossip about other activists and actions or about your own. I'm in this for the animals - if you're not, get the fuck out.

Thank you for your time and for all that you have done for the animals. The personal sacrifices you made for animals are truly inspiring and needed if we ever want to see animal liberation become a reality. Best wishes to you Darren.

All recommended reading booklets can be obtained from the North American A.L.F.S.G. Distribution, send a SASE to P.O. Box 767295, Roswell, GA 30076, USA (New Address)

Coronado's Column

Open the Cages!

Rod Coronado is currently serving a 57 month prison sentence for his involvement in destroying mink research facilities. He can be reached by writing: Rod Coronado #3895000, FCI, 8901 South Wilmot Rd., Tucson, AZ 85706. Assume all letters he receives are read by federal authorities.

On October 23, 1995 the Animal Liberation Front (A.L.F.) opened the cages on the Dargatz Mink Farm in British Columbia, Canada freeing 2,400 mink into the surrounding countryside. The liberation from the Dargatz Mink Farm was the first in what now has become 12 liberation raids by the A.L.F. of fur farms in North America in less than a year. The result has been the release of approximately 11,000 mink, 30 fox, and one coyote from the intensive confinement that would have lead to death for all prisoners.

The release of animals from fur farms is nothing new. In the former Soviet Union, Iceland, mainland Scandinavia, Western Europe, Britain and Newfoundland, Animal Liberation raids as well as accidental and intentional escapes from fur farms have resulted in mink and some fox being introduced successfully into the natural environment.

In Britain, the ecological impact of these releases has been measured, and as liberated mink conveniently fill the ecological niche left by Britain's now extinct otter population, the negative impact has been minimal. In Iceland's island ecosystem, and in parts of Scandinavia, mink has been slightly more destructive to the ecological balance. Never has the question of formerly captive minks survivability been questioned by those in the know, only the level of impact these beautiful fierce predators have as they successfully readapt to a wild life.

NORTH AMERICAN MINK

In North America, its a whole different story. Although there is a Eurasian species, mink are believed to be native to North America with the theory that the Eurasian species originated from North American ancestors who crossed the ice bridge between this continent and Asia. Previous to the "discovery" of the "New World", mink were one of the many aquatic animals that flourished in virtually every lake and waterway in North America except the desert regions.

The war against the mink nation that continues today, began when the first Europeans invaded their homeland. When the Mayflower first rounded Cape Cod, Massachusetts in 1620, already Jamestown, Virginia was the hub of an extensive fur trade. A price list from 1621 records mink among other animals fetching up to ten shillings apiece on the market to which modern day fur farmers can claim as their bloody lineage.

The fur trade can also accept responsibility for causing the extinction of the native minks salt water cousin, the sea-mink. Nearly twice the size of their freshwater relations, and recorded as inhabiting the whole Northeastern North American Seaboard, and all that remains of this being are two skins and a pile of bones. That and of course the memory of one furrier who before the American Revolution recalls the pelt of the sea-mink selling for five guineas. And so it is, by the end of the 19th century, fresh-water mink were severely depleted from their former range in all of North America by a fur industry thirsty for the blood of this continents fur animals.

BEGINNINGS OF MINK CAPTIVITY

Unlike their European and Scandinavian counterparts, mink farmers in the United States and Canada began the attempted domestication and economic exploitation of mink often from live captured wild mink populations. In the 1920's this new element to the fur trade began.

In 1925 Kent Vernon's family in Northern Utah (now president of the Utah fur-breeders Co-Op) live-trapped chicken-killing mink from the wild and began breeding them in captivity. In 1927 the U.S. Government opened its Experimental Furbearer Research Station in Corvallis, Oregon (shutdown by an A.L.F. raid in 1991) and began experimentation in different techniques to breed wild mink in captivity. With overexploited mink populations unable to satisfy the demands of an increasing demand for fur, trappers across North America began to captive-raise wild mink, and in the 1930's discovered fur mutations that altered the minks fur color. Now just 70 short years later, mink farmers are still battling the still dominant wild DNA of captive mink that causes these normally free-roaming solitary animals to contract diseases from close confinement, self-mutilate and even cannibalize their own kind. All for the price of a fur coat.



Scenting fresh air for the first time, a mink is released into the wild.

MINK INDUSTRY RESEARCH

Beginning in 1990, I researched mink farms by visiting over 25 in Oregon, Washington, Utah, Idaho, Montana, and Michigan. What began as a quest to document conditions and killing techniques on fur farms quickly turned into the study of the first ever attempted domestication of a North American predator. What I learned both by my research and by the rescue rehabilitation, and release of sixty mink from a Montana farm leads me to conclude that all captive mink should be released, in one way or another, from their prisons we call fur farms.

Highly intelligent, fierce and very adaptive, mink are anything but successfully domesticated. Arguments by the fur industry that mink are domesticated are ludicrous. Like all wild animals held in captivity, some mink when released from their cages will fare better than others. Many factors will contribute to successful mink reintroduction as does the impact they will have on their surrounding eco-system. These are issues that I will address in this article.

INFILTRATION

In 1990-91, I spoke with many mink farmers and researchers who, believing I was a mink farmer, instructed me in ways to avoid my mink from losing their recessive genetic structures that gave them the fur quality and color variation that separated them from their wild relations. Captive mink are genetically 95% similar to their wild counterparts. The only difference besides behavior being fur color and quality which is solely maintained by a scientifically controlled diet, which is key to maintaining their genetic differences from wild mink. Black and dark mink being the closest genetically to wild mink.

Jim Leischow, a second generation mink farmer from Kenosha, Wisconsin described to me in a discussion at the 1991 Seattle Fur Exchange auctions how without a scientifically controlled diet, mink on any fur farm would lose their recessive genes, and over-powered by their dominant wild genetic structure, return to their wild roots in just a few generations. Leischow also detailed how a mink escapee that breeds with a wild mink would produce offspring that in one more generation would have lost all traces of any altered genetic structure.

IMPRISONED MINK STILL WILD

The difference between mink and other animals raised in intensive confinement is totally incomparable. Not only are all other domesticated livestock ungulated and herbivorous but they have also been domesticated for well over a thousand years. The closest comparison, which is hardly applicable, but for the sake of argument will be used, is the domestication of the common house cat. Originating in ancient Egypt, the cat has had over two thousand years of domestication, yet still this feline predator is proven capable of surviving in the wild as feral populations in the U.S. and Britain will attest to.

Once again, survivability is not the issue but impact on their native species. Captive mink are so far away from successful domestication that they are rarely caged together unless with their own off-spring, and then only until they reach sexual maturity. Self-mutilation and cannibalism, which is not uncommon on mink farms, is yet further proof of a wild animals' behavior as it attempts to deal with the neurosis caused by intensive confinement. Anyone who has ever been on a mink farm has heard the incessant scratching mink will make as they attempt to escape or attack their captive neighbors, separated only by a plastic or metal divider. This also is common behavior of a wild predator unfamiliar with close proximity to others of its own species. The psychological as well as physical torture associated with the confinement of mink naturally accustomed to solitary wandering is beyond our comprehension.

Genetically speaking mink are predominately still wild. Separated from their wild ancestors only by a controlled diet. Physiologically they are identical. What remains as the greatest division between wild and captive mink is predatory instincts and natural behavior which dictates how they hunt, find shelter, build nests, and forage. Fear of other animals is minimal as mink are renowned for their fearlessness.

MINK REHABILITATION PROJECT

These separations were the basis of personal research into the potential for rehabilitation and release of the 60 mink I had purchased in Montana in 1990. The Coalition Against Fur Farms (CAFF) began as a rehabilitation project, the objective being to determine the feasibility to reintroduce native mink from fur farms back into their natural habitat. In January of 1991 the trials began as CAFF volunteers placed mink in cages four times as large as their previous enclosures and introduced natural objects such as logs, rocks, plants, and gallon baths.

Fur farmers had assured me that escaped captive mink had at least a 50% chance of survival, and CAFF hoped to increase that figure as much as possible. The introduction of a 12"x6" bathtubs allowed the mink their first opportunity to acquaint themselves with water besides that which came from a small water nozzle or dish. Their response was to fully submerge themselves and spin in a cycle that quickly splashed all water out of their baths. This would be followed by grooming sessions in which the mink dried themselves and maintained utmost cleanliness, yet another sign of a healthy wild animal.

Once the mink had built up muscular strength after their time in a fur farms cramped conditions, we began to nurture hunting instincts. Though morally opposed to the killing of animals, CAFF felt that the survival of our captive mink could not be guaranteed without a minimal amount of live-animal feeding. We knew that our project would later be used by others to determine the potential for successful reintroduction of fur farm prisoners, and so chose to do everything

possible to ensure not only their survival but also their survival without human dependency. This also meant live-feeding which would teach them how to hunt rather than scrounge near or where humans were. This would ensure greater independence and less likelihood of human/mink interactions.

The mink in our project dug into their instinctual memory to remind themselves how to first seize the prey with one bite, then without releasing it, crush down until the skull or neck was broken. Then the mink would scour the logs and rocks for others that may have gone unnoticed. Once assured of no other present prey, the mink would return to the kill and eat everything or place the remainder in its nest just like wild mink. Once the mink had learned to kill and had tasted live food, they refused to eat the scientific diet we had been supplied by National Fur Feeds.

THE RELEASE

Finally, we released the mink to natural waterways across the Northwest's many forest lands. Always far from human habitations. And never within a 5-mile radius of another captive released mink of the opposite sex. We wanted to ensure the breeding only with wild mink. We also waited until the natural breeding season had passed so as not to burden the mink with the upbringing of offspring in their first season of freedom.

Our mink releases were filled with encouraging signs that the mink would survive. On one release a mink quickly found an abandoned animal burrow, and as we left we could see its head peeking out watching our departure. Another release had a young female mink burrowing under a log, gathering twigs and grass building a nest. Still another mink found a mouse hole, and burying its nose in it began to dig frantically. On many releases near streams the mink were quick to explore the shore of the water, eventually plunging in and swimming completely submerged playing with pebbles and rocks with their forepaws.

Returning to one release site weeks later I quickly found mink droppings and tracks near the creek and the dropping contained hair from a preyed upon animal. Most of the behavior exhibited by our mink was not learned, but simply returned to them as They found themselves in their natural element.

THOUGHTS ON LIBERATIONS

It is my belief that the liberator becomes responsible for the lives of the liberated when she/he endeavors to free them. Ideally, the liberated will become truly independent of human needs and achieve complete liberation. But until then, there are a number of factors that liberators can influence to increase the possibilities of a liberated mink's survival.

The time of year the liberations take place is the highest priority. The best time being May and January, the worst being during the breeding and kit-bearing season. Releasing an impregnated mink increases the needs of the liberated mink for food and shelter, female mink naturally raise their kits alone. Releasing mink once they have given birth to a litter will also mean abandonment of kits, although some might be foster-raised by another mink mother.

Of course, it cannot be over-looked that all captive minks are destined for death, and there is room for debate as to which kind of death is more desirable, a mink being the only one to surely know. Still I have hesitated to release mink from fur farms near heavily traveled roads knowing a large number would become road kills. This is yet another moral dilemma the liberator must face when they decide to open the cages. Personally, I have seen mink watching as the gas-chambers are wheeled down the rows of cage, and seen them screech frantically and attempt all manner of last minute escape as it becomes painfully evident that they will die.

There is also the very compelling argument for liberation that even with the recapture of 100% of all released mink from a targeted farm, that the breeding has still been completely disrupted as farmers have no way of separately identifying their breeder mink from their pelter mink. A mink raised to be pelted will often be in a much smaller cage than a breeder mink. For this reason, liberators would do best by releasing mink from both large and small mink cages so as to confuse the two. As of yet mink farmers have not devised methods of tagging, branding or tattooing individual animals except for labeling on the cage. For this reason it is always advantageous to remove all record-keeping cards from cages when releasing mink.

Transportation of mink either a short distance from cage to guard fence or a larger distance is best achieved by securing the mink individually in its nestbox. A small flat piece of sheet metal is often used to divide and block the hole leading from the nestbox to cage at which point the nestbox can them be removed and the hold blocked with a gloved hand or more permanent means for long transportation. Despite the average liberators aversion to leather, nothing protects human skin better than a thick pair of leather welding gloves which usually can be found lying around a mink farm. With criminal DNA testing liberators should take every precaution not to leave a blood trail of their own. Remember, you are dealing with a wild predator unfamiliar to kind human hands.

Often given the choice, a mink will leave the immediate area once outside of the guard fence, which usually is a 5-6 foot fence lined with sheet metal to prevent escape should mink get out of their cage. If left inside the guard fence often a mink will linger simply because of the smell of food or other mink cages, and also because of the familiarity of its own nestbox which is all it has ever known.

Once a large number of mink have left the guard fence area the quickest method of natural distribution is waterways. Without interference from the irate mink farmers attempting to recapture his furry investments, mink will not overcrowd themselves in the wild. It is not uncommon for a mink to travel 5 miles in one night (they are mostly nocturnal) and a large number of mink released in one area will not stay concentrated but will travel until they establish a territory all their own, searching out other mink only to breed.

ECOLOGICAL IMPACT

This leads us to the issue of ecological impact caused by mass mink liberations on their new environment. There will be noticeable impact on local prey populations, and for this reason, liberators should research target areas to guarantee that the sensitive habitat of a vulnerable endangered species is not nearby. Mink will attack almost anything, I've seen mink chasing large dogs and heard a story of one seen flying through the air attached to the leg of a large heron, the mink unwilling to release its targeted prey.

Mink will kill beyond their need, and for this reason caution should be taken when releasing mink near large concentrations of small animals. Mink are ferocious. Long persecuted at the hands of man, native predators are continually routinely killed by ranchers and other gun-toting humans. Much like the coyote has filled the ecological niche the wolf has left behind and by doing so extended its own historical range, so also do mink have the potential to fit nicely into the niche otters and other predators have left as their numbers are continually reduced by humans. Native mink populations are still drastically reduced, and given large-scale mink liberations, individual mink are sure to redistribute themselves to their former habitat with a little help from their two-legged friends.

There should not be hesitation to reintroduce captive mink into their native habitat. The ideal environment being underdeveloped areas with a nearby water source and infrequently used roads. As A.L.F. liberators open the cages, they not only liberate an individual animal but the whole species. Mink, fox, bobcat, and lynx farm liberations are not only a blow to a fur farmers' profits, but also a boost to North America's ravaged environment. With an absence of natural predators, prey populations often explode causing undue harm to their environment. By releasing fur farm prisoners, liberators are guardians of healthy eco-systems.

Before one single animal abuser can argue the merits of a captive fur animal's impact on the natural environment, they must first address the overall impact the whole domestic livestock industry has had on the earth. It is no coincidence that the number one reason behind predator eradication is the protection of politically powerful livestock interests. Still it remains that for the mink nations of North America the shortest path on the road to animal liberation lies from the opened cage to the outlying guard fence.

Now it is time for liberators across the continent to follow the lead of the A.L.F. in British Columbia, Washington, Utah, Wisconsin, Tennessee, New York, and Minnesota and take action to liberate the four-legged prisoners from the war on nature.

Until all fur farm prisoners are free...Open the Cages!!!

GOSSIP BUSTERS: NC Supports Rod Coronado

by the staff of No Compromise

For nearly a year, there has been much silence, and much confusion, regarding North America's only A.L.F. prisoner Rod Coronado. Worse, numerous damaging allegations against Rod were spread through the animal rights grapevine while he sat isolated in prison, unaware of the charges, and totally unable to respond to them.

The staff at No Compromise want to put an end to these undeserved attacks, and show our full support for Rod Coronado. We would also like to apologize to Rod for not getting to the bottom of this issue sooner. The main rumors against Rod allege his sentencing speech hurt the movement, his legal defense strategy was wrong, and that he eats animals. At NC, we have researched this issue, spoke with all parties involved, and the following are our conclusions.

Some activists condemn Rod's sentencing speech on the grounds that it gives aid to the enemy, and bad-mouths the A.L.F. Rod said many horrible things before being sentenced -- he said the justice system works, he apologized for his involvement with the A.L.F., he said he shed the animal rights movement like he sheds old clothes, and other disgusting comments.

But the key question is, "did he mean those things?" And the answer to that question is absolutely not. Rod was trying to scam the government into reducing his sentence, so that he could be free, and active, as soon as possible. Actions speak louder than words, and Rod's involvement with destroying decades of mink research -- research which helped keep the fur industry financially viable -- defines him more accurately than anything he said at sentencing.

Other people denounce Rod for plea bargaining with the government instead of demanding complete discovery, doing a political trial, and utilizing other court strategies. Certainly there are many time-tested and effective court strategies available for arrested A.L.F. activists to use -- and liberators should be informed of those options. But ultimately, the arrested activist should decide how their court situation will be handled. They face the long prison sentence. It's their life on the line. It only makes sense that they should decide how they deal with their legal affairs.

As long as A.L.F. warriors don't incriminate other activists, they deserve our full support regardless of how they handle the courts. Rod took nearly 5 years in prison instead of informing on other A.L.F. activists. His sacrifice should be commended, not condemned. You don't have to agree Rod's decision to plea bargain was the best legal strategy available to him, but you should respect his decision to do what he thought was right.

The last charge against Rod is that he is no longer vegan. Rod confirmed to NC that during his time on the run while living with his native people (Rod is a Yaqui Indian) he infrequently ate food with lard, dairy, and, at one time, also ate deer meat. We make no excuses for these actions. Eating animals is wrong. Period.

Thankfully, these outrageous actions are no longer. Rod now adheres to, and advocates, his people's pre-conquest diet, which is vegan. At NC, we judge people by their present -- not past -- actions. Former vivisectors and cattle-ranchers have been embraced by our movement after accepting our beliefs. And although their former crimes against animals are unforgivable, we manage to forgive them and even fight along side them in the struggle. Rod deserves at least equal treatment.

Finally, those people who attack a true warrior for the animals like Rod Coronado while he is most vulnerable should be ashamed of themselves. If you have a problem with Rod, contact him. Don't gossip about him behind his back. Get both sides of the story. Facing a long prison sentence is bad enough, to have those who supposedly support you, back-stab you is intolerable.

NC calls for an end to the Rod Coronado attacks. Rod is a seasoned activist who has made more sacrifices for the animals than at least 99.9% of the people reading this. His experience with the issues and direct action gives him much insight that we can learn from, and the NC staff welcomes Rod onto our team as a regular columnist.

Now that the silence has been broken, and hopefully the confusion laid to rest, it is time to move forward, stop spreading rumors, support A.L.F. prisoners, and achieve total animal liberation!

FUR WARS HEAT UP: A.L.F. IS ON THE WARPATH!

by JP Goodwin

It was reported in the last issue that the Animal Liberation Front had declared war on fur farmers and was going all out in an intense campaign for mink liberation. June, July, and August saw as many actions against mink farms as the whole year before that.

On June 7th the A.L.F. made their first attack against a Utah fur farm. The A.L.F. had already smashed one local retailer up so many times that they had put a sign in the window reading "No Fur Products Sold Here Anymore". This time they went into the Fur Breeders Agriculture Co-op in Sandy, and liberated 50-75 mink. Apparently this raid marked the beginning of what appears to be a long, hot summer for Utah fur farmers.

Three weeks later the A.L.F. struck again, this time in Riverton, Utah. They reported that some mink were dead in their cages while others were piled up under the cages, rotting in the other minks feces. Some mink were cannibalized, and the whole place was filthy. The A.L.F. opened the cages and freed 1000 mink who ran into nearby fields enjoying their new found freedom.

At some point in the month of June the A.L.F. struck in Washington state. We don't have any details except that 80 mink were liberated. This cell did not report the name of the city, name of the farm, or the date that it happened.

July 4th turned out to be a true independence day for animals. In Langley, British Columbia the A.L.F. raided the Akagami mink ranch and released 400 animals. We called the mink farmer posing as reporters, and spoke with his wife. She claimed that the mink would starve to death as they hadn't been trained to hunt for food. She then shot holes in that myth by claiming that the liberated mink had killed and eaten a dozen geese in the area. So much for starvation!

On the same night, another A.L.F. cell raided the Latzig mink ranch in Howard Lake, Minnesota. Another 1000 mink were liberated this time. This led to massive media coverage. Myself and Freeman Wicklund from Animal Liberation League did numerous media interviews and debates, explaining that now these mink had a chance at life, whereas before, death was certain.

The Minneapolis Star Tribune ran quotes from CAFT refuting the fur farmers claims that the mink wouldn't survive. The public was educated to the fact that mink have escaped from fur farms in many places where there were no native mink populations. Not only did they survive, they reproduced. This proves that ranch raised mink still have the natural instincts necessary for survival in the wild. The alternative is death in a gas chamber, or by broken neck.

Another A.L.F. cell reported that they were going to carry out a third raid on Mac Ellis Fox Farm in Tennessee, but that the place was now out of business. Apparently this is a result of last falls raid which saw the release of half the fox on that farm.

The A.L.F. didn't stop there. The next target was Holt Mink Ranch in South Jordan, Utah. Utah fur farmers are scared. They have been installing heavy duty fencing with aluminum plates along the top that make a lot of noise when someone tries to go over them. Holt had installed this sort of fencing, but the A.L.F. took it apart, cut it down, and rolled up. They also smashed the new locks on all of the cages. 3000 mink were released, but police arrived and the group had to evacuate. TV news reported that damage to breeding cards alone amounted to $35,000.

The A.L.F. struck next in Hinsdale, Massachusetts at the Carmel Mink Ranch. 1,000 mink were released. The August 10th action led to national coverage. Even CNN reported on the raid. Two nights later the A.L.F. was in Alliance, Ohio for another break in that led to the liberation of 2,500 mink. Though some mink have been recovered at each site, many are now free, and the industry is going ballistic.

These raids have been very successful. So successful that the fur industry will do almost anything to stop them from occurring. They have put out a $100,000 reward for the arrest and conviction of any A.L.F. activist involved in a fur farm raid. One fur auction house has taken out an insurance policy for any fur farmers which ship through them. They are worried that their farmers will start closing up as a result of this. They are already spending millions of dollars in extra security nationwide.

The industry has produced a booklet that they are sending out to farmers. This booklet describes security techniques that they can adopt. Security techniques which the A.L.F. dismantled in Utah, putting the industry to shame. We haven't gotten a copy of the booklet yet.

Sadly, some so called "animal defenders" are not so supportive of these raids. Ann Davis of the Salt Lake City, Utah based Animal Rights Alliance has stated that she has already talked to the FBI, and will continue to do so. The FBI is working for the fur industry. Anyone that works with them is working hand in hand with the fur trade and is a traitor. If you don't want to be investigated then don't associate with turncoats. With friends like these, the mink are screwed.

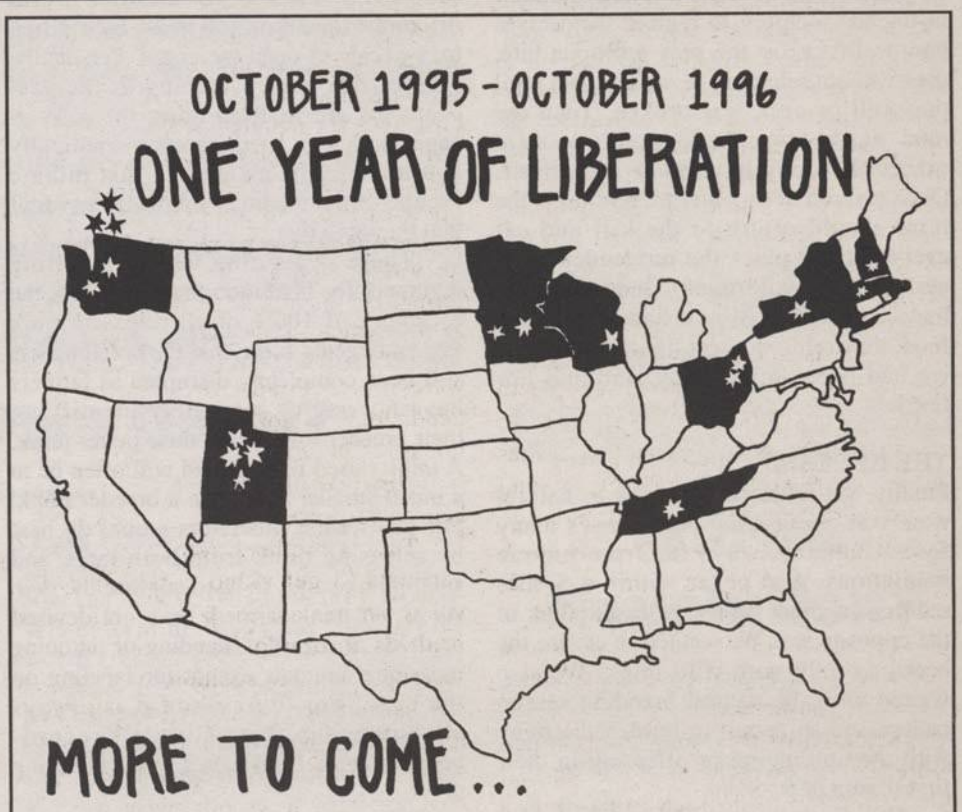
Let it be stated loud and clear, that myself and the Coalition to Abolish the Fur Trade support these actions 100%. We will never, ever, ever work with anyone who helps the FBI stop the A.L.F.. Put yourself in the minks place and think of how it must feel. Merritt Clifton of Animal People magazine has spread outright lies and misinformation about the mink liberation campaign. Would these people rather see these mink piled up in a gas chamber while the fur trade gets rich? Apparently so.

Fortunately, most animal rights activists realize that this is one of the best things to happen in a long time. The A.L.F. looks like they won't stop, and the authorities are nowhere near catching them.

JP Goodwin is the Executive Director of the Coalition to Abolish the Fur Trade. He can be reached via e-mail at minklib@aol.com.

This just in! Three more fur farms raided! On September 28, 8,000 mink were released from a farm in Alliance, Ohio -This is the largest release to date! On October 2nd, thousands of mink were freed from a Utah farm. And on October 6th, the A.L.F. liberated 35 fox and 10 mink, and damaged the farm equipment at a Lindboro, New Hampshire farm. That makes 18 known fur farm raids in one year, with over 30,000 animals released!

Be sure to read the next issue of *No Compromise* for further updates of the A.L.F.'s campaign of mink liberation!



DATE	ANIMALS	LOCATION
Sept. 95	1 coyote	Annandale, MN
10-24-95	2,400 mink	Chilliwack, BC
11-14-95	5,000 mink	Aldergrove, BC
11-16-95	3-400 mink	Olympia, WA
11-16-95	30 fox cages opened	Pleasant View, TN
1-15-96	2-400 mink	Sheboygan, WI
4-4-96	3,000 mink	Victor, NY
June 96	80 mink	Duvall, WA
6-7-96	75 mink	Sandy, UT
6-21-96	1,000 mink	Riverton, UT
7-4-96	400 mink	Langley, BC
7-4-96	1,000 mink	Howard Lake, MN
7-17-96	3,000 mink	South Jordan, UT
8-9-96	1,000 mink	Hinsdale, MA
8-12-96	2,500 mink	Alliance, OH
9-28-96	8,000 mink	Alliance, OH
10-2-96	2,000+ mink	Provo, UT
10-6-96	10 mink, 35 fox	Lindboro, NH

VIDEO FOOTAGE NEEDED!

The Coalition to Abolish the Fur Trade wants your fur farm raid footage to distribute it to the media. Send evidence-free videos anonymously through the mail to:

CAFT
PO Box 822411
Dallas, TX 75382

DO NOT HAVE ANYTHING INCRIMINATING ON THE PACKAGE: NO PRINTS, NO SALIVA, NO HAIR, ETC.

A.L.F. Visit Furriers House

BY JP GOODWIN

Many readers of *No Compromise* are familiar with Syracuse furrier Georgio Politis. This is the same guy who has ambushed activists by hiring people to harass protesters while police waited to arrest any activists who responded. He has hit anti-fur protesters with a shovel, and convinced a Syracuse prosecutor to send one of our best activists to jail for 6 months, along with another two great activists who got between 30 and 60 days. In fact, things in that trial got so asinine that it is under appeal with the sentence temporarily suspended.

After all of this, and much, much more, it is no wonder that the Animal Liberation Front. decided to pay him a very special visit. On the night of Oct. 2 the Syracuse A.L.F. descended upon the home of Georgio Politis to do some major damage. The house and driveway were covered in spray paint. The windows on both of his cars were smashed, and buckets of paint were poured over them. "You Can't Hide" was emblazoned across his garage door. It couldn't have happened to a nicer guy.

Every major media outlet in Syracuse covered the raid. Some reporters even went so far as to harass Animal Defense League (ADL) founder Nicole Rogers at work. The animal rights movement enjoyed the opportunity to talk to the media, but it went too far when cameras followed Nicole around as she bussed tables at her restaurant.

The Coalition to Abolish the Fur Trade (CAFT) issued a news release in support of the A.L.F. attack in the hopes of taking some of the heat off of Nicole. It is doubtful that CAFT could take much attention away from Nicole, but the releases did stimulate some radio interviews with a CAFT representative.

Syracuse is a model city for animal rights activists. The Animal Defense League is hard hitting, and the A.L.F. cell operating in that area just devastates everyone they target. One fur store in nearby Skaeneatlas, New York had all of its windows smashed, a glass chandelier smashed, paint bombs thrown inside, etc., etc. A hotdog restaurant was put completely out of business by the A.L.F. We should all make a point to support Syracuse activists in their trials, as they face the obstacles that everyone must confront on the path towards animal liberation.

CAFT Response to Assaults on Anti-Fur Activists

On May 19th, 44 anti fur activists where arrested in a nationally coordinated day of action against Federated Dept. Stores. Last issue we reported that one Memphis activist was pepper gassed by police, after she was handcuffed and had gone limp! Local Coalition to Abolish the Fur Trade activists managed to record the incident on video tape and followed up with formal complaints to the Internal Affairs at the Memphis Police Dept.

Due to the video evidence, the police were forced to admit that Lt. Patricia Pendleton was completely out of line in her use of excessive force. They agreed to investigate with the probable outcome being a suspension for Lt. Pendleton.

This is another strong argument for activists to get video cameras. These video cameras are our protection for over zealous police officers and violent security guards. In addition, some activist groups have been delivering their tapes to local media who don't show up at the action. This has led to some more media coverage which we otherwise wouldn't have had.

In Indianapolis, the Coalition to Abolish the Fur Trade followed the May 19th action with a protest outside the home of Karen Kohl, manager of Lazarus which is a Federated affiliate. Mr. Anthony Kohl ran over a 17 year old girl who was standing right where the police told her to stand. The police refused to file any reports or arrest him. Activists refused to take this and hounded the prosecutors office until they agreed to file Battery charges against Anthony Kohl. The message is loud and clear, if you harass and assault non violent activists, you will be dealt with!

Hell Month Planned

The time period from Thanksgiving to Christmas represents the most important time of the year for retailers. Especially fur retailers who make 60% of their profits during this time period. This year we want to make this a month of hell for them.

CAFT plans to hit fur stores (preferably Federated stores) with a hard hitting civil disobedience action on Fur Free Friday -- the annual day of protest against fur -- and follow this up with a concerted picketing campaign, labor union style, which will involve having a group of activists outside the store every day during this time period to show our resolve, hurt their business, and force them to hire added security for the entire month.

If you are interested in organizing Hell Month in your area contact JP Goodwin of CAFT at 214-503-1419, or by e mail at MINKLIB@aol.com.

CAFT Distribution

CAFT has the following items for sale. Also memberships are available for $15 ($10 for students and seniors).

Jaws of Steel by Thomas Eveland $8

This is the most comprehensive anti-trapping book ever put together. Eveland puts forth strong arguments for the abolition of trapping, while refuting all pro-trapping claims.

Fur Farming in Finland $2

Seventy percent of the worlds fox farms are in Finland, and this booklet describes, in detail, the conditions of the animals in these farms.

Living with Beavers $3

Trappers try and defend their activity by claiming that they must control beaver populations. This booklet outlines non-lethal beaver control methods. It also points out the environmental benefits of having a strong beaver population.

Memories of Freedom $5

This book was put together by the Western Wildlife Cell of the Animal Liberation Front. It tells the story of their campaign to destroy the research and development arm of the fur farm industry through Operation Bite Back!

No Blood for Vanity (bumper stickers) **$2**

The Final Nail $2

This A.L.F. publication lists hundreds of fur farms and their locations. It also explains different methods which can be used to sabotage the fur industry.

***No Compromise* Issue #3 $2**

This back issue contains how-to information on organizing your own civil disobedience campaign, A.L.F. Diary of Actions, direct action news from the U.S. and the world, commentary, and more!

***Underground* Issue #5 $3**

Published by the North American A.L.F. Supporters Group, this issue contains a world-wide Diary of Action on the A.L.F., news on the Justice Department, prisoner support information, and in-depth coverage on the situation with Rod Coronado.

Send your orders and membership donations to:

Coalition to Abolish the Fur Trade
PO Box 822411
Dallas, TX 75382

Please include your full address when ordering!

In the Trenches

Your Guide to Militant Grassroots Animal Rights Organizations

Have you started networking with other animal rights groups yet? Well, if not, now is the time to start, and In the Trenches is an excellent tool to help you. It reports what groups have recently done, how to contact them, and what those grassroots groups offer other activists -- do you need help fundraising? contact Animal Rights America; do you want to learn effective ways to teach animal rights to students in a classroom setting? contact the Center for Compassionate Living; do you need help writing news releases? contact the National Activist Network; do you need up to date information on the fur industry? contact the Coalition to Abolish the Fur Trade. There are a wealth of resources available to grassroots groups from grassroots groups. Even those groups that do not have a resources section listed, still have experience. So if you like the types of actions they are doing, call them, learn from them, and take effective action instead of reinventing the wheel.

Of course, while you take advantage of what these groups have to offer you, be sure to start thinking about what you or your group can offer them. We all have special skills and talents and we should use those to better our movement and the animals. So when it comes time to send in your next Trenches update, please be sure to include the resources you have to offer others! Remember animal rights is a Team Sport.

No Compromise likes to look out for its team members, especially those in the ALF. One way we do that is by only listing groups in In the Trenches that do not condemn the ALF, or better yet, vocally support them. Groups that disagree with the ALF philosophy and publicly criticize the ALF will not be listed. Although this has been our policy from the start we never explicitly stated it before nor have we officially contacted every group listed to ensure they qualify. However, if any of the listed groups feel uncomfortable with this policy, please contact us so we can take appropriate action. For now, we will assume all of the groups agree with the ALF unless they tell us otherwise.

Enjoy, and Keep those Trenches updates coming!!!

Activists Working for Animal Liberation

PO Box 433, Kent, Ohio 44240
ph/fax: (330) 677-9621 • email: awfal@concentric.net
www.concentric.net/~awfal/awfal.html
contact: Andy Hopp

AWfAL is a group of dedicated activists bringing our message of Total Liberation for all creatures directly to the abusers. We will be using all available tactics to get our message across, including civil disobedience and other forms of direct action.

Animal Commandos

221 North MacDonald St., Mesa, AZ 85201
ph: (602) 844-PUPP
contact: Flavia Sayner

Most of you are doing quite a lot to make Christian religions more ethical and humane. But we still have an awful long way to go before these churches become just and moral towards animals. Case in point, an excerpt from a recent news-magazine:

New Times July 4-10, 1996:

Why did the Rattlesnake Cross the Road?

When a diamondback slithered across the dirt road in front of her a few summers back, Sandy Weber didn't wait to find out.

Instead, the adventuresome grandmother calmly stopped her pickup and did what anyone else in her particular business would have done. She got out, picked up a rock and clobbered the snake, taking care to sever the creature's head from its body. Then, after depositing the bisected reptile into a sack, she brushed the dust from her Sunday-go-to-meeting finery and continue on to vacation Bible school in nearby Tombstone.

Thanks to everyone for their great work. Please let Animal Commandos know of your every action or investigation in combatting religious abuse and torture of animals.

Animal Defense League - Syracuse

PO Box 6845, Syracuse, NY 13217
ph: (315) 479-9105
contact: Denise Lynn

UPDATE: ADL Syracuse has been busy protesting abuse and battling the police (see story elsewhere on ADL sentencing).

ADL - Buffalo

PO Box 1070, Buffalo, NY 14213
ph: (716) 874-4688
contact: Dave Ganczewski

ADL - Rochester

PO Box 18769, Rochester, NY 14618
ph: (716) 242-2029
email: 74732.1415@compuserve.com
contact: Rob Jacobs & Jennifer Duffy

ADL-Rochester has strengthened our fight against the Doctor Pets pet store, because of the horrible conditions the animals suffer. We recently held a protest outside of the mall, where we gained more support than we've ever had anywhere else. Many people of the community contacted us wishing to help with the next protest, which will be within the month.

We also distributed information to all of the stores in the mall. The good news is that we've received support from one of the owners of a store - the Bath & Body Works. But the bad news is that the owner of the pet store saw the information we distributed, and had his lawyer threaten us with libel. We've taken this to be an empty threat, figuring that he is just trying to frighten us. It will not slow our campaign.

We've been educating the public on the evils of fast food restaurants and the benefits of veganism. We've held 3 protests in the last two months at different McDonalds locations. All our events received media coverage.

With everything going on, ADL has not forgotten about the local fur store. We've continued our protests at the Bermans and Held-Projansky fur stores. And some of our members have also leafletted in front of a restaurant that recently expanded its menu to include more veal dishes.

ADL - Bloomington

PO Box 2443, Bloomington, IN 47402
ph: (812) 333-5261 • fax: (317) 251-2503
e-mail: ADL@indiana.edu
contact: Seth Stevens

When a small circus came to town, ADL activists greeted them with warnings that Bloomington is a dangerous city for animal abusers, so the best keep moving. Protesters closed the fairground gates several times, preventing circus go-ers from entering. Circus workers threatened us for passing out leaflets and being a constant hassle.

To help gain business, Harold's Grocery Store, in Vincennes, Indiana, sponsored a petting zoo in their parking lot. Activists inspected the situation finding goats, sheep, horses, a camel and a pig suffering horrible conditions. Several activists discussed the problems with the proprietors to no avail. After this, ADL members began picketting the zoo. Zoo employees physically attacked two activists. Police arrived and consulted the store manager. The petting zoo was closed down within 45 minutes of the activists' arrival.

ADL has met with Indiana University vivisectors several times, resulting in IU deciding to establish an alternatives committee and reference library. While certain ADL demands have been met, we continue to press for lab tours, research protocols and open IACUC meetings. We plan on expanding this campaign through the fall.

ADL - Indianapolis

PO Box 30214, Indianapolis, IN 46230
ph: (812) 333-5261 • fax: (317) 251-2503
email: setsteve@indiana.edu
contact: Seth Stevens



The Indianapolis ADL is preparing to do battle with Barnum and Bailey Circus this year (Coming through the midwest Sept - Oct). In fact, we have some mighty intense plans for our fine Ringling Brothers. In hopes of making this more than just a one city demonstration, I'd like other cities to take part also. Let's turn this into a national protest and hit the circus with civil disobedience actions in dozens of cities! Organize your group now! Don't be the last activist on your block to get in touch with me. I'd like to hear from you ASAP!

ADL - Hartford

PO Box 493, Hartford, CT 06141-0493
ph: (860) 525-2422
contact: Shawn Colpak

ADL-Hartford is just starting. If you are local and want to get active, contact them!

Animal Justice

Law Center, University of Oregon, Eugene, OR 97403
ph: (541)346-3828 • fax: (541)346-3884
email: animalib@law.uoregon.edu
contact: Angel Gambino

UPDATE: Animal Justice is a new law student organization dedicated to total animal liberation and establishing fundamental legal rights for non-human animals. AJ is currently planning a canned hunt symposium for Saturday, August 31, 1996 and helping organize the Public Interest Environmental Law Conference to be held Mar.6-10, 1997, at the U of O Law Center.

AJ is responsible for proposing the first animal rights law course at the U of O Law School.

RESOURCES: You may obtain a copy of the AJ animal rights law course proposal to create a class at your respective institution. Currently, Angel Gambino is creating a resource guide including all 50 states' animal cruelty laws. Contact AJ if you are interested in going to either of the conferences it is organizing.

Animal Liberation Collective

c/o Level 2, UC, University of Guelph
Guelph, Ontario, Canada
e-mail: mmcalpin@uoguelph.ca

The Animal Liberation Collective continues to broadcast its weekly animal rights radio show, Voice of the Voiceless every Friday on CFRU 93.3FM. Topics include veganism, the ALF, hunt sabotage and direct action on behalf of animals.

Animal Emancipation

1223 Wilshire Blvd., Suite 856
Santa Monica, California 90403
ph: (805) 652-1910 • LA area ph: (310) 358-5974
e-mail: aeinc@usa.pipeline.com
http://envirolink.org/arts/ae/index.html
contact: Simon Oswitch

UPDATE: AE is fighting to implement an alternatives to dissection policy at the University of California at Santa Barbara (UCSB). We are also pressuring the Santa Barbara Museum of Natural History Museum's curator Charles Woodhouse to resign form UCSB's Animal Care Council (ACC) because he blindly approved the victimization of over 25,000 in UCSB experimentation--including six-month old cats, five-day old rats and many wild animals. Of those animals 3,000 were vivisected without anesthesia. Woodhouse serves as the "non-affiliated" member of the ACC and is supposed to represent the community's "humane interests".

Write the Santa Barbara Museum of Natural History's Director Robert Bruenig informing him of your boycott of the museum until Woodhouse resigns from UCSB's ACC. The address is: 2559 Puesta Del Sol Rd., Santa Barbara, CA 93105.

The Mayor and City Council of Santa Barbara funneled over $100,000 of tax money into the annual Santa Barbara Fiesta rodeo. Last year, a horse was gored to death by a bull at this rodeo and the mayor blatantly lied stating the city had no jurisdiction over this event. One month later, the Santa Barbara News Press reported that the city had given the Fiesta over $100,000. Write Mayor Harriet Miller/SB City Council at P.O. Box

1990, Santa Barbara, CA 93102. Boycott Santa Barbara tourism until they stop supporting rodeos.

RESOURCES: AE has informational brochures on most all animal rights issues--from vegetarianism to vivisection and beyond. Ask for a free info pack today! Also, feel free to copy/download anything from our World Wide Web Site. Student interest is greatly appreciated!

Animal Rights America

PO Box 469, Caldwell, NJ 07006
ph: (201) 228-7632 • fax: (201) 403-8440
email: ARAishere@aol.com
contact: Anne Crimaudo

UPDATE: ARA is a federation of grassroots, abolitionist groups across the country and Canada, united to make us all stronger. We had a table at the World Congress and March for Animals in Washington this June. Our goals were to connect activists with their local groups and to plug abolitionist groups into the federation. We were successful on both counts, giving dozens of activists the name of their local group and how to contact them, and signing up at least 20 more groups to be part of the federation.

In June we mailed out the results of our member survey, which compiled information on what campaigns have been undertaken by those in the federation so that grassroots organizations can better network with one another.

RESOURCES: If you need information on starting a group, how to fundraise effectively, questions about incorporating, 501(c)(3) eligibility, etc., we are here to help. We also have specialists on fur, vivisection, media, civil disobedience, hunting, activist defense, animals in entertainment, AR youth groups, and more. We offer free postings to the internet, will help you with camera-ready artwork, finding speakers for conferences, etc. We are now in the process of sending out a questionnaire to determine everyone's literature needs, so we can produce literature cheaply and each group can have its own name and info. on it.

The animal exploiters fear a strong, united grassroots. Become part of the federation and make that fear a reality! No membership fees.

A.R.D.A.C.

ANIMAL RIGHTS DIRECT ACTION COALITION

PO Box 11492, Costa Mesa, CA 92627
ph: (714) 574-0174
e-mail: ARDAC@envirolink.org
contact: Gina Lynn

ARDAC has had a very busy few months recently!

In June, 5 ARDAC activists went through a trial for our Bullock's (now Macy's) fur protest that resulted in 17 arrests December 17, 1995. This action was part of a nationwide day of direct action as part of CAFT's campaign against Federated Department Stores. In July, as a result of the trial, 3 women spent 15 days in jail on a hunger strike (see story).

ARDAC was also represented at the March in DC, and met with grassroots and direct action activists from all over the country. This was a great time for everyone to get to know each other better, and ARDAC is looking forward to seeing many of you here in LA very soon!

Three more arrests were the result of a Macy's fur protest July 21 (while our "LA 3" were serving their time), and we have activists in trials for the April 1996 UCI action and May 1995 Knotts action. The activists involved in the April 1995 action are currently appealing their guilty verdict.

ARDAC supports all of you - keep on fighting!

Animal Rights Hawai'i

PO Box 61386, Honolulu, Hawai'i 96839
ph/fax: (808) 941-9476 • email: arh@pixi.com
http://envirolink.org/arrs/arh/index.htm
contact: Cathy Goeggel

UPDATE: On June 29, at the Hawai'i State Farm Fair, ARH bid on a "market" hog # 279, and after 4 years of trying, we were successful! The MC choked when he announced that the successful bidder was Animal Rights Hawai'i!!! Unfortunately, the contract stipulated that we had bid on a post slaughter carcass. We refused to sign, and our wonderful pig was sold to a less caring bidder.

On July we held a solemn vigil for 279 and all the beautiful animals who would be beaten onto transport trucks, and murdered at the only remaining slaughterhouse on O'ahu the following day. Tempers were hot, and at least one livestock "producer" had to be physically restrained by his cohorts from a confrontation with an ARH member. Dr. Bill Harris of our board, requested permission to follow their story and film the animals' deaths - he was refused.

Our vigil was covered by the ABC and CBS affiliates and footage from the movie BABE was included - the intransigence of our adversaries was highlighted and the street theater of a butcher dispatching calves, lambs and pigs was broadcast throughout the state.

On July 13, we participated in the national protest against McDonald's callous exploitation of the film BABE to sell their unhealthy food. Our own "Babe" begged people to not eat him and his friends - we distributed the Farm Sanctuary "Babe's Unhappy Meal" flyers and Bill Dollinger's excellent Babe coloring book. Many passing cars honked in support, and several people chose other lunch spots rather than pass our signs. One mother berated us for making her children cry (they read the coloring book) but was questioned by one of our members why she allowed her children to eat unwholesome food.

The demonization of Ronald McDonald is an important part of any anti-McD campaign. Many children already find clowns suspicious and menacing - we have only to subvert the forced gaiety image (much as they have subverted Babe) and their star image will be severely compromised - the next time, Ronald will be dressed as a butcher.

RESOURCES: Anyone wishing a copy of the Babe flyers, please send a SASE.

Animalsave

P.O. Box 472874, Charlotte, NC 28247
ph: (704) 543-2912 • email: camille@vnet.net
contact: Camille Hankins (704) 358-9277

MISSION STATEMENT: Animalsave is a grassroots collective devoted to eliminating the exploitation and suffering of animals while promoting and defending their inherent rights. Animalsave conducts intensive investigations, resulting in direct action. Animalsave educates, initiates and supports legislative efforts and promotes public awareness of animal rights issues. We operate under the fundamental belief that animals have an intrinsic right to live free of exploitation and abuse.

METHODS: We believe in direct action and animal liberation. We wholeheartedly support our bothers & sisters in the ALF. We have no geographic boundaries and are open to supporting direct action or liberation activities anywhere. Locally, we are continuously involved in rescue of wild and domesticated animals and much effort is devoted to rehabilitation of injured or abused animals and rescue and placement of companion animals.

RESOURCES: Extensive animal rights library including audio & video tapes. Available to support campaigns outside of our community or remotely via WWW. Spearheading a Southeastern anti-fur campaign against Belk Department Stores. Will help any activist trying to start a local group in: NC, SC, or VA.

NOTE: We have received word from a militant animal liberation cell in process of establishing a base camp in the Carolinas. They have anonymously contacted us and asked us to act as their "above-ground" voice. We look forward to reporting their activities in the next issue.

Bear Watch

1472 Commercial Drive #201,
Vancouver, BC, V5L 3X9, Canada
ph: 1-800-836-5501 • fax: (604) 873-4801
e-mail: bearwtch@helix.net
http://www2.helix.net/~bearwtch

UPDATE: Bear Watch campaigned on North Island to stop foreign trophy hunting. They specifically monitored the Outfitter Guide Don Rose. Hunters were greeted at the airport by angry Bear Watch activists who protested their presence and intent to destroy wildlife. Bear Watch activist followed Don Rose and the hunters daily. On one occasion, five activists were arrested for interfering with a legal hunt Activists used an air horn which allegedly scared away a bear the hunters were aiming to kill.

Don Rose, frustrated by the tenacity of the Bear Watch activists, planned a violent ambush against them. Using numerous hunt thugs, he managed to trap the Bear Watch vehicle in between numerous hunt vehicles on a rarely travelled road in the woods. Rose then attacked the three female activists in the Bear Watch vehicle with an axe-handle, breaking their windshields and threatening them. The women caught the entire incident on video, which Check 6 News ran almost in its entirety.

After escaping, the activists went to the police station to report Rose's actions. At the station, hunters further intimidated activists by dancing around the car and gloating about how the police are on their side. It took police over an hour before they helped the activists. Officers claimed that no police were at the station at the time.

Rose was criminally charged.

RESOURCES: Bear Watch is an excellent source of information on bear issues, and they have an extensive clippings file and video footage on the bear parts trade.

Campus Animal Rights Expedition

Box 34, Office of Campus Life
Kent State University, Kent, OH 44240
ph: (216) 672-3096
contact: Andy Hopp

Center for Compassionate Living

PO Box 1209, Blue Hill, ME 04614
ph: (207) 374-8808 • fax: (297) 374-8851
email: CCL@acadia.net
contact: Rae Sikora and Zoe Weil

RESOURCES: CCL offers training, consulting, workshops and outdoor experiences for people who want to help the planet and all its inhabitants.

CCL's Empowerment Workshops help you discover inner sources of knowledge, creativity so you can continue the struggle for animal rights. The Sowing Seeds workshop gives you skills to educate students about earth and animal issues in an innovative and interactive way. The Compassionate Living Workshop gives you the skills and information you need to live a healthy life for yourself, the planet and animals. Workshops are offered on a sliding scale and can cost from $25 to $800 depending upon their length and location.

CCL also offers the only humane educator certificate program in the country. It is offered as an off-campus correspondence program, with 1 to 2 weeks of on-site training per year. For more information, and an application or brochure, contact CCL.

CCL provides books, workbooks, videos and lesson plans, kits and other materials, for loan or sale, to help people offer effective programs.

Chicago Animal Rights Coalition

PO Box 66, Yorkville, IL 60560
ph: (708) 552-7872
e-mail: landcharc@aol.com
contact: Steve Hindi

UPDATE: CHARC attempted to use a their flying devices to sabotage prairie dog shoots by the Wray Hunting Club. However, an integral part of the direct action was using their insider to find the location of the shoots. Unfortunately another animal group's news release gave out too much information leading the hunters to unmasking the insider effectively preventing the prairie dog disruption. The lesson: be careful with sensitive information. Effective direct actions should never be sacrificed on behalf of media.

Charges against CHARC organizer Steve Hindi were dropped at a Minnetonka Courthouse in Minnesota. Previously, officers had arrested him for coming within 100 feet of deer traps that were set up to catch the deer for their "management program" (read "kill fest"). During his arrest, officers confiscated his laptop computer, video cameras, undercover cameras, nightscope, walkie talkie, and other items they found in his car -- over $20 or $30 thousand dollars worth of equipment. The police then turned on the items to waste their batteries and also forged documents to make it look like they could legally keep the confiscated materials.

Two women were also arrested with Hindi. Their charges were not dropped and they did go to trial. The cops, especially one Sergeant Peshek habitually lied. Peshek said under oath that he could see the two women sitting in the back seat of Hindi's car even though it was night time and the cars headlights were directed at him. Although his statement was ridiculous to begin with, it was proven wrong by pictures taken by the police showing that Hindi's truck had no back seat!

Besides exposing the police as liars, the defendants destroyed the two main pieces of evidence that the prosecution had, a foot-print and a cops testimony. After three days of deliberation, there was a hung jury. The reason for the hung jury was because one juror was an obstinate bow-hunter. Minnetonka decided to not retry the case.

On the first weekend in July, CHARC protested the Waconda rodeo. Eight people were arrested on Friday for using a megaphone. At the same rodeo in 1995, three activists were arrested for using the megaphone even though three months before the police told them it was legal to use them. The 1995 charges were dropped and it is expected that this years charges will be dropped too.

Then, an Ultralight flying machine popped over the rodeo to disrupt it. The Lake County Sheriff's Deputies went Berserk and told Greg Cambell, who had a walkie talkie, that he had to order the machine down. He told them he couldn't because the walkie talkie's batteries were dead. They jumped on him. He managed however to toss the walkie talkie to wife. She was similarly attacked, but also managed to toss it to anther women who also was assaulted and knocked to the ground.

At the Saturday protest three more activists were arrested, one of which scaled the fence and entered the arena to disrupt the rodeo.

After years of campaigning against it, CHARC is happy to announce that the Lake County sheriff's rodeo has permanently closed. In 1994, CHARC videotaped a steer get his neck broken and die at this rodeo during the steer wrestling competition.

RESOURCES: CHARC has excellent video footage on the issues of donkey basketball, rodeos, turkey shoots, rocket netting of deer, and pigeon shooting. The video footage is available with a donation. CHARC can also provide information on how to use and obtain under-cover video equipment, flying machines, and other technology to help save animals.



Coalition to Abolish the Fur Trade-HQ

PO Box 822411, Dallas, TX 75382
ph:(214) 503-1419
contact: JP Goodwin

UPDATE: CAFT National Headquarters has moved to Dallas, TX, which is the third largest fur market in the US according to the Fur Information Council of America. CAFT is continuing the campaign against Federated Dept. Stores. Macy's West has closed some fur salons as a result, and has lost hundreds of thousands of dollars as a result of the coordinated civil disobedience attacks that CAFT has carried out.

CAFT is getting into the political arena with some very ambitious plans that can't be revealed until next issue. All we can say now is that CAFT will change the whole shape of the issue.

CAFT continues to act as an ALF spokesgroup following fur related actions. Another story in this issue features the ALF raids on mink farms, which CAFT has been the main spokesgroup for.

CAFT now has six chapters and is organizing a seventh. Anyone who wants help organizing in their community should get in touch with us. We depend on our members' donations for our survival. Membership is $15 a year ($10 for students and seniors). We look forward to corresponding with you.

RESOURCES: We have helped organize some of the most active grassroots groups in the movement today. We want to help organize in other areas where the animal rights movement is not as active as it should be. We have intimate knowledge of the infrastructure of the fur industry, and can help any group select the best target for local campaigns. We can supply people with a list of fur farms so that they can see it all for themselves. The concentration camps can't hide anymore!

We can supply anyone with information about the fur trade which goes deeper than most animal rights literature. We have reports which go in-depth about the physical, psychological, emotional and ecological abuse of fur farming and trapping. Feel free to contact us at any time.

CAFT- Memphis

PO Box 241532, Memphis, TN 38124
ph: (901) 383-2403
contact: Lisa Hume

CAFT - Atlanta

PO Box 767295, Rosewell, GA 30076
ph: (770) 974-2962
contact: Aaron Stone/Catherine Raffety

Atlanta was held hostage this summer by the Olympic Games making transportation in the city difficult and activism nearly impossible. Despite the inconvenience, we organized a protest at Rich's Department Store in retaliation to Federated's attempt, with the help of the LA judge, to suppress activism by making examples of the LA 3. Security outnumbered protesters by half a dozen and instructed us that the public sidewalk in front of the mall was actually closed to protesters. I guess our May 19th CD caught them off guard and they didn't want to give protesters any chance to repeat that.

The Moscow Circus on Ice, which is famous for their ice skating bears, was in town. CAFT members protested it weekly for over a month. CAFT organized one demo which concluded when nearly 3 dozen activists stormed the circus tent, tearing through the entrance screaming "bear liberation" completely disrupting the show. Three activists were assaulted by circus workers while over a dozen cops and special operations members sat back watching. We were refused access for filing a report regarding being assaulted and CAFT organizer was informed that he would be charged with incitement of a riot. This of course as after a cop actually asked him "so are you with the A.O.F.?" (meaning the ALF). Needless to say the circus is leaving town after sustaining major profit losses. We are looking forward to an exciting fur protest season this winter. Animals will be saved, this is just the beginning!

CAFT- Indianapolis

PO Box 922475, Indianapolis, IN 46205
ph: (317) 924-0573
contact: Ryan Downey

Committee to Abolish Sport Hunting

PO Box 562, New Paltz, NY 12561
ph: (914) 255-4227 • fax: (914) 256-9113
e-mail: CASH@comabol.win.net
contact: Anne Muller

Since 1993, Clarkstown, New York Supervisor Charles Holbrook, wanted to gas the town's Canada geese, resulting in public outcry. The Coalition to Prevent the Destruction of Canada Geese (a division of C.A.S.H.) transformed outrage to action.

An official Citizen's Advisory Task Force was established to address the alleged goose overpopulation problem that Holbrook used as his excuse to kill the geese. The Task Force included the Coalition's President, chemist Dr. Gregg Fiegelson. It unanimously recommended the geese not be killed, and the area simply be made inhospitable to them.

This, along with large demonstrations, and negative campaigning against Holbrook, silenced him for awhile, but he later got the Department of Environmental Conservation to authorize the round up and slaughter of 350 geese which were then fed to the poor. The Coalition organized a rally that drew over 200, but the plan went through. After 250 geese were killed, the Coalition organized a funeral march. The Coalition is drafting a legal petition to have Holbrook recalled from office, and is fighting Clarkstown in court, trying to have the goose slaughter declared illegal and stopped.

Compassion Over Killing

PO Box 61251, Potomac, MD 20859
ph: (301) 983-5091
contact: Paul Shapiro

UPDATE: Compassion Over Killing has organized two home protests at the owner of Miller's Furs house. One was during the day, and the other was a candlelight vigil. As a result of these demos, some local papers contacted us to do stories on our group. Miller's Furs have had multiple exciting attacks by the ALF in recent months.

When McDonalds had its "Babe Happy Meal" we were in front relentlessly leafletting and picketting. This year, the Prince William County Fair had almost no events that excluded exploitation. Because of this, Compassion Over Killing and ten other local grassroots groups purchased a half-page ad in the Massachusettes Journal which resulted in front page stories and editorials detailing the cruelty in circuses and rodeos. A three day protest is scheduled as are more fur protests and home demos.

RESOURCES: The first issue of our new newsletter, *The Abolitionist* is now out. We are also selling a t-shirt that has a dog on a plate with the caption "Why not? You eat other animals don't you? Go Vegetarian!" The Compassion Over Killing Logo is on the back. Shirts can be purchased from us for $10.

How On Earth

How On Earth! & Listen. . . Unlimited

PO Box 339, Oxford, PA 19363-0339
fax: 717 529 3000
email: HowOnEarth@aol.com
contact: Dave Camoirano

UPDATE: How On Earth! (HOE!) is a quarterly, 36-page, national magazine written by youth who care about the entire spectrum of social justice issues- animal, environmental, human, youth and peace. HOE! is the only publication of its kind in the country. 95% of the articles and artwork come from people between the ages of 13 and 24. Every issue has a theme with past themes being Animals in Entertainment, Consumer Activism and Milestones of Peace. Also included are boycott reports, vegan recipes, book reviews and much more.

RESOURCES: Listen . . . Unlimited, the publisher of HOE! , has many other projects. 1) year-round internships for people who are 16 or older, 2) Youth Empowerment Workshops which are three-day activist training programs that educate, inspire and empower youth to create a better world, 3) "Edventures" which are outdoor service and education programs for young volunteers in environmentally sensitive regions such as rain forests and 4) the Vegetarian Education Network which provides resources on the ethical, nutritional and environmental consequences of a vegan diet.

Humans United for Animal Protection

Box 29, 197 Hunter St. West
Peterborough, ON, K9H 2L1, Canada
ph: (705) 740-2541
e-mail: jesmith@trentu.ca
contact: Julie Smith

Illinois Animal Action, Inc.

P.O. Box 507, Warrenville, IL 60555
ph: (708) 393-2935
fax: (708) 393-2941
e-mail: DLEAHY@delphi.com
President and founder: Debbie Leahy

Local Animal Rights Committee

205 Willow St., Harrisburg, SD 57032
ph: (605) 743-5789
contact: Eric Torquelson

Liberation Collective

PO Box 9055, Portland, OR 97207
ph: (503) 230-9990 • email: LibColl@aracnet.com
contact: Craig Rosebraugh

Liberation Collective has been quite busy in the last couple months continuing its campaign against the feline research program at The Good Samaritan Foundation in Portland. We are making progress as the number of people at our demonstrations is rising and area media have become very interested. The month of August is to be our most active month in the campaign yet. We have also held recent demonstrations against McDonald's and the Gatti Circus with excellent results. Many activists here have been going through various trials resulting from past CD action as well. Just recently we held a open community meeting to discuss the similarities in various movements for peace and justice. It went well as yet more people became interested in the animal liberation movement.

The National Activist Network

PO Box 19515, Sacramento, CA 95819
ph: (916) 452-7179 • fax: (916) 454-6150
e-mail: nnetwork@cwnet.com
contact: Crescenzo Vellucci/Sheila Laracy

UPDATE: Network members spoke at the World Congress for Animals in DC on the effectiveness of civil disobedience and at the Ellipse on radical grassroots activism.

When the LA 3 were sentenced to prison, the Network wrote news releases, organized demonstrations, accepted collect calls from the prisoner, help file legal motions to get them released, and set up numerous visits with the prisoners to support them during their ordeal. They also filed complaints which produced beneficial changes for all prisoners at Sybil Brand Institute.

RESOURCES: The Network can help you fight government harassment, including Grand Juries, visits by FBI, etc. The Network also will write news releases for other groups, help give strategies for protests, and provide jail and prisoner support work for activists.

New Jersey Animal Rights Alliance

PO Box 174, Englishtown, NJ 07726
ph: 908-446-6808 • fax: 908-446-0227
e-mail: njara1@aol.com
contact: Angi Metler

UPDATE: Shortly after a protest held by NJARA at Vidbel's Olde Tyme Circus on June 28, Madeline Hastings-Frank was arrested and charged with trespass and a disorderly person offense. Rich Frank was videotaping the elephant rides when the elephant handler Mr. Murray began striking an elephant named Topsey, with an ankus. Madeline and Rich ran on to the circus grounds to help. Circus owner, Joyce Vidbel, told Madeline to leave. While Madeline was trying to explain why she was there, several police officers arrived at the scene. They told Madeline protesters were not allowed on circus grounds. Madeline tried to explain, but the officers were not interested. Madeline persisted and was arrested. Besides fighting her case in court, she and Rich are going to use the video to bring charges against the circus in municipal court and the USDA. (Madeline and Rich followed the Moscow Circus from Atlantic City NJ to Phoenix AZ, video taped the conditions at the winter quarters of many circuses and attended/observed the International Circus Festival in Sarasota FL. They have spent hundreds of hours observing, videotaping and photographing animals who are held captive for human entertainment.)

RESOURCES: NJARA hosts the 5th annual Eco-Ethical Animal Rights Festival on October 26, 10am-6pm, Edison, NJ. Take advantage of this opportunity to interact with activists from all over New Jersey, Pennsylvania and New York. We will bring issues to you in a positive, enlightening way to empower and energize you into action for animal liberation. Freeman Wicklund, Lawrence Carter-Long, Stu Chaifetz, Terry Fritzges, Jim Sieradzki and Louis Cuevas will be hosting workshops on the Animal Liberation Front, civil disobedience, vegan cooking, anti-hunting tactics and much more. Excellent vegan food will be available throughout the day. All this for a pre-registration fee of $3.00/ $4.00 at the door. Call NJARA at 908-446-6808 for more information.



North American Animal Liberation Front Supporters Group

Box 69597, 5845 Yonge St.,
Willowdale, Ont. Canada M2M 4K3
e-mail: an246614@anon.penet.fi
http://envirolink.org/ALF/alf.html

Distro/Merchandise:
Box 767295, Roswell, GA, 30076, USA

The NA-ALFSG puts out a magazine, *Underground*, four times a year. All funds raised through the sale of Underground go directly to the work of supporting animal liberation and assisting imprisoned activists. 1 year subscription + NA-ALFSG Membership: $20-$30 sliding scale. Single issue: $3+postage. For more info on bulk rates/distribution write NA-ALFSG Distro. Underground is FREE to prisoners.

Oregon Bear & Cougar Coalition

PO Box 82776, Portland, OR 97282
ph: (503) 238-8038 • fax: (503) 238-7150
email: orbearcoug@aol.com

UPDATE: OBCC organized a statewide initiative to ban the cruel practices of baiting bears and using dogs, often adorned with

radio collars, to hunt cougars and bears in Oregon. This initiative, Measure 18, passed in 1994. Now, OBCC is fighting the "NO ON 34!" campaign. Measure 34 would repeal Measure 18 and allow baiting and hounding to occur in Oregon.
RESOURCES: We have graphic videos of these practices available.

People Acting for Animal Liberation

15-222 Osborne Street South
Winnipeg, MB, Canada R3L 1Z3
ph/fax: (204) 453-9052
e-mail: paalinfo@kwanza.com
contact: James Pearson/Krista Walters

UPDATE: This winter, PAaL declared war on a Manitoba's government plan to round up 200 Manitobensis elk and establish wild elk ranching in the province. PAaL sabotaged the capture program and local residents damaged capture pens--burning, smashing, cutting, and otherwise impeding government progress. Activists crawled through deep snow and barbed wire/chain-link fences in the guarded Department of Natural Resources (DNR) compound to open holding pens and release the elk. In another attempt, an attack dog was set on activists after they leapt from a moving snowmobile and belly-crawled into the DNR compound. PAaL's work garnered national media attention, and a French CBC TV crew and local newspaper team followed the activists into the Duck Mountain forest.

PAaL appealed the decision in the Kachunga, alligator-wrestler, trial. After Kachunga's local performance, PAaL pressed cruelty charges against him under the Canadian Criminal Code in June 1995. The case, which PAaL prepared for eleven months, cost Kachunga $10,000. The show will not be returning this year!

PAaL holds vegan public dinners for up to 80 people five times a year, and toured the province with the Shrine Circus this spring. PAal has generated media coverage on issues like carriage horses, urban deer shooting, cat trapping, rodeos, and the use of exotic animals in entertainment. Our members have been guests on talk and call-in shows in Winnipeg, Regina, and Toronto. Major TV newsmagazines in the U.S., England, and Germany have consulted extensively with PAaL on the Premarin (PMU) issue. Our banner-hangings, circus disruptions and civil disobedience have caused animal abusers grief province-wide.
RESOURCES: PAaL runs Winnipeg's Animal Rights Centre (ARC), an office, animal-liberation store, and resource centre. The ARC offers a walk-in and/or mail-order opportunity to borrow or buy a wide range of books, magazines, videos, and other audio/visual materials. We also supply materials for info tables and provide speakers for schools, universities, clubs, and other institutions.



Sangre DeCristo Animal Protection

PO Box 11395, Albuquerque, NM 87192-0395
ph: (505) 265-2322 • fax: (505) 265-2488
email: SdeCAP@aol.com • StopITRI@aol.com
http://www.arc.unm.edu/~sdecap/
contacts: Lawrence Carter-Long & Elena Perez

UPDATE: SdeCAP Filed a lawsuit against the Department of Energy to obtain their Institutional Animal Care and Use Committee documents which should be freely available for public scrutiny. The DoE conduct radiation experiments on animals, so it is not surprising they have something to hide.

The Animal Damage Control, a government agency that helps ranchers kill off wildlife, started a coyote destruction program in Gila National Forest. SdeCAP conducted numerous protests against it including a sit-in protest at an ADC office that resulted in seven arrests and tons of media.

Unfortunately the kill continued. The ADC used M-44s to kill the coyotes. M-44s are a spring loaded device that sprays a powder of sodium cyanide into the air after an animal pull on the meat bait. This powder results in a gruesome poisoning death. As you might expect the Environmental Protection Agency has numerous regulations on the proper use of these devices. SdeCAP's investigations discovered that the ADC had numerous field violations and had not contacted local doctors to give them information on how to treat sodium cyanide poisoning in humans, which they are required to do. The New Mexico Dept. of Agriculture is currently investigating the ADC based of the violations we exposed.
RESOURCES: We have an internship program for activists. We provide housing and a food stipend so you can work full time for animal rights. Contact us for information.

Student Coalition for Animal Rights

PO Box 36, Mankato, MN 56002
ph: (507) 387-3540
email: ionsur@prairie.lakes.com
http://prairie.lakes.com/~ionsur/index.html
contact: Shawn Neitzel (mail) or Nate Snaza (email)

SCAR has been going through a transition lately. Shawn Neitzel and Casey Wetter have now taken over as co-coordinators. Nate Snaza still takes care of the electronic communications.

SCAR's completed its new newsletter, contact us if you want one.

A local radio station took a dog from the humane society to use in a publicity stunt. They had no intention of caring for the dog after the stunt was over, and returned the animal to the humane society. We put pressure on the radio station for their callousness and the humane society for their inability to properly screen adopters.

SCAR will protest the Blue Earth County rodeo soon. Contestants have already threatened us saying they will take care of us "the cowboy way." It should be fun.

SCAR - VA

MBC box 0477, Staunton, VA 24401
ph: (540) 887-8740 • email: sarah@wilmington.net
http://localsonly.wilmington.net/~sarah/scar.html
contact: Sarah Herritage

Student Abolitionist League

68 Mill Road Extension,
Woodcliff Lake, NJ 07675
fax: (201) 930-9432 (call first)
email: Jun1022@aol.com
Contacts: Jeni Medrano (718) 520-1345 or Adam Weissman (201) 930-9026

UPDATE: We coordinated media outreach, disseminated resources, and exchanged action ideas for student actions around the Great American Meat-Out. Meat-Out actions included showings of slaughterhouse videos to 80 students, getting a high school cafeteria to go vegetarian for a day, vegetarian lunch option letter writing, a table display where students sat in a veal crate experiencing the confinement veal calves suffer, selling buttons to raise funds for an animal sanctuary , and other actions.

We will be sponsoring student activist training in Manhattan in November with NEAVS.

In June, we launched a national campaign against McDonald's Babe Happy Meal's manipulation of children. We sponsored a demo in New York City to kick off the campaign. On July 9th, as part of a national day of action, "Ronald McDonald" publicly slaughtered Babe (a gigantic stuffed pig), covering the streets in blood, and ripping "bacon" out of his stomach in front of store windows and the McDonald's playground.
RESOURCES: We can help student activists network locally and regionally, organize student/youth groups, and provide leaflets against dissection and McDonald's. We are looking for volunteers to design a website.

Student Organization for Animal Rights

235 CMU, 300 Washington Ave. SE
Minneapolis, MN 55455
ph: (612) 626-5566
email: SOAR@waste.org • http://waste.org/soar
contact: Joolie Geldner/Ami Voeltz

UPDATE: SOAR continues to stomp the animal abusers. We have been gathering information through the Freedom of Information act for our "Vivisector of the Month" campaign. Each month we will target a different University of Minnesota vivisector with personalized leaflets, wanted posters, home demos, and other protests.

We have recently protested "Rib Fest", McDonalds, a rodeo, and held a protest on War Weekend against Federated in support of the LA3!
RESOURCES: We have a new group starter pack available to those people who are trying to start a new group. It includes information on writing news releases, organizing CDs and other helpful information. We also sell "Angels of Mercy?" and "Animal Liberation: The Movie" for $6 and the "Keep Fighting: Three Interviews with Britain's ALF Press Officers" for $2. Include $3 for postage.

SOAR - St. Thomas

1967 Grand Ave. Apt #301, St. Paul, MN 55105
ph: (612) 690-1503 • email: kafedor@stthomas.edu
contact: Katie Fedor

SOAR St. Thomas spoke to the media after the death of a newborn dolphin at the Minnesota Zoo. The autopsy revealed a bruise on the head of the dolphin. Zoo officials suspect he "bumped" his head on the glass hard enough to kill him. They also claimed that there is a 50% mortality rate for both captive AND wild dolphins. But when was the last time you heard of a wild dolphin dying by swimming into a glass window? And the pool the dolphins live in, regardless of how big zoo officials claim it to be, is still a toilet compared to the vast oceans that wild dolphins enjoy.

We are also preparing for the next school year so it is SOAR St. Thomas' best ever!

Students for the Ethical Treatment of Animals

University of Oregon, suite 1-EMU,Eugene, OR 97403
email: seta@gladstone.uoregon.edu
contact: Chelsea Lincoln

Since school just ended, SETA has not done anything worth reporting. But this will change by next publication!

Texas Establishment for Animal Rights

660 Preston Forest Center, Suite 354
Dallas, TX 75230-2718
ph:(214) 623-6170 • fax: (214) 342-8957
email: 173234.215@compuserve.com (c/o Greg Thomisee)
contact: Paul Uchtman or Lydia Nichols

Three TEAR members were arrested for occupying a Macy's on May 19. The three currently await their November 6 trial.

TEAR supported and cheered on as a giant "cow" gave Ronald McDonald a pie in the face at a McDonald's Grand Opening celebration in Mesquite, Texas on Saturday, July 20. TEAR members created a distraction in the audience allowing the pie thrower to complete the assignment and escape without interference from security.

TEAR's first open general meeting is scheduled for late August. Please contact TEAR for more details.

Vegan Action

PO Box 4353, Berkeley, CA 94704
ph/fax: (510) 548-7377
email: info@vegan.org • http://www.vegan.org
contact: Leor Jacobi

UPDATE: Our "McVegan" campaign continues. Groups in Los Angeles and Rochester, New York have distributed free vegan food while educating people about the benefits of veganism.

Vegan Action continues to help activists veganize their school cafeterias in Mississippi, Texas, Oregon, and California.
RESOURCES: Vegan Action can help you veganize your school's cafeteria. If you are interested contact them. Vegan Action can also help you organize a fun McVegan event, that often reaches people who otherwise would not care about the animals.

Vegan Front Line

c/o ARDAC, PO Box 11492, Costa Mesa, CA 92627
ph: (619) 225-1337
contact: Jakob Nyberg

Vegan Front Line is a brand new direct action group just forming in San Diego. They are already making some very ambitious plans including supporting CAFT's anti-Federated campaign, attacking animal experimentation at UC San Diego, and protesting marine mammal captivity at Sea World. Their first demo/action is planned for the end of August.

This is a great bunch who promise to be one of the most uncompromising groups in California. They need to recruit new members so if you're in the area please get in touch. Also, if anyone would like to make a donation to help get them started on the right track, please send them to ARDAC (for now) and earmark it "for VFL".

Look forward to hearing more about us and our actions in the next issue of *No Compromise* as we kick some animal abuser butt in San Diego!!!



Vegan Outreach

10410 Forbes Rd, Pittsburgh, PA 15235
ph: (412) 247-3525
email: mba8+@andrew.cmu.edu
http://envirolink.org/arrs/vo/index.html
contact: Jack Norris or Matt Ball

UPDATE: Vegan Outreach is a national grassroots organization dedicated to ending animal suffering through the promotion of a vegan lifestyle. Instead of waiting for people to come to us, we go directly to them, creating a quiet but spreading revolution. Our main activity is distributing our newest, updated booklet, "Why Vegan?"

This year, Vegan Outreach distributed tens of thousands of copies of "Why Vegan?" We are constantly receiving positive feedback, such as this recent letter from a 15-year-old new vegan: "Despite the attacks and harassment that it sometimes brings me, it is a wonderful feeling to know that there are at least three vegetarians who are vegans, as well as former meat-eaters who are now vegetarians, due to my distribution of 'Why Vegan?' Perhaps most important is the knowledge that animals are that much closer to a more just world. I am honored and excited to join your outreach. Thank you for giving me these opportunities."
RESOURCES: Vegan Outreach has recently published an updated version of "Why Vegan?" - our detailed, illustrated, hard-hitting booklet on veganism. We are always seeking to expand our distribution. Contact us if you would like to receive copies to hand out in your area, to support our network of activists, and/or to receive our newsletter.

Go Vegan!

How to Make the Switch to a Vegan Diet!

According to a 1994 Roper Poll, an estimated 500,000 U.S. citizens are vegan. Certainly that number not as high as it needs to be, but it testifies to the fact that a vegan diet is doable. If you are not yet vegan, now is the time to make the switch. The following are helpful tips on making the switch to veganism.

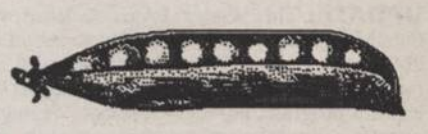


THE NEW FOUR FOOD GROUPS

First, let's destroy any nutritional fears you may have. To ensure proper nutrition, you will want to eat a variety of foods. Make sure you eat foods from each of the New Four Food Groups: whole grains (breads, pastas & cereals); fruits; vegetables; and legumes (beans, lentils, peas, soy milk). You should eat five servings from the grain group, three or more servings from the vegetable group, three or more servings from the fruits group, and two or three servings from the legumes group each day. This variety will help ensure you get your nutritional requirements.

Better than that, a varied vegan diet will avoid excess protein which leads to osteoporosis and excess iron that contributes to heart disease and stroke. Moreover a vegan diet is free of cholesterol and lower in saturated fat which further prevents heart disease and stroke. Compared to a typical American diet, a vegan diet contains more fiber which helps prevent colon cancer, diverticulitis (intestinal infection), and constipation. It also has more beta-carotene, and vitamin C, two powerful anti-oxidants which help fight free-radical damage, cancer, and heart disease.

As you can see, a vegan diet is not only nutritionally adequate, it is nutritionally superior to a typical American diet. A varied vegan diet helps prevent many of the degenerative diseases that plague our western world: heart disease; cancers of the colon, breast, and prostate; osteoporosis; obesity; adult-onset diabetes; diverticulitis; multiple sclerosis; gout; and others. A vegan diet also drastically decreases the chances of contracting food poisoning. Salmonella, e-coli, and other dangerous bugs typically make their homes in foods containing meat, dairy products, or eggs. Truly a vegan kitchen is a safe kitchen for you, your family, and the animals.



VITAMIN B-12

B-12 is a vitamin of special interest to vegans. The vitamin is produced by single-celled organisms, and is typically found in animal products. Improved hygiene, careful washing, and modern processing destroys the B-12 on plant foods, so vegans want to ensure they have a good source of Vitamin B-12 in their

What's Wrong With Milk?

by a Vegan Warrior

Vegan (VEE-gan): Someone who eats no animal products like meat, poultry, fish, eggs, milk or cheese because of their ethical beliefs regarding how animals should be treated.

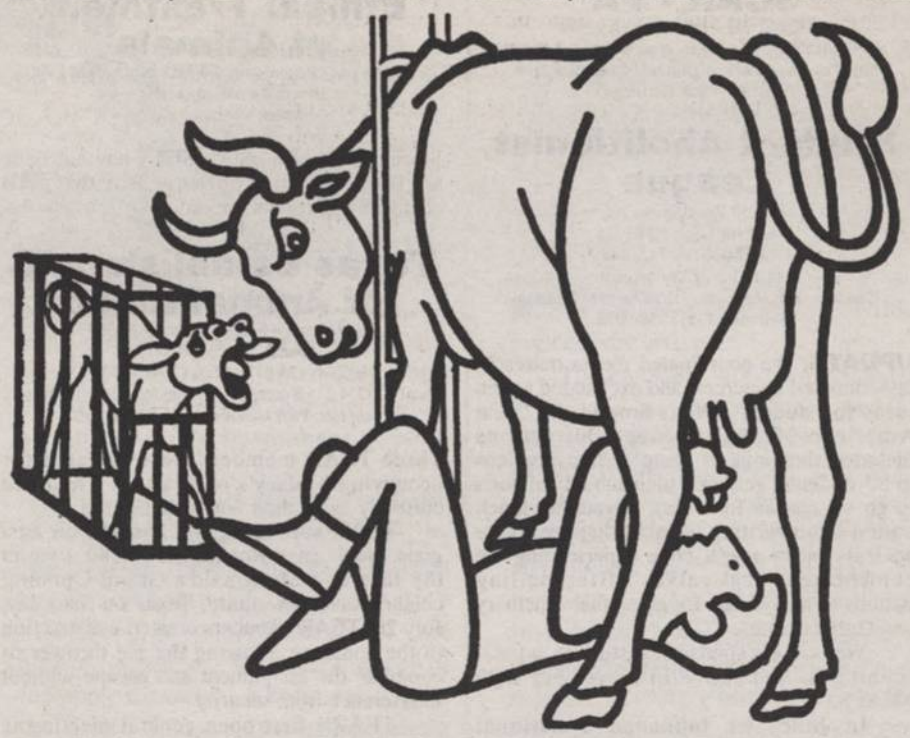
As a vegan, I encounter numerous queries on a daily basis from curios onlookers. Questions range from the concrete, yet bland, "Where do you get your protein?" to the ridiculously hypothetical, "If you were stranded on a desert island with no food, and there was no vegetation, but millions of rabbits, would you eat them?" But one of the most often asked questions is, "I can understand why you don't eat meat, but what's wrong with dairy?" This is the question I would like to address.

* * *

Six years ago my parents -- in a desperate attempt to persuade me to drink milk again -- decided we should visit three Wisconsin family farms that raised cows. But the lush fields of contentedly grazing cows they thought we would see did not materialize. In fact, my parents' plan backfired -- they drastically decreased their dairy consumption after the visit -- and for good reason.

We saw row after row of tail-less, horn-less, otherwise mutilated cows chained into tight-fitting stalls, laying on slabs of urine and feces-coated concrete. Above them, the ominous-looking "trainers" hovered. The trainer, oftentimes an electrified metal strip with nails attached to it, "teaches" the cows to move backwards, in the hopes that they will defecate in the designated waste trough, where the automated conveyor belt will (in theory) remove the refuse every three or so days. We were told that the trainers' shock doesn't hurt the cows, and I'm sure it would only take a little pin-prick to force a thousand pound beast to lunge backwards as she attempts to take a dump. However, by the looks of the place, the "trainer" wasn't doing a very good job.

We asked why the animals weren't let out to pasture. We were told "because the flies would eat them alive." I did not buy this -- the chained cow beside me was covered in flies. At least 50 were on her. Chained to the stall, she was a sitting target. The flies swarmed around her as if she was already dead. To make matters worse, the farmer had unceremoniously removed her tail -- a cow's natural defense mechanism -- without anesthesia. Why had her tail been removed? "Because otherwise they slosh their tails around in the shit through and get shit all over the ceiling and stuff." Heaven forbid letting her go outside where she could avoid the flies, avoid the confinement, and avoid the shit.



These farm visits shocked my parents -- they even took me by surprise. The family farms we visited had no more than 100 "head," but the animals' conditions were horrific. We could only imagine what the conditions must be like in the factory farms where everything is automated and the cows are warehoused in sheds by the thousands. But regardless of where the brutalized bovines live, milk extraction is exploitation. Even the cows who are let out to pasture suffer at the hands of the dairy industry.

Cows are not a continual river of flowing milk. Like all mammals, if they are going to lactate, they first need to procreate. So every year they are artificially inseminated (In other words, their "sex" is automated). Yet even though birth occurs annually, cows, or more accurately, "milk-machines" never experience the joys of motherhood. After nine months' gestation, labor, and birth, the cow's calf is stolen from her, usually within the first 24 hours. Female calves join the dairy herd. Male calves are raised for veal. Separation of mother and young is completely unnatural and barbaric. Many mothers moan for days after being separated from their young. But we can't have little hungry calves stealing our milk can we?

Cows produce milk in proportion to the amount of milk taken from them. In a natural setting, calves drink small amounts of milk about twenty times a day. The mother cow easily replaces the milk in between feedings, and because she is milked often, she never has the burden of carrying large quantities around.

Unfortunately the dairy industry wants maximum output, meaning the childless mother is taxed to her limit. Milked twice a day, she is almost completely sucked dry by the machines. Physiologically, her body tells her that her child is starving -- the amount she produces is not enough! Her body works overtime, making more milk in the hopes of satisfying the selfish, parasitic machine that has replaced her baby. Almost all her energy is devoted to replenishing the milk that was stolen from her, only to find herself burdened by the large and uncomfortable load. Free-range or not, dairy cows are forced to produce three to five times more milk than they ever would produce in a natural setting.

The stress of confinement, continual pregnation and lactation, and the physiological manipulation make a cow more susceptible to disease like mastitis, ketosis, and rumen acidosis. The stress also causes her milk production to decrease after five years, at which time she is rewarded for her services by being slaughtered.

Have you ever wondered why dairy cows are not made into steaks? It's because they endure such severe stress that their meat is too tough for steaks. They have to be tenderized by being ground into hamburger.

* * *

These are the reasons I do not eat dairy products. To me, milk is "liquid flesh." It is no different than meat: the animals are tortured, neglected, violated, and slaughtered for our fleeting tastes. It is not a coincidence that the term "milked" is synonymous with "exploited."

diet. Vegan sources of B-12 include fortified breads, cereals, and soy milks; Miso and Temphe; or if you want, a vegan B-12 supplement works too.

People need an average of one microgram (one millionth of a gram) of B-12 a day, but since your body can store 2 to 4 years worth of B-12, you don't have to worry about getting it on a daily basis.



VEGANIZE YOUR RECIPES

Almost every recipe can be veganized, it just takes a little creativity. Instead of meat burritos, stuff your tortilla with beans, rice and salsa. Spaghetti sauce with meat becomes spaghetti sauce with Texturized Vegetable Protein (TVP). Chicken stir-fry, becomes seven vegetable stir-fry on rice. Vegan lasagna use mashed firm tofu in place of ricotta cheese, Vegan Rella "cheeses" in place of grated cheese, and vegetables in place of meat. Even the cheese in macaroni and cheese can be replaced with yeast flakes. If you are having trouble veganizing a recipe, ask your vegan friends for help.

For baking, you will want to have replacements for eggs and milk. In Dr. Neal Barnard's book, Food for Life, he suggests the following substitutes for eggs and milk when cooking:



EGGS

If the recipe calls for only one or two eggs, just add two tablespoons of water for each egg to maintain its intended moisture content. However, if the recipe calls for more than two eggs, substitute one of the following for each egg:

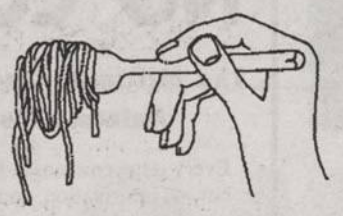
- 1 ounce (2 tablespoons) pureed soft tofu
- 1/2 banana, mashed
- 1 tablespoon flaxseeds pureed in a blender with 1/4 cup water
- 1 heaping tablespoon soy flour mixed with 2 tablespoons water
- 2 tablespoons cornstarch
- Ener-G Egg Replacer can be bought at most health food stores. It is a mixture of potato starch, flour and leavening.

If the eggs are used as a binder, as in burgers and loaves, try replacing them with:

- Mashed potatoes
- Quick-cooking rolled oats
- Cooked oatmeal
- Fine bread crumbs
- Tomato paste

MILK

Replace milk with soy milk, rice milk, or almond milk. Also, if you try an alternative to milk and don't like it, don't worry. There are many different kinds of plant-based milks and all of them taste different. So keep trying them until you find one you like. Even if you don't find one you like, drink the one you hate least. It only takes a few weeks to develop a new habit, and soon you'll find you actually enjoy the stuff!



TRY NEW FOODS

Experiment, experiment, experiment! As a vegan, you will find a wide variety of foods to chose from. You might even discover foods you have never heard about before: tabouli, tempeh, falafel, samosas, and seitan for example. You will also find vegan look-a-like products that sometimes taste as scary as the real thing! Vegan Rella "cheese" and "cream cheese", Smart Dog "hot-dogs", Harvest Burger "hamburgers", Rice Dream "ice cream", Nayonnaise "mayonnaise", and many others.



WHERE DO I FIND THESE FOODS?

Look-a-like foods can be found at your local co-op, health food store, and sometimes in the natural foods section of your local grocers. Often-times you will find a vegan employee at a local health food store or co-op who can point out the stores selection of vegan food, and give you ideas for recipes.

You can also find vegan cook-books at these stores. Be sure to pick a few up and try a new recipe once a week. You will find the transition can be fun and adventurous.



EATING OUT

When eating out, choose ethnic dining. Mexican, Chinese, Ethiopian, Vietnamese, and Indian restaurants often have good vegan entrées. Dining out is an excellent way to learn about and experiment with new vegan foods.

But you do want to ensure your food is vegan. When ordering, don't be afraid to ask questions, politely inquire to read the ingredients of foods, and explain to the server your dietary needs so they can help you order a dish that's free of animal-products. If the server does not seem to be taking your concerns seriously, try telling them you have severe dairy and egg albumin allergies, and that if you eat these products you go into anaphylactic shock. This usually makes the server more willing to help. Luckily though, most servers are more than willing to answer your questions and help you order a good vegan meal in exchange for a nice tip.

A word of caution, if you are eating at a Mexican restaurant make sure that lard or pig-fat drippings have not been added to the refried beans, when eating at a Chinese palace make sure they use vegetable bullion instead of chicken broth for their sauces, and at Indian restaurants be sure that ghee -- a clarified butter -- is not used in the preparation of your food. Otherwise, happy dining!

SPECIAL OCCASIONS

If you are invited to a special occasion, be sure to contact the host as soon as possible. Explain to them your special needs, and ask if there will be any food available for you to eat. If not, offer to bring some vegan food of your own, or tell them you will "brown bag" it. Early communication prevents you from going hungry and embarrassing your host who has no food for you to eat. Catered function usually can provide vegan meals as long as they are forewarned that they need to make them.



INGREDIENTS TO AVOID

Reading labels is an essential part of becoming vegan. There are obvious ingredients that you want to avoid like butterfat, eggs, milk, honey, and butter, but there are also some ingredients that you might be less familiar with that you will want to avoid:

gelatin: ground bones and cartilage of animals. Found in marshmallows (even the marshmallows in cereals), Jell-O, and candies like gummy bears and Altoids.

whey: the watery part of milk that separates from the curds during cheese processing. It is used to give a buttery flavor to foods and is found in many breads and crackers.

casein: a milk and cheese protein. Ironically, it is often found in "non-dairy" cheeses. For your information, non-dairy means a product is safe for people who are lactose-intolerant, it does NOT mean it is vegan. Casein can also be listed as caseinate.

lact- or lacto- : lactose, sodium-steryl-lactolate, and other ingredients containing the preface "lact" or "lacto" are often milk derived and should be avoided.

tallow: solid fat obtained from the bodies of cattle, sheep, or horses, and use in making soap, candles, and lubricants. Be sure to purchase vegan soaps made out of vegetable glycerin.

propolis: a substance collected by bees used in the making of their hives. Tom's of Maine uses propolis in some of their toothpastes.

cochineal: a red dye made by pulverizing the female bodies of a certain species of tropical insect. Found in some Fruitopia brand drinks.

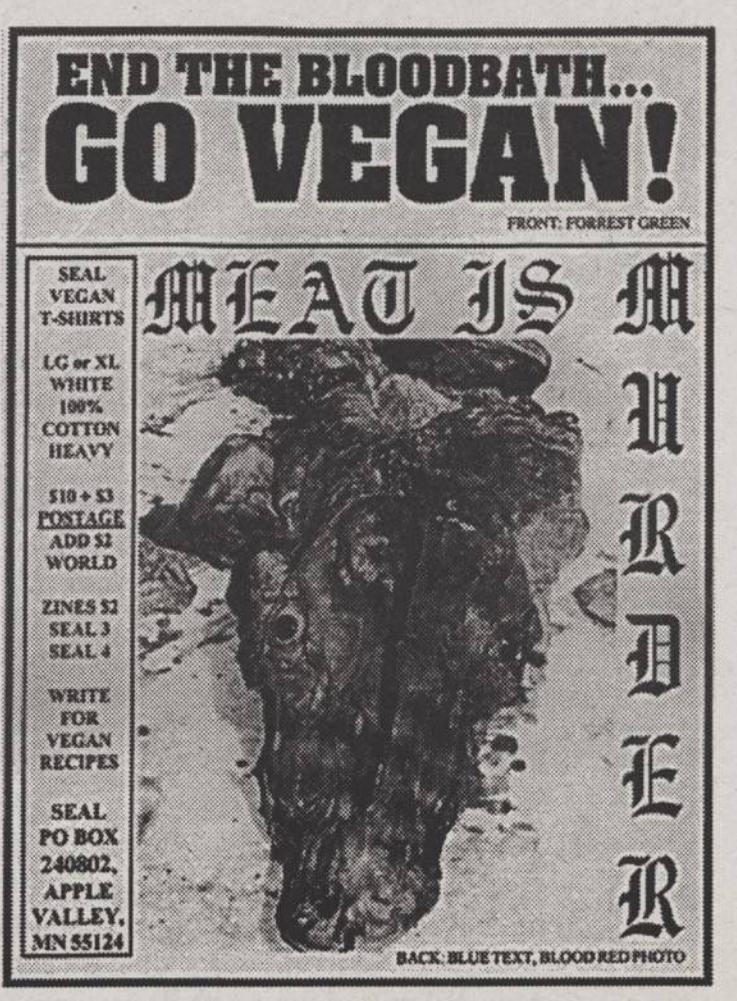
As you can guess, this list is not comprehensive, but it will give you a start in veganizing your lifestyle. If you ever have questions about an ingredient, look it up in the dictionary or write the company who manufactured the product and ask for the source of the questionable ingredient.

GO VEGAN

Hopefully, you will find your switch to veganism fun, interesting, and rewarding. Really, the transitional stage is the hardest part. After you have been vegan for awhile it is very easy. The above advice on handling eating out and going to formal dinners becomes second nature, you rarely have to read labels because you know what you can and can't eat and shop appropriately, and you develop a repertoire of favorite vegan recipes which make you forget about the menstrual cycles (eggs), mammary secretions (milk), and death (meat) you once thought tasty. So what are you waiting for? The animals, the earth, and your health all agree that now is the time to GO VEGAN!

For Additional Information . . .

- Read *Food for Life* by Dr. Neal Barnard. This book covers all of the health and nutritional aspects of a vegan diet and provides numerous tasty recipes.
- Get *The Compassionate Cook* by Ingrid Newkirk and Peta. This vegan cookbook has scores of easy to prepare recipes for all occasions.
- Contact Vegan Action for more information on making the change to veganism. Their address, phone, and webpage are listed in In the Trenches.



Help No Compromise!

If you share *No Compromise*'s vision of a strong, unstoppable grassroots animal liberation movement that wins victories for the animals now, then please help ensure our survival so we can continue to serve the people who are fighting in the trenches.

• Subscribe!

Make sure you don't miss a single inspirational and informative issue of *No Compromise* by subscribing today! Subscriptions are $15 or $10 for student/low income individuals. Send a check written out to the Animal Liberation League to: No Compromise, PO Box 240655, Apple Valley, MN 55124.

• Reprint our Ad

If your group has a newsletter, or you produce a zine, please reprint our ad (right) to let other people know about us!

• Donate

No Compromise relies on donations to put out each issue. Contributors (individuals or groups) who give over $50 will be thanked in *No Compromise*. Donors names may also be kept anonymous if that is their desire.

• Distribute *NC*

Help get *No Compromise* into the hands of activists! *No Compromise* bulk rates are $5 for 12 or less copies of one issue • $10 for 13 to 25 issues • $15 for 26 to 50 issues. Sell the copies for $3 and keep the extra money to fund your local group.

• Share *NC* With Your Friends

This is only the fourth issue, and many activists still have never heard of *No Compromise*, so please spread the word!

• Submit Letters and Articles

Share with other activists successful strategies on how to fight animal abuse! Submissions can be e-mailed or mailed to No Compromise (see addresses to the right).

• Submit Art and Photos

Help keep *No Compromise* Beautiful! Submit photos of direct action (civil disobedience or A.L.F.) and artwork. Scanned images can be sent to our e-mail address as an attachment file and hard copies can be mailed in. Include with your submissions a self addressed stamped envelope if you want it returned.

Subscribe to:

NO COMPROMISE

The Militant, Direct Action Magazine of Grassroots Animal Liberationists & Their Supporters

Every issue contains A.L.F. action updates, interviews with activists, useful how-to information, commentary, news, and reports from grassroots groups across North America. *No Compromise* is written *by* activists *for* activists.

No Compromise is the best *ACTIVIST* magazine around!

Six issues cost only $15 ($10 for low income/students). Subscribe Today!

Checks should be written out to the ***Animal Liberation League*** *and sent to:*

NO COMPROMISE
PO Box 240655, Apple Valley, MN 55124

[ ] $15 Regular Subscription [ ] $10 Student/low income
[ ] $_____Donation [ ] $20 Outside of U.S.

Name_____

Address_____

City_____ State_____ Zip_____ Country_____

• Keep Fighting!

The best way to help *No Compromise* is to continue giving your all for the animals. The animals depend on you to fight for their liberation. So get out there and give the animal abusers hell!

NO COMPROMISE
PO Box 240655
Apple Valley, MN 55124

e-mail: wick0034@gold.tc.umn.edu

phone: (612) 953-4293

Animal Liberation League
PO Box 240655
Apple Valley, MN 55124

BULK RATE
U. S. POSTAGE
PAID
PERMIT NO. 26733
MPLS MN

ADDRESS CORRECTION REQUESTED